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may be harmful. Find out why!

SCIENCE & TECHNOLOGY B9

#ThrowBackThursday
to spring breaks past

PHOTO ESSAY A12

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NANCY KIM/PHOTOGRAPHY STAFF

The "miracle kids," who are being treated at the Johns Hopkins Hospital, participated in the Dance Marathon on Saturday night in the Glass Pavilion.

Dance Marathon breaks fundraising record

By BRANDON BLOCK
For The News-Letter

More than 350 students danced for eight hours into the early hours of the morning this weekend as part of the fourth annual JHU Dance Marathon, which this year raised \$35,000 for the Johns Hop-

kins Children's Center.

The annual dance event took place in the Glass Pavilion from 6 p.m. on Saturday evening to 2 a.m. on Sunday morning.

The night included performances by SLAM, Jaywalk and the Eclectics dance groups, as well as a cappella shows by the

Mental Notes and the Vocal Chords, which helped liven the crowd during the eight straight hours of dancing. Also included in the list of activities for the event were raffles, a silent auction and a photo booth.

In addition to the performances, the dancers were visited by four "miracle kids" — children being treated at the Johns Hopkins Hospital who came to share their stories.

Dance Marathon (DM) is a local chapter of a nationwide organization, which has a presence on 150 college campuses across the country. The proceeds benefit the Children's Miracle

Network, a group of children's hospitals of which the Johns Hopkins Children's Center is a member.

The Hopkins chapter of the philanthropic organization, which spends the whole year organizing the event, was able to raise more money this year than in the past three years combined.

"In three years, we had raised \$28,711, and in this one year, we more than doubled what we had raised ever [in a single year]," DM Co-President Alexandra Colt, a senior, said. "I've just never been happier than I was when

SEE DANCE, PAGE A6

Administration debates Latin honors system

By MARY KATE
TURNER
Staff Writer

Last semester, members of the Academic Committee of the Student Government Association (SGA) approached the deans of the Krieger School of Arts & Sciences (KSAS) and the Whiting School of Engineering (WSE) regarding the installation of a Latin honors system at Hopkins.

Latin honors are used to distinguish the highest-achieving students in an academic institution. Most often, there are three levels: cum laude (with honor), magna cum laude (with great honor) and summa cum laude (with highest honor).

Currently, there are no Latin honors at Hopkins, but rather "General Honors" are awarded to any student with a cumulative grade point average (GPA) of 3.50 or higher, which encompasses roughly half of each graduating class — the average GPA at Hopkins is a 3.33. In addition, many departments offer "Departmental Honors," which are determined by a student's cumulative GPA within the department as well as by a senior thesis project. However, no special honors exist beyond these.

Each college or university has its own way of

defining the levels of Latin honors; for example, Cornell University (where the average GPA is 3.36) defines cum laude as any student with a GPA between 3.479 and 3.50, magna cum laude as between 3.75 and 3.99 and summa cum laude as a 4.0.

On the other hand, Harvard University — with an average GPA of 3.53 — breaks up the three levels in accordance with percentage rankings according to GPA: cum laude encompasses the top 50 percent of the graduating class, magna cum laude includes the top 20 percent and summa cum laude consists of the top five percent.

If the plan to move to Latin honors at Hopkins is adopted, the administration intends to remove General Honors completely and categorize Latin honors by percentage

SEE LATIN HONORS, PAGE A6

Hopkins tuition continues to rise steadily each year

By GEORGINA RUPP
For The News-Letter

Tuition for full-time Hopkins undergraduate students for the 2013-2014 academic year stands at \$45,470

— a figure \$15,376 greater than the national average for private non-profit four year Universities, which the CollegeBoard reports to be \$30,094.

Over the past several years, tuition fees have grown consistently, increasing by \$7,770 from the 2008-2009 academic year, at which point tuition was priced at \$37,700. Over this six year period, tuition has augmented at an average annual rate of 3.8 percent, a value smaller than that of the six year

period prior that rose at an average rate of 5.6 percent per year. Last year's tuition increase was 3.5 percent, the smallest percentage increase in 39 years.

Director of Hopkins Media Relations Tracey Reeves explained that these regular increases are necessary for the continued excellence and affordability of a Hopkins education. "Regarding the cost of tuition and what it

People feel awkward and uncomfortable talking about money. . .but we need to do it.

— Rachel Cohen,
Editor-in-Chief, JHU
Politik

funds, research universities such as Johns Hopkins strive to provide the highest quality education possible, and to make it affordable through a range of cost-saving measures and substantial institutional financial aid

SEE TUITION, PAGE A5

Track teams take home conference titles

By JASON PLUSH
Sports Editor

Winning a championship one year is incredibly impressive. It takes hard work, constant self-reflection and improvement and a positive attitude to be successful in capturing a title. For the Hopkins men and women's track and field teams, one championship was simply not enough. After traveling to Haverford, Pa. to compete in the Centennial Conference Indoor Championship, both teams were victorious for a second consecutive year, setting numerous individual, team and conference records in the process. For the Lady Jays, it marked their fourth consecutive conference title while the men's team took the championship for the second year in a row. "There



HOPKINSSPORTS.COM

Both track teams claimed Centennial Conference titles at Haverford.

were so many impressive performances from both teams this weekend," men's senior captain Max Robinson said. "Being able to come back this year and show that last year wasn't

a fluke meant a lot to this team and showed how far we've come since our victory last year."

The Lady Jays completely dominated the

SEE TRACK, PAGE B11

By JESSICA KIM COHEN
Staff Writer

Last week, the Center for Health Education and Wellness (CHEW) and the Counseling Center co-sponsored a series of events for National Eating Disorders Awareness Week (NEDAW). Spanning from Feb. 23 to Mar. 1, the week included displays of positive messages around campus, do-it-yourself (DIY) projects and social media campaigns.

While planning these events, CHEW and the Counseling Center took some inspiration from "Fat Talk Free Week," a body activism campaign that was modeled after the international sorority Tri Delta's award-winning program, Reflections. The campaign hopes to increase awareness about eating disorders and their prevalence, along with promoting body

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NEWS & FEATURES

CSA Lunar New Years ablaze with culture

By YUQING ZHU
For The News-Letter

Last Friday night, the Chinese Student Association (CSA) hosted its belated Lunar New Year Banquet in the Glass Pavilion. Approximately 250 students attended in observance of the beginning of the new Chinese year, the Year of the Horse.

Students arrived at 7 p.m. dressed in black and white formal attire with accents of color. The windows of the Glass Pavilion were lit up with strings of white lights and red paper lanterns. Dining tables were adorned with scarlet tablecloths and centerpieces of pink carnations.

According to CSA Presidents Jasmine Wang and Jason Zhang, both seniors, the banquet took five weeks of planning and careful preparations. This was also the first year that CSA planned a formal entirely on its own.

"Because this is my first time organizing such a large scale event, I was really nervous about forgetting small details like serving spoons and figuring out how the light system worked," Wang wrote in an email to *The News-Letter*.

In the email, the presidents commented on how planning this year's event differed from planning events in past years.

"From previous years, I've noticed that the board works much better when there is more structure and the freshmen board is sorted into committees under each chair. This time around, planning was much easier because we did not have to micro-manage each task," Wang wrote.

At the banquet, five long tables were laid out with catered Chinese food that the specially-organized Cooking Committee had ordered for the event. Members emphasized the authenticity of the food served.

"I ordered all of the food in Chinese," freshman Songnan Wang said.

Although the planning was done entirely by the 47 members of the CSA board, many other cultural groups were invited to partake in the event.

"We were aided financially by IAC; other groups that held booths were JSI (with mochi), TASA (with bubble tea), HKSA (with drinks), aKDPi (with origami cranes and a photo-booth), VSA (with banana pudding) and SSA (with red bean soup)," Wang wrote.

Wang attributed the participation of other cultural groups in the event to an inclusive attitude shared by the Chinese community at Hopkins.

"I like how we have a huge Chinese community at Hopkins that isn't closed off to non-Chinese people. For the formal, we had non-Chinese groups such as JSI and VSA hold booths. In addition, attendees were not all Chinese — it's just

great to see everybody, regardless of background, come together for our event," she wrote.

Although the community is open to non-Chinese students, Zhang expressed concern about a divide within the community.

"To me, the most striking facet of the Chinese community is the partial segregation between the Chinese Americans and the International Chinese students. This tension manifests itself apparently in the fact that we have two distinct organizations: CSA attracts only undergraduates and mostly Chinese-Americans and the Chinese Student Scholar Association (CSSA) attracts mostly graduates and International Chinese; they very rarely collaborate or even interact with each other," Zhang wrote.

He attributed the division primarily to language barriers as well as to less obvious cultural differences. However, he remains optimistic about what CSA can accomplish in the future without worrying about labels.

"My personal goal for the organization is just to foster a strong sense of friendship with the common goal of celebrating Chinese-ness, American Chinese-ness or not," Zhang wrote.

At the beginning of the evening, most of the attendees were happily socializing between tables and commenting on each other's attire.

"There aren't many other opportunities to be classy," freshman Mallika Iyer said.

After all of the guests had been served food, the performances began. The Lion Dance performed first: four dancers, acting as two lions, wound around the dinner tables, delighting students. SLAM performed next, followed by Music Dynasty, the Chinese a cappella group.

After they performed, DJ Yunus Sevimli played music and the students got up to dance and explore more of the booths. As the night wound down, student left feeling satisfied.

"[This event] allowed me to walk around and talk to all my different acquaintances in different friend groups, rather than sit with one group the whole time. I really like these large-scale events where you get to see everyone in the community get together and celebrate," Zhang wrote.

Wang has high hopes to improve upon the event in upcoming years.

"I was really pleased with how the event turned out. It made it feel like all the planning I did was really worth it. There are a few things that could have been better planned and next year's board can learn from these mistakes and make 2015's formal even better," she wrote.

Student-Faculty Social catalyzes casual dialogue

By ELLIE PENATI
Staff Writer

The first Student-Faculty Social of the semester was held in Levering Hall last Thursday. The social aimed to create a relaxed setting in which students and professors could get to know one another on a more personal level.

"The main purpose of the Student-Faculty Social is to have students and professors interact in a more casual environment outside of the classroom or office hours," junior Andrew Griswold, one of the student organizers of the event, said.

Many students at the event said they were curious to learn more about their professors' lives, hobbies and interests outside of the classroom. Student attendees, who were allowed to invite one professor of their choice to the social, said that the event was a great opportunity to ask professors about non-academic topics.

"I really want to be able to ask more personal and informal questions to my professors, as I feel like the lecture setting or office hours are not really

appropriate times to do so or everyone is on a schedule while here," junior Hannah Lee said. "I want to learn more about their personal background and how they spend their time outside of just the classroom."

Junior Yiwei Gao used the opportunity to talk with a professor she is taking a class with this semester.

"I invited my professor here because he does really interesting research, and I got to know him a bit because his class is really small," Gao said. "He is one of those people who is just fun to be around. It's a great way to appreciate professors in a different setting and see them outside of the typical professor-student relationship. It's very casual, and the conversation naturally flows. It never hurts to have that connection and learn about their interests outside of their research and teachings."

The event also offered a chance for students to learn more about various internship and research opportunities with faculty.

"The event is great for students to talk with

their professors in hopes of creating better ties in case they maybe need a recommendation letter or something else down the road. It creates a space and time for students to build contacts and relationships with professors that may prove helpful in the future," Griswold said.

Beyond satisfying general curiosities and gaining academic contacts for pre-professional planning purposes, many attendees ultimately emphasized the importance of fostering a sense of community. Professors and students alike agreed that, particularly at a school like Hopkins, it is critical to minimize the gap between students and faculty on a personal level and create a campus where professors are accessible.

"By getting to know your professor, it makes this school feel much smaller and closer. It

makes it feel that it is truly a college campus rather than a research university made up of thousands," Lee said.

By getting to know your professor, it makes this school feel much smaller and closer.

-JUNIOR
HANNAH LEE

Applied Mathematics Professor Ed Schooner agreed with Lee.

"Getting to know each other on a personal level outside of the classroom, that's obviously a cliché, but it's nice for students

to see faculty not just as professors in a classroom but people too, people who have lives, people who have dogs. It's very important to build community, and it helps both the students among themselves and to get to know the faculty as well," Schooner said. "Even in a small class, you're so focused on the material that you're studying as opposed to talking about families, politics or whatever else that we're interested in outside of the classroom."



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR
Economics professor Bruce Hamilton converses with students during the Student-Faculty Social last Thursday in the Great Hall in Levering.

College Board announces major changes to the SAT

President of College Board signals shifts in favor of more relevant material and greater affordability

By BEN SCHWARTZ
News & Features Editor

The College Board announced major changes to the design of the SAT on Wednesday afternoon, including letting students opt-out of the essay, combining the critical reading and writing sections, and offering a computer-based version of the test for the first time. The changes were seen by many educators as a response to the growing popularity of the ACT, the rival standardized college admissions test.

High school students, however, will have to wait until 2016 to take the new exam, which features a number of other changes meant to refocus the test on what students are actually learning in high school — and what they are actually expected to know in college.

"I find the changes to the essay section to be excellent because they place an emphasis on analytical thinking, a skill that is crucial to academic success in college," sophomore Julia Rafael wrote in an email to *The News-Letter*.

The new standardized test will cut back on the obscure "SAT words" that have long been piloried by students and teachers alike. In their

place will be words like "empirical" that college students use on a regular basis.

The essay portion will be optional and will be scored separately, instead of being factored into the overall score. Students will also no longer be penalized for guessing wrong on a question, in order to take some of the strategizing out of the exam.

Perhaps just as important as the redesign of the SAT itself was the announcement of a significant new initiative to help low-income students apply to college.

The program will provide low- to middle-income students with four free college application fee waivers, which the College Board hopes will lower barriers for poorer students.

"What this country needs is not more tests, but more opportunities," College Board President David Coleman said in a statement. "The real news today is not just the rede-

signed SAT, but the College Board's renewed commitment to delivering opportunity."

Educators and college admissions offices have focused much of their attention recently on low-income students.

A study published last year by researchers Caroline Hoxby, a Stanford University professor, and Sarah Turner of the University of Virginia, revealed that the majority of high-achieving, low-income

students do not apply to selective colleges and universities.

"We can cut through so much red tape and hesitation by giving students the admission fee waivers they need, information they understand and the encouragement they need to apply more broadly," Coleman said. "This is only possible through the support and generosity of our member colleges."

In addition, the College Board is working

with Khan Academy to allow high school students to access free test prep on the highly praised website beginning in the spring of 2015. The organization believes providing free SAT prep to all students will level the playing field and further help fight inequality in college admissions.

"For too long, there's been a well-known imbalance between students who could afford test-prep courses and those who couldn't," Sal Khan, founder and executive director of Khan Academy, said in a statement. "We're thrilled to collaborate closely with the College Board to level the playing field by making truly world-class test-prep materials freely available to all students."

In a bid to better compete with the ACT, the new SAT will also focus more on the natural and social sciences. The new Evidence-Based Reading and Writing section, which will replace the Critical Reading and Writing sections, will include passages from important historical documents such as the Declaration of Independence or Martin Luther King, Jr.'s "Letter for Birmingham Jail," and at least one science-based excerpt.



QUYIN REN/PHOTO STAFF
Students perform in dragon costumes during the Lunar New Years event.

NEWS & FEATURES

New student advertising group starts to take shape

By LAUREN YEH
Staff Writer

America's oldest national advertising trade association, the American Advertising Federation (AAF), held an information session on Feb. 27 about the new chapter it is launching on the Homewood Campus. The new chapter will give students, upon paying a \$55 membership fee to the national organization, the opportunity to develop professional advertising skills and the opportunity to leverage the AAF network.

Initiated by freshman Clay Zou and sophomores James Koch and Olivia Spector, the chapter will be supervised by Center for Leadership Education Professor Keith Quesenberry, who teaches classes such as Social Media and Marketing and Principles of Marketing as part of the University's Entrepreneurship & Management program.

"I was in Professor Quesenberry's class. One day, I went to his office hours and I was asking about other ways to get involved on campus and he told me about AAF. He said that we didn't have a chapter here, but that it is a really cool opportunity available to start one. It sounded like a really cool idea, and we've been working on it since then," Koch said.

With more than 250,000 members nationally, the new chapter hopes to connect Hopkins students with a wide network of contacts in the field of advertising.

"The thing is that it is a huge organization nationally. There are hundreds of both professional and collegiate chapters. Even though we are just starting the chapter at Hopkins, there are already so many connections, events and resources going on through the AAF that we already have at our disposal," Koch said.

With a constitution already finalized, the founding members are currently recruiting new members to join the group. The chapter plans to officially launch this spring upon receiving approval from the national organization and the Student Government Association (SGA).

The new chapter is already in contact with the professional AAF chapter in Baltimore, and it has also reached out to Baltimore-based advertising companies such as Planit — whose clients include sports clothing company Under-Armour — with hopes of scheduling tours and thus enabling students to explore advertising in a real-world setting.

"The tours are also really good networking experiences because not only do you meet the people who give the tours, but also the rest of the employees and the staff; you never know who might help you

down the road," Zou said.

In the long-term, the Hopkins AAF chapter hopes to be able to organize free day-trips to New York City to visit larger advertising agencies, attend AAF national conferences and potentially start the University's own advertising business through the collegiate chapter.

"A lot of collegiate AAF chapters start their own actual advertising business and that is something we would also potentially do in the future," Zou said.

However, the chapter's ultimate goal is an opportunity to partake in the AAF's National Student Advertising Competition (NSAC).

"The whole point of the national competition is to learn how to develop a campaign. From doing market research to background search to establishing a budget, the students must create a campaign for a specific product by following a set of guidelines. Learning by doing is really the best way," Spector said.

To prepare for next year's competition, the group is hoping to be able to launch its own Hopkins-wide competition, modeled on the national competition's guidelines.

"We don't think we will enter that this year because it is very soon, but we do want to try to organize an inner-Hopkins competition, our own competition, and follow the guidelines that they use nationally to get some practice into that," Spector said.

Zou echoed that statement.

"It would mostly be like a mock competition to give us some sort of exposure to what the actual guidelines would be," Zou added.

In addition to participating in the national competition, AAF members are thinking about hosting workshops on campus, to help students learn how to use software such as Adobe Photoshop and Adobe InDesign.

Spector also noted the many networking events put on by the organization, including career fairs; the AAF has held career fairs in New York City and Chicago in the past two months.

"It is just another opportunity to go out there and build connections," Spector said.

Quesenberry, who participated in NSAC when he was in college, highlighted the networking opportunities opened up by the AAF, noting that these the career fairs are useful for entering into the advertising sector.

"Even if marketing isn't what you want to go into, it is really important to learn how to present a message. So it is a really valuable skill that you can get out of this. Ultimately it is up to what the people who get involved want to get out of it," Koch said.



Associate Professor Katrina Bell-McDonald, of the Department of Sociology, spoke at the Office of Multicultural Affairs on Thursday evening.

Black History Month wraps up with lecture

By ALEXIS SEARS
Staff Writer

The Hopkins Black History Month Committee wrapped up its month-long series of events by hosting Katrina Bell-McDonald, an associate professor in the Department of Sociology, for a lecture on Feb. 27 at the Office of Multicultural Affairs.

Bell discussed colorism, a subset of racism within communities in which those with lighter skin are viewed more favorably than those with darker skin, and its impact on Caribbean and African communities.

The committee, composed of junior George Quist, senior Michelle Lampart and senior Chantel Fletcher began arranging the talk with Bell at the beginning of February.

The event included a presentation and video clips of Oprah speaking about colorism. Bell discussed her 2009 trip to Ghana, where she realized that Africans seemed to have lighter

skin tones than she had expected.

She also discussed the racial hierarchy, the origins of racism, white privilege and examples of subconscious racism, such as the fact that editors of popular culture magazines used computers to darken O.J. Simpson's skin during his trial.

Another important issue that Bell's talk touched on was the impact of media on racial stereotypes.

"Today, colorism strongly exists in social media like Instagram, Facebook, books, movies, TV shows, when you only see women of lighter skin tones representing the black community when we are a people with a whole spectrum of complexions," Michelle Lampart, co-chair of the

Hopkins Black History Month Committee, wrote in an email to *The News-Letter*.

Lampart believes that in order to combat colorism, people

must take a stand against stereotypes and misrepresentations in the media.

"The media is very powerful, and insidious and you don't realize it's taking hold of you,"

—PROFESSOR
KATRINA
BELL-McDONALD

"Back off. The media will only last as long as we supply it. TV is very intoxicating."

The presentation was followed by a discussion, but the conversation continued even after the event ended.

"Colorism is important because it reveals how deep racism goes and how it affects people

on the everyday. Most people don't even recognize or have heard of colorism, and whites are largely oblivious to it," Bell wrote in an email to *The News-Letter*.

This was Bell's first colorism talk outside of a classroom setting. She believes that in order to solve issues surrounding colorism, the world must first ameliorate racism.

"[Colorism can only be solved] through the eradication of racism in the world, where in the end all people are given equal status in the world and treated as equals."

Lampart agreed. "Colorism, along with other forms of prejudice, is learned, so if you don't expose children to these things then they'll never know [they exist] and that's the end goal. If we were to see the true variety of the black skin tone on television on a regular basis with no bias, stereotypes or stigmas that are associated with skin color, then [someone's] skin color wouldn't have a [judgment] behind it," Lampart said.

Doctors say second newborn possibly cured of HIV

Hopkins physician part of team to report breakthrough in effort to cure AIDS/HIV in young children

By SOPHIA GAUTHIER
Science & Technology Editor

In a hopeful instance of déjà vu, a second baby born with HIV has been possibly cured of the virus after intense and early post-birth treatment — by a team including Dr. Deborah Persaud, a physician at the Johns Hopkins Children's Center.

The little girl was born last April in a Los Angeles suburb to an HIV-positive mother who was negligent in self-administering her medications. In an effort to avert transmission of the virus, doctors dispensed AIDS drugs to the mother during labor and then again to the baby girl several hours post-birth. Multiple tests confirmed that the virus was indeed initially passed from the mother to the child.

Now ten months later, after continued treatment, test results indicate that the child is, for all intents and purposes, HIV-free. It is still unclear as to whether or not the toddler is in remission or is actually cured, although her doctors are hopeful.

Persaud led the testing that confirmed the absence of the disease.

"The baby's signs are different from what doctors see in patients whose infections are merely sup-

pressed by successful treatment," she said in a statement.

Physicians presented details of the situation at a recent AIDS conference in Boston and the case is now being compared to a similar groundbreaking case that made the news last year.

The first case regarding the curing of AIDS in an infant occurred in Mississippi and was brought to the public eye just weeks prior to the birth of the California baby girl.

In that case, the mother, contrary to most HIV-positive mothers, did not receive prenatal care for her virus in order to decrease the chances of passing it on to her child.

Her HIV was actually discovered during labor, which left the medical staff a very short window of time to begin medications.

The Mississippi child received aggressive antiretroviral treatment just 30 hours after birth. Subsequent serial testing showed a decreasing presence of the virus in the infant's blood. The child remained on medications until about 18 months of age.

Now, at three-and-a-half years old, the Mississippi baby is still negative for HIV-specific antibodies. The lack of such antibodies indicates that the

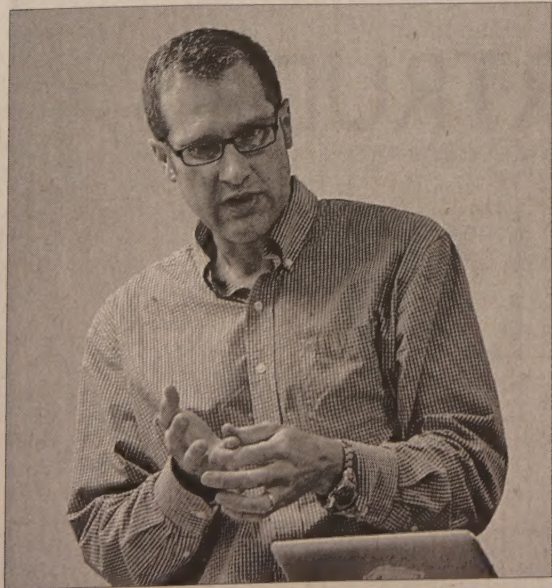
body is no longer dealing with the virus and may therefore be cured. Persaud, in collaboration with physicians and investigators from the University of Mississippi Medical Center and the University of Massachusetts Medical School, was the head author detailing the case.

Antiretroviral treatment of HIV involves administering a combination of AIDS medications

in an effort to suppress the reproduction of the virus in the body.

Most adult HIV-positive patients undergo this regimen throughout their lives in an effort to maximize quality of life and stave off the effects of the debilitating virus.

These latest cases seem to indicate that rigorous and time sensitive care in the treatment of infants can possibly eradicate the virus in its entirety.



LEON SANTHAKUMAR/PHOTOGRAPHY EDITOR
Professor Keith Quesenberry will advise the new Hopkins AAF chapter.

LOMBARD
SECURITIES INCORPORATED

Student Intern

Lombard Securities is seeking a computer-literate student intern for its home office in the Fell's Point neighborhood of Baltimore. This paid position is largely a summer job, with holiday and part-time weekday work a possibility. Duties are highly variable, but mostly project-oriented, and offer a chance to learn the securities business.

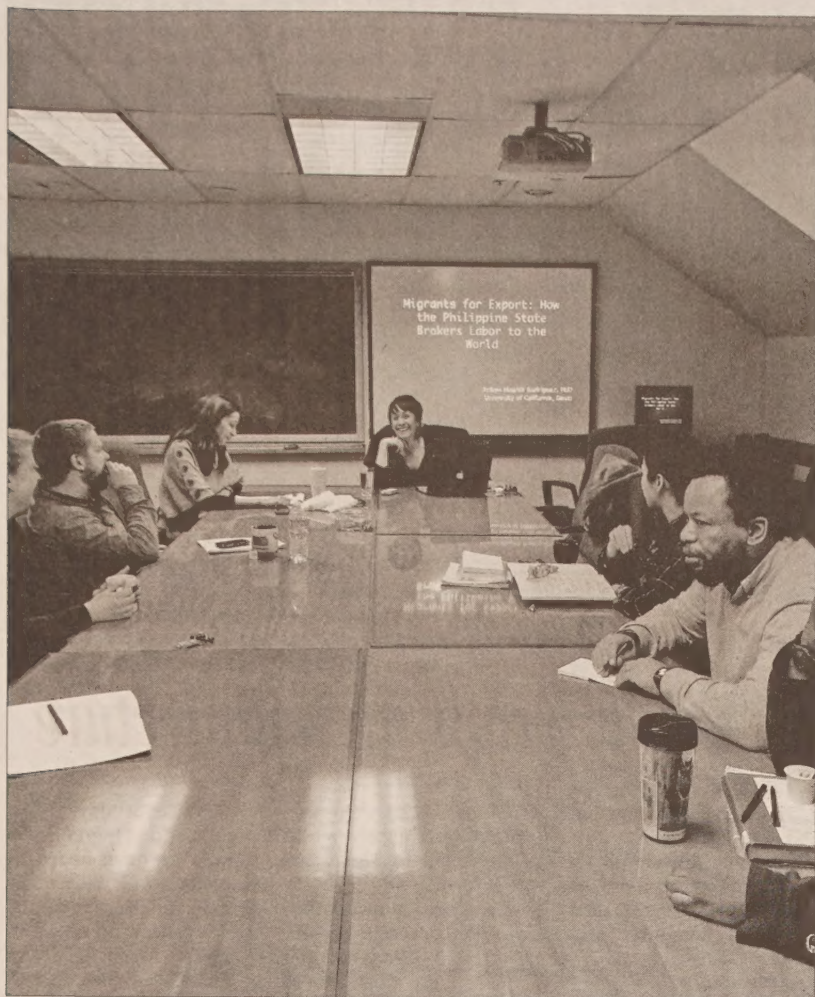
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NEWS & FEATURES

UC professor talks about Filipino migration



ELIZABETH CHEN/PHOTOGRAPHY STAFF
Robyn Rodriguez presented a seminar on labor from the Philippines in Mergenthaler on Wednesday.

By JANE JEFFERY
Staff Writer

Robyn Rodriguez, an associate professor of Asian American studies at the University of California, Davis, gave a seminar on Wednesday night as part of a series of talks in the Sociology Department this year. She spoke to an audience of about 20 people in Mergenthaler Hall on her 2010 book, "Migrants for Export: How the Philippine State Brokers Labor to the World."

Ho-Fung Hung, an associate professor in the Department of Sociology, organized the event.

"The active export of labor is becoming a strategy in which more and more developing states are engaging. To fail to examine policies and politics of emigration is to fail to fully understand how the future dynamics of immigration to this country," Rodriguez said.

One such state that is purposefully exporting laborers in order to collect remittances from its emigrants is the Philippines, which Rodriguez has focused on in her research.

Remittances are the funds that migrants of developing countries often send back to their families in order to pay for basic needs and services such as food, clothing, healthcare and edu-

cation.

"I attribute the globalization of Filipino labor to what I call the Philippine labor brokerage state. I look at the profound transformations international migration has had in a sending country, and indeed I find that the Philippines, as a labor brokerage state has actually become a key determinant of Filipino emigration," Rodriguez said.

The Philippine government is an active proponent of its people's labor migration because the government depends on remittances to move the country toward economic stability. According to Rodriguez, the state incentivizes Filipinos' emigration as part of its neoliberal strategy.

"In the 1980s the Philippines introduced numerous structural adjustment policies that would ultimately produce multiple forms of displacement. Neoliberal reforms have continued apace and the Philippines continues to be saddled by debt and therefore needs continued influxes of foreign exchange," Rodriguez said.

The Philippines ranks 12th in population but third in the volume of 2013 remittance earnings, bringing in a total of \$26 billion, all from exported workers. According to the Philippine Overseas Employment Administration (POEA), 1.8 million Filipinos left the Philippines as labor migrants in 2012, averaging almost 5,000 migrants per day.

Rodriguez's methods involved interviews with people involved in all aspects of Filipino migration.

"I conducted a total of nineteen in-depth interviews with officials and bureaucrats in different migration agencies. These state representatives included a few high-ranking officials as well as mid-level bureaucrats of the different agencies involved in mobilizing migrants for export. I also interviewed both prospective and return migrants to understand their experiences of bureaucratic processes of out-migration," Rodriguez said.

Her research showed that there are four major functions of the in-

stitution of labor brokerage: government authorization, training through government programs, marketing strategies to attract citizens to migrate and bilateral agreements between the Philippines and the states that receive their migrants. Rodriguez's presentation included a list of the top 10 receiving states of Filipino migrants, most of which are in Asia or the Middle East.

"Primarily it's destination countries that are setting the terms. They decide where they want foreign workers to be slotted in. There is a role that the Philippine state plays in the process. No [migration] recruitment agency can rival the [Philippines] in terms of their reach and global scope," Rodriguez said.

According to Rodriguez, many Filipinos who migrate to work in Asia or the Middle East see that journey as a step toward immigration to the U.S., the U.K. or Australia.

"There's this firm belief that circuitous bouts around the world will get them to the U.S. Some people have been able to accumulate visas so that their eligibility to come into the U.S. is greater. They try their luck," Rodriguez said.

"I thought it was great. There were good questions and discussions," Hung said.

Other attendees agreed that they thought Rodriguez's talk was engaging.

"I've read some of the migration literature, and it's interesting, but my closer connection to the lecture would be in terms of the labor aspect of it. Unpacking the idea of the state is interesting because we often talk about it as an abstract actor. [Rodriguez's] work really goes through exactly how the processes work and who the actors are," Smriti Upadhyay, a Ph.D. candidate in the Department of Sociology, said.

"I read [Rodriguez's] book and liked it very much because it takes the migration labor issue from various perspectives. There is a chapter on the gender and family perspective. My work is on gender and family in China, so I found it interesting. It's inspiring to me, and I think that she did her analysis very well. It was illuminating. I learned a lot," Yige Dong, another Ph.D. candidate in the Department of Sociology, said.

Rodriguez will release "Asian America," her second book, co-written by her colleague Pawan Dhingra, next month.

Freshmen reps host High Table Dinner

By AMANDA AUBLE
Staff Writer

Approximately 640 freshmen students and 60 faculty and administrative members dined together at the fifth annual Freshman High Table Dinner. Held Tuesday evening in a transformed Ralph S. O'Connor Recreation Center gymnasium, the event was sponsored by the Student Government Association (SGA) to promote unity among the Hopkins class of 2017.

"I thought it was really successful. I was really happy with the turnout," Freshman Class President Jonathan Loewenberg said. "I think that from what I could see the students really liked it a lot. The faculty I talked to enjoyed it a great amount. The administration really liked it, I know I was sitting next to [University President Ronald J.] Daniels and he was impressed with how many students came. He loved the food, loved the atmosphere."

After a brief ceremony including a welcoming address from Daniels and speeches from the freshmen class council, students socialized and conversed over a three-course meal catered by Bon Appétit.

Including various distinguished faculty members at the dinner tables, SGA hoped to also connect the freshmen class with the Hopkins academic community beyond the classrooms and lecture halls.

"I happened to be seated next to [Professor] Erica Schoenberger, who is in a department that is completely opposite of what I'm [studying]," freshman Chelsea Zou said. "It was really interesting to hear how she had gotten into academia."

While some students and professors talked about academic matters, others spent time talking about their lives outside of school.

"We talked about TV shows like 'Breaking Bad' and 'Game of Thrones,'" freshman Kevin Chen said regarding his conversation with Applied Math and Statistics department chair Daniel Naiman.

Preparation for High Table began in early October; in many ways, the event was the freshmen class senators' focus for the year.

"We've been talking about [High Table] pretty much since the second we got elected to SGA. This was our big event of the year. This was kind of what we were working towards. I'd say we really got down to the logistics of it after winter break," Loewenberg said.

berg said.

The event's coordination was not limited to SGA, as many different on campus groups helped to make the evening a success.

"We had a small committee made up of staff from Housing & Dining, Residential Life, Student Life, the Recreation Center, and Bon Appétit that has been meeting since October 2013 planning the event," Freshman Class Council Advisor Daniel Ferrara wrote in an email to *The News-Letter*. "The freshman class council and I also discussed planning for High Table at our weekly meetings."

Loewenberg made clear Ferrara's key role in organizing the event.

"I really have to give a huge shout out to our advisor, Dan Ferrara. He really helped plan a lot of the event and coordinated a lot of the stuff with Bon Appétit, who catered everything and set everything up. It wasn't just us," Loewenberg said.

A highlight of the night was the menu as students and faculty had various options like vegetarian or kosher entrées as well as a flourless chocolate cake for dessert.

"One of the best parts about preparing for High Table I'd have to say was the tasting," Loewenberg said. "So all the food that you guys ate tonight, the entire freshman council, which consisted of me and the six senators, we tasted it all, we decided, and it was a pretty tough decision. Also a lot of the planning involved promoting the event, making sure students knew about it, knew what it was and then we also made decisions about a lot of the professors that are here sitting with the students."

As the dinner finally came to a close, SGA members said that the Freshman High Table Dinner had strengthened relationships within the class of 2017 as well as among the student body as a whole.

"After everyone had left the dining room floor and tables had been cleared, I returned to do a final walkthrough and saw row after row of long empty tables (looking nothing like it had 30 minutes earlier). Except for one," Ferrara wrote. "There was a table in the far aisle where a faculty member sat with three freshmen continuing a conversation that started over dinner. Just the four of them talking happily. I think this is what High Table is all about, building relationships that last beyond the dinner."

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Applications are currently being taken for the Louis Azrael Fellowship in Communications, three one-year \$5000 scholarships for students interested in pursuing careers in news-related media (print or internet journalism, radio, television, or other kinds of news communication).

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The Fellowship is given through the Writing Seminars Department and will be judged by Professor Wayne Biddle.

Applicants must be Johns Hopkins sophomores or juniors. They should submit a representative collection of relevant work, preferably material that has been published or broadcasted, along with a brief biography and statement about current and future interests in news media. Applications are due by 3PM on Thursday, March 27, 2014, at the Writing Seminars office in Gilman 081. For more information, please contact Professor Biddle at wbiddle@jhu.edu.

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National Eating Disorder Awareness Week aims to break silence

NEDAW, FROM A1

acceptance and countering the unhealthy “thin ideal” common among women.

“The goal of the campaign is to educate others about the damaging impact of pursuing the thin ideal and the use of fat talk on women of all ages, inspire change in the way we think and feel about our bodies and promote a healthy lifestyle and one that urges individuals to live a balanced life in mind, body and spirit. Those goals completely fall in line with CHEW’s mission to create a healthier campus,” CHEW Associate Director Barbara Gvinn Schubert and CHEW Health Educator Alanna Biblow wrote in an email to *The News-Letter*.

Prior to beginning the NEDAW campaign, Schubert and Biblow met with the Counseling Center’s Eating Disorder Specialist Emily Massey.

Massey hoped that through doing outreach, more students would become aware of the issue of eating disorders.

“I know one of the problems I have as a counselor is when people come in for counseling for issues other than eating disorders, and it’s hard to get them to realize that an eating disorder is also one of the things they need to deal with,” Massey said.

During the week, CHEW and the Counseling Center co-sponsored an outreach event with the resident assistants in Charles Commons. They distributed KIND bars in the Recreation Center as part of CHEW’s “SEE for Yourself on Monday” campaign as well as balloons with positive messages and eating disorder and body image facts. The balloons, courtesy of CHEW and PEEPS, were displayed in the Brody Learning Commons Café with written messages such as “the best curve on your body is your smile” and “what’s cookin’ good lookin’.” Attached facts included statistics, such as “one out of four college aged women has an eating disorder.”

Taking part in Operation Beautiful, a campaign that encourages people to post body-positive notes in public places, CHEW and PEEPS also wrote messages on post-it notes and placed them on mirrors around campus. This included phrases like “There is no ‘wrong way’ to have a body” and “you got this!”

Thursday, those involved with NEDAW held an outreach event in Levering Hall where students could make body scrubs and pick up information about eating disorders.

“We’re more likely to reach friends and peers than those that are struggling with eating disorders. Most women with eating disorders are not aware that they have them, and if they were aware, they would not be likely to approach us. We wanted to focus on teaching others how to recognize someone who is suffering, what

to say and what not to say and what the resources on campus are,” Massey said.

In Levering Hall, students also had the opportunity to contribute to a paper chain. Each link on the chain contained a positive message, such as “weight ≠ worth” and “love your body.” The paper chain was hung up in Q Level of the Milton S. Eisenhower Library on Friday.

Finishing the week with “Fat-talk Free Friday,” CHEW aimed to increase awareness about the damaging effects of “fat talk.”

According to Operation Beautiful, “fat talk” includes everyday comments such as, “Do I look fat in this?,” “She shouldn’t wear that tight shirt!” or “You look great! Have you lost weight?,”

“A lot of research has been coming out about that right now, and how women tend to feel pressure from other women to engage in negative talk about their

bodies. Yet, the research is showing that women actually dislike other women who engage in ‘fat talk.’ So it actually backfires, and women are in this double-bind,” Massey said.

Throughout the week, CHEW also encouraged people to celebrate different body-types by posting selfies on social media sites tagged with #LoveYourSelfie.

“It seemed like a great way to get the conversation going through posting selfies on popular social media outlets to celebrate every shape, size and age,” Schubert and Biblow wrote.

In the future, Massey hopes that NEDAW will continue to develop and expand at Hopkins.

“I’d like to be able to attract a larger group of people to do more activities. I think that it will be helpful that next year I’ll know more about the department and school, since I’ve only

been here since August. I think that we will be able to put together some larger activities,” Massey said.

While some students found out about the week through avenues like Today’s Announcements, many students were unaware of NEDAW.

“I had no idea, but I think eating disorders are a pretty prevalent thing in college, and I personally know people who suffer with eating disorders. I guess the way I really find out about things is through physical events and posters of things that happen. Maybe if they hosted some kind of event in honor or to bring awareness to this issue it would have caught my attention more. I think that would have helped make people be more aware of the issue,” sophomore Ching Xie said.

Others were surprised that they had missed information about NEDAW.

“I honestly think that the world could do well with more awareness on that topic, so I do think they could have maybe done a little more to publicize it,” freshman Zoe Demko said. “I’m not sure what, though. Certainly small tasteful stuff would be better.”

Still, CHEW was pleased with the outcome of the week.

“I think all the events and campaigns were successful this year. Through each of our events we tried to emphasize the “healthy ideal” which doesn’t put the focus on weight or size, but on overall health and how that looks different for everyone. . . Even if we were only able to truly impact a few people per event it still feels extremely worthwhile and gratifying knowing we helped make a difference in someone’s day. That can be huge,” Schubert and Biblow wrote.

Loyola professor speaks on adolescents and stress

By EMILY HERMAN
Staff Writer

Dr. Alison Papadakis, who will join the Psychological & Brain Sciences Department this fall, gave a lecture on Wednesday evening titled “Adolescent Angst: Self and Peer Factors Related to Depression and Social Anxiety in Adolescents.”

The talk, held in Hodson Hall and sponsored by the Psi Chi Honor Society in Psychology, focused on how research regarding the way adolescents deal with stress determines their likelihood of developing major depressive disorder and social anxiety disorder.

happens with their girlfriend, they don’t go talking to their best guy friend and then don’t get depressed as a result,” Papadakis said.

Despite this discrepancy, Papadakis did note that teenage boys are still more likely to become depressed if they are having problems with their girlfriend.

The research that Papadakis presented did not include any teens who identify as LGBT but said that they would cope in a similar manner. After sharing her research, Papadakis offered stress-relieving strategies that she believes should be used when dealing with adolescents. These

strategies include cognitive reframing and increasing positive social support.

“People think rumination is a good thing [because they’re] thinking about the problem, but they don’t realize they’re getting stuck in a negative cycle,” Papadakis said. “We all carry around a toolbox and we all have different coping strategies that are tools. What we want to do for these adolescents is add more tools but also help them figure out when to use particular tools.”

Papadakis also cited the mixed messages that the media sends as an unnecessary stress for teenage girls. As an example, she talked

about how many have attacked Anne Hathaway for seeming too perfect while praising Jennifer Lawrence for her perceived flaws.

Currently, Papadakis is working on a yoga and mindfulness project in conjunction with researchers at the School of Public Health, which teaches yoga to kids in Baltimore public schools.

“From other research, we see that mindfulness can give people fundamental emotional regulation skills that they would need for higher-level coping skills,” Papadakis said. “We’re hoping to see both mental health effects and also effects on academic functioning.”

Students comment on rises in tuition

TUITION, FROM A1

program,” Reeves wrote in an email to *The News-Letter*.

Alongside these steady increases in tuition, President Ronald J. Daniels and his administration continue to consider building the University’s financial aid budget a priority.

“The total grant aid provided to Homewood undergraduates has increased at an average annual rate of 8.2 percent over the past five years, more than double the rate of increase in tuition and cost of attendance,” Reeves wrote.

According to Reeves, over 40 percent of undergraduate students receive financial aid to offset the cost of attending Hopkins. The current grant aid for Homewood undergraduates in this academic year is just under \$75 million. This amount has increased from \$50 million in 2008-2009, yielding an overall increase of 49 percent.

These increases, though, do not go unnoticed by Hopkins students.

Junior Harriet Green is bothered by the University’s lack of communication in regards to tuition costs.

“I am quite shocked that the school does not put out any notice that our tuitions are going up,” Green said. “It’s almost as if they tried to do it subtly with the hopes we wouldn’t notice.”

In the Feb. 24 issue of *The JHU Politik*, Editor-in-Chief Rachel Cohen published an op-ed on the topic of rising tuition at Hopkins. In her piece, Cohen criticized the absence of transparency and dialogue surrounding these rises in tuition fees.

In an email to *The News-Letter*, Cohen noted that she conceived the idea of writing the piece upon reading an article in *The Hub* about how the University would raise tuition 3.5 percent for the 2013-2014 academic year.

“Rather than acknowledging that a 3.8 percent increase in one year is a lot, and a problem, it repeatedly made the point

how it was such a ‘small increase’ compared to past years. That was when I first began thinking about the way JHU tries to frame its continually rising costs,” Cohen wrote in her email.

Cohen’s message, however, is not antagonistic towards the school. Instead, she urges students and student-press institutions, such as *The News-Letter*, to take an active role in promoting dialogue on the subject.

“People feel awkward and uncomfortable talking about money, understandably, but we need to do it,” she wrote in her email.

Yet the University’s costs go far beyond financial aid.

According to Reeves, significant investments have been made in health services, security improvements and other student services, as well as in capital improvements to facilities on Homewood campus, such as the recently completed Undergraduate Teaching Labs or 2012’s Brody Learning Commons.

Faculty and staff are a top priority with respect to operating costs.

“As with most of the university’s divisions, the Krieger and Whiting schools’ operating costs are primarily related to faculty and staff salaries and benefits, which supports the University’s instruction and research missions,” Reeves wrote. “The Krieger school has grown its number of full-time, tenured/tenure track faculty by 10 percent since Katherine Newman assumed the school’s deanship in September 2010.”

Nevertheless, Green remains skeptical about the extent to which current students are benefitting from raised tuition fees.

“I wonder how much of tuition money directly benefits us as undergraduates,” Green said, “and how much goes straight to research.”

The board of trustees has not yet finalized by tuition for 2014-2015 school year.

“It’s important [to talk about this subject] because of the prevalence rates,” Papadakis, an associate professor of psychology at Loyola University, Maryland, said. “We see this issue in adolescents but also [a lot with] college students.”

Freshman Maria Hazbon said that Papadakis’ presentation was highly applicable to college life.

“We’re all social beings so we all have to deal with problems like this,” Hazbon said.

One of Papadakis’ points that made a strong impression on some audience members was the difference between co-rumination, which is venting to friends about a past event in a manner that promotes negativity and seeking social support with a more positive, reciprocal tone.

“I thought that speaking to friends about what’s going on is always a positive thing,” senior Vania Green said. “It turns out the way you’re talking with your friends actually makes a difference.”

Papadakis also presented research concerning how romantic relationships affect adolescent mental health. The research showed that girls are more likely to co-ruminate with other girls while having issues with their heterosexual romantic relationships.

“[Girls] co-rumination with their same-sex best friend predicts increases in their depressive symptoms,” Papadakis said.

Additionally, the research showed that girls react similarly to problems with fellow female friends.

“For girls, it increases the amount of co-rumination they have with their romantic partner, and that increases their depressive symptoms,” Papadakis said.

According to her research, teenage boys typically do not co-ruminate with male friends about relationship problems and can keep their issues with other male friends from affecting their heterosexual romantic relationships.

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NEWS & FEATURES

Proposal to introduce Latin Honors system continues to gain traction

LATIN HONORS, FROM A1
As of now, the tentative rankings stand at 25 percent for cum laude, 15 percent for magna cum laude and 5 percent for summa cum laude.

"The proposal [percentages] for... summa cum laude, magna cum laude and cum laude are based on examining practices at other comparable universities and in response to the SGA desire that Latin honors convey distinction," WSE Vice Dean for Education Edward Scheinerman wrote in an email to *The News-Letter*.

Compared to other academic institutions of the same tier, the list of self-reported average GPAs at Hopkins is towards the bottom.

"The hope was that with Latin Honors, we could present GPAs as a number on a 4.0 scale and then follow up with 'But this means I am in the top 10 percent of my class.' Our intentions were always to have Latin Honors help contextualize Hopkins grades and

thereby help the students," SGA Academic Affairs Committee Chair Andrew Griswold wrote in an email to *The News-Letter*.

SGA Academic Affairs Committee member Tiffany Yang, however, is among those in the student body who feel that these numbers are too restrictive.

"The Latin honors system may contextualize the Honor Award based on name; however, cum laude will be harder to get at Hopkins than it will be compared to other universities such as Harvard, University of Pennsylvania and Cornell. These other universities have higher average GPAs and broader Latin honor ranges," Yang said.

Hopkins is a member of the Consortium of Financing Higher Education (COFHE), a group of 31 top-tier private liberal arts colleges and universities.

Much of the pressure to adopt Latin honors comes from the fact that 75 percent of the COFHE

schools already use this system.

"[This] means they carry an extra benefit of being more recognizable than general university honors," Griswold wrote.

The SGA Academic Affairs Committee's original proposal to the Curriculum Committee, which was shared with *The News-Letter*, included two propositions for the three tiers: Option 1 categorized the levels by percentage rank, whereas Option 2 defined them by numerical GPA. Both options provided for a significantly more inclusive group of students than the 25-15-5 percentages will allow.

Option 1 proposed that cum laude, the lowest tier, begin with the top 40 percent of the graduating class. The Academic Affairs Committee felt confident that this drop from 50 percent would not cause a significant increase in competition, however.

"Because the exact GPA needed for Latin honors is unknown, there is no

magic number to stress over senior year," the proposal reads. Furthermore, the proposal recommends that Hopkins not publish GPA cutoffs after graduation should it adopt this method.

Option 2 held the current 3.50 GPA cutoff for General Honors as the benchmark for cum laude. The Academic Affairs Committee did not seem as enthusiastic about this choice, citing grading inequality amongst institutions as a concern.

"These suggested GPA cutoffs are based on those used to determine Latin Honors at other COFHE schools. This system does not help put Hopkins' GPAs into context compared to other peer institutions — it simply reinforces the idea that numeric GPAs are equivalent across institutions," the proposal reads.

As of last Wednesday, both the KSAS and WSE Curriculum Committees approved the change. Both Curriculum Committees are comprised of faculty as well as stu-

dents.

"The Krieger School Curricular Committee was divided about the desirability of moving to Latin honors. Some members liked the idea as rewarding exceptional

academic evidence, while others saw it as a needless break with tradition that will encourage grade grubbing," KSAS Vice Dean Steven David wrote in an email to *The News-Letter*.

Now, Scheinerman and David will forward the proposal along to the Homewood Academic Council. If it is approved here, a plan to phase the system in will be developed. Scheinerman elaborated that there are a few ideas in the making, but nothing is definite as of yet.

"One thing we considered was the history of our own system of 'university honors.' We looked at the percentage of the student body that received this distinction over several years," Scheinerman wrote.

About 40 years ago, General Honors were only awarded to the top 20 percent of the graduating class. In 1990, this standard was amended to encompass all students with a 3.5 GPA or higher, which is the current method.

The percentage of students who meet this criteria has increased steadily over the years from 30 percent in 2000 to almost half now.

"In other words, the meaning and value of 'university honors' has degraded over time," Schienerman wrote.

Yang, once again, disagreed that this proposal would be an improvement.

"While this system would supposedly increase recognition for students, the removal of General Honors would still remove a quarter of the graduating class from their current honors," Yang said.

"This system will undermine the original goal of leveling the playing field with Hopkins students and those of other universities. Instead of increasing recognition for well-deserving students, this plan will strip hard-working students of honors."

Griswold advocated for adopting a Latin honors system, if not in the currently proposed form.

"Personally, I think

implementing the three-tiered Latin honors system would serve the students by contextualizing academic performance," Griswold wrote.

"Furthermore, this system would be better (and probably more inclusive) than simply reducing the number of students receiving general university honors back to its 1973 level. I would like Latin Honors to be more inclusive than the suggested... cutoffs for summa cum laude, magna cum laude and cum laude. Unfortunately, that decision is not the students', SGA's or even the Curriculum Committee's; ultimately the decision of what Hopkins will consider 'honors' is solely the Academic Council's choice. . . It is important to note that everyone agreed that some mechanism should be in place so that any change will not affect current students," he wrote.

Students of all years around campus have expressed varied opinions regarding the proposed changes.

"I think Latin honors are good because it is important give recognition to students who have worked especially hard at such a prestigious university," freshman Katie Rubery said.

Others were more concerned.

"We go to a school that is famous for grade deflation. Cutting 25 percent of the students who get honors is not doing a good job of putting Hopkins grades into perspective," freshman Connor Welsh said.

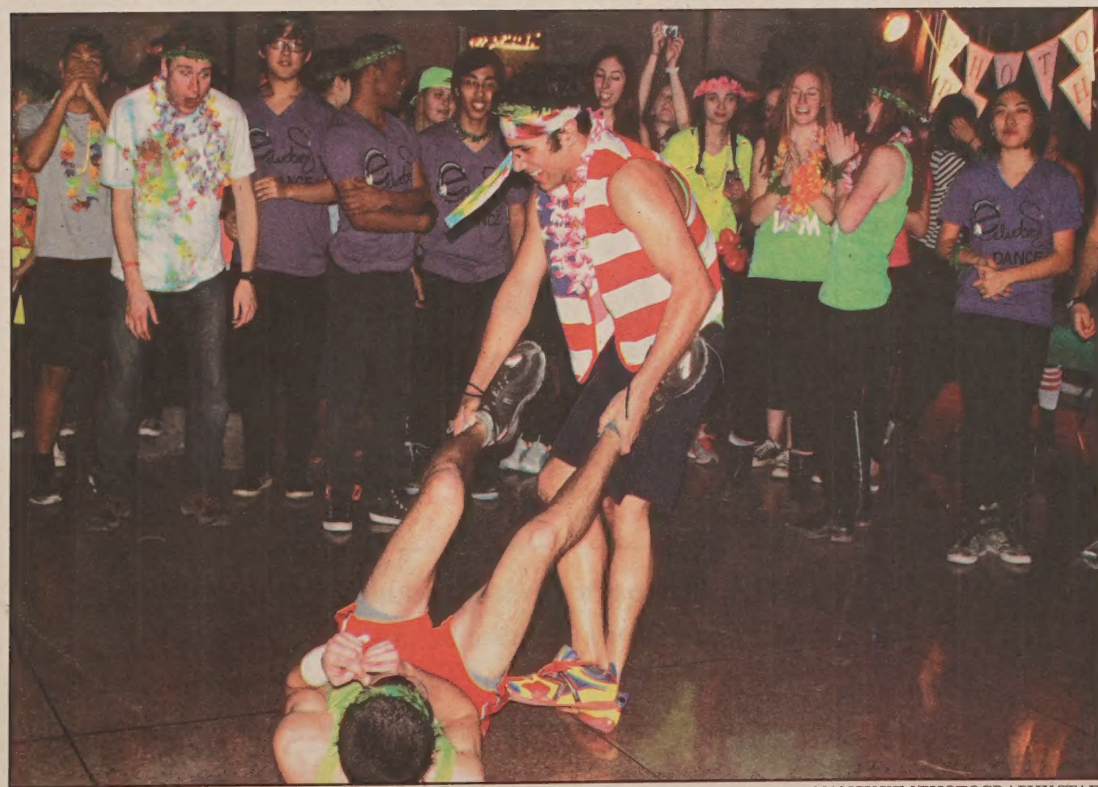
At this point in the process, it all comes down to the consideration of the Academic Council, which is comprised of seven Ex Officio members (including President Ronald J. Daniels and both the WSE and KSAS deans) as well as 12 elected members, all current professors.

The Academic Council will have the final say on the particulars of the system, including the percentages for each distinction.

"Hopkins is known for its innovation and trail-blazing attitudes," Yang said.

"We firmly believe that the student body and the administration should build its own unique system instead of conforming to the Latin honors protocol of other institutions."

Marathon showcases talent for a good cause



NANCY KIM/PHOTOGRAPHY STAFF

Students participate in various performances during Dance Marathon, a philanthropic event designed to raise money for charity.

DANCE, FROM A1
we figured out that we broke \$30,000."

The \$35,000 raised this year surpassed the organization's previously stated goal of \$30,000 from last year.

JHU Dance Marathon organizes a few other fundraisers throughout the school year, most notably the Color Run — a 5K race where participants are showered with colored powder and paint — that they co-sponsored with The HOP in October of last year.

An entirely student-run organization, the JHU Dance Marathon has experienced substantial growth in participation over the past few years. Last year 166 dancers participated in the JHU Dance Marathon; this year that number more than doubled to 368.

But beyond just money and participants at the event, the club itself has also experienced an increase in membership.

Co-presidents Colt and Anastasia Pierron are seniors who have been involved with DM since its inception four years ago. The majority of the rest of the club, however, consists of freshmen and sophomores.

The largest expansion has come from the addition of a greater number of morale leaders, students who act essentially as mascots for Dance Marathon participants. They promote the event throughout the school year and hype up the crowd during the dancing event itself. There were 18 morale leaders this year, which is almost double the amount of leaders from last year.

For the organizers of the

JHU Dance Marathon, the culmination of their efforts proved to be a very emotional experience.

"The amount of people that gave (Dance Marathon) support last night and the amount of tears that all that work and passion made flow from my eyes was amazing," Morale Director Sasha Maraj, a freshman, said.

Maraj, however, was not the only person who was overcome by emotion at the event.

"There's a thing in the dance marathon world called the ugly cry, which is when you look awful but you're crying because you're so happy because you exceeded all your expectations of fundraising," Colt said.

The co-presidents also expressed their excitement and enthusiasm about President Ronald

J. Daniels' involvement with Dance Marathon this year.

"President Ron Daniels has been super supportive of DM," Colt said.

In fact, Daniels' last minute donation at the end of the night bumped the total funds raised up to \$35,000.

This year's unparalleled success has been a long time in the making for Colt and Pierron.

"It's really hard to get people (at Hopkins) to come together about something that's not school, so that we have the opportunity to benefit kids in our community, in our university network, and also increase the school spirit and the connection between people on this campus is the coolest opportunity. . . it's an avenue for so much good beyond just the money," Colt said.

Errata: Feb. 27, 2014

On page A1 of our last edition, the photo credit for the picture of *Onion* Features Editor Jocelyn Richard was incorrect.

The credit listed Photography Editor Leon Santhakumar as having taken the photo.

The credit should have attributed the photo to Daniel Dylan Alvarez, a member of the photography staff.

The News-Letter regrets this error.



DODGE IS A KIND OF CAR.

NOT A STRATEGY FOR CROSSING THE STREET.

You're not one to toe the line, to do things the way they've always been done, or to cling to convention. No one ever changed the world by playing it safe, right? Well, that depends. If by "playing it safe" you mean using common sense when crossing the street—looking both ways, staying off your phone, and sticking to the crosswalk—then following the rules might be the most revolutionary thing you can do. And it gives you a better shot at being around long enough to really break new ground.

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A bunch of celebrities take a selfie, and it becomes the most tweeted photo ever (even beating out that adorable photo of the Obamas on their campaign). Only Ellen could make this happen. Also, it's the first time Meryl Streep has ever tweeted!



Kristen Bell @IMKristenBell · Mar 2
When you see me on the red carpet of the oscars tonight, just know...there's a burrito in my clutch. pic.twitter.com/WwXQtMq10A



Kristen Bell is just the best. Guess she didn't know about the pizza.




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#ERedCarpet #Oscars #Fashionizza

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Companies have started tweeting during live TV events, and it is hilarious (plus probably really good for their business).



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amzn.to/1de1ka9 #aheadofthecurve #Oscars pic.twitter.com/Hu5wh7e3fm

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The *Huffington Post* let Chelsea Handler take over their Twitter account for the night, and she decided to be extremely offensive and promote her own book when *12 Years A Slave* won Best Picture. So disgusting.

Want your Tweets featured in this column? Follow me @rachel_witkin or add #jhutweets to the tweets you want me to include!

Last minute Lent sacrifices for Hopkins students

If anyone can benefit from the empowering benefits of Lent, it's the typical Hopkins student.

For those who manage who stick with the 40 day fast, they may find that it isn't so bad after all, and they may end up developing good habits. We at Hopkins could definitely sacrifice a couple of bad habits, so whether you're religious or not, here are five completely reasonable things to consider giving up for Lent:

1. Not having a social life.
2. Chipotle.
3. Pike.
4. Stealing meal exchange cards.
5. JHU Confessions.

People always say that we're terrible at balancing our academic and social lives, but giving up study time can be overwhelming for us workaholic Blue Jays. Lent is the perfect opportunity to try to incorporate some social activity into your study schedule. Maybe you'll realize that taking an occasional

break from work is actually helpful. Maybe you'll go completely crazy with your newfound freedom and develop a life-threatening drug addiction. It really could go either way.

Now, don't get me wrong. I love Chipotle. Burrito bowls are my official reward for passing tough exams, getting through rough weeks, not slipping on the Breeze-way on a rainy day, drying my nails without smudging them — basically anything. But with the number of times I've seen the order line wrap around the restaurant, I'm convinced that a lot of us could benefit from the challenge of giving up

Chipotle for Lent. Whatever you do, don't assume the burrito bowls in Nolan's can substitute. They can't. Nothing can.

Many don't know this, but God considered an eleventh Commandment: "Thou shall not party in a frat house basement that doubles as a swamp." Honor the forgotten Commandment and avoid the questionable liquids within the recesses of Pike for 40 days. It really can't be that hard.

For those of you who haven't set foot in Nolan's since before Bon Appetit was taking advantage of its employees, the dining

hall has this new practice of exchanging meal swipes for laminated cards that you give to the cook when you order. Hopkins has worked very hard to create this completely logical and extremely necessary rule, so you could at least respect it for 40 days — instead of "forgetting" to hand in your card and giving it to hungry, non-meal-plan-having upperclassmen like me. But I totally understand if you're not up to the challenge.

The *News-Letter* reported that the infamous JHU Confessions Facebook page was taken down after tons of sexist, racist, and straight-up disrespectful posts; however, the page seems to be back up, so now it just looks like we lied to you all. Could you maybe sacrifice posting on the page for Lent so we can feel better about ourselves? Please? Thanks.

@rachel_witkin
Tweets of the Week

This weekly column features some of the top posts around the Twitter realm that deal with the week's top stories in sports, politics, pop culture and all things news.

Pop-up shops help fashion brands pop

As consumers continue to build resistance to traditional advertising in response to the excess advertising clutter that plagues public and private spaces, fashion brands have proceeded to devise innovative guerrilla marketing tactics. They're aimed not only at capturing attention and creating positive word-of-mouth advertising, but at drawing this positive buzz into

Chelsea Olivera
Femme Fatale

and discussed the creation of her new line. However, during New York Fashion Week this past month, Marc Jacobs ingeniously expanded the concept of the pop-up shop, creating the Daisy Marc Jacobs Pop-up Tweet Shop to promote the brand's best-selling Daisy perfume. The Tweet Shop, open from Feb. 7 to 9, provided guests with a "social media-friendly vibe" and included Wi-fi, a lounge, perfume samples, manicures

the realm of social media, where messages not only have the potential to reach an infinite number of target consumers, but can reach them in a matter of seconds.

The incorporation of guerrilla advertising into integrated marketing communications for major fashion brands is not a novel phenomenon. DKNY held a runway show in the streets of Garosu, South Korea in March 2012 to promote its Spring/Summer 2012 collection. To promote their collections during New York Fashion Week 2011, various fashion brands used trucks, stationed at different locations throughout New York City, from which company representatives were able to interact with customers and distribute free food and refreshments. A Manolo Blahnik truck offered milkshakes, while a vintage-style Vera Wang truck handed out ice cream — creating positive attitudes toward these brands, as well as stirring up buzz and anticipation among potential customers for the brands' upcoming runway shows.

Even more recently, fashion brands and clothing retailers have partnered with leading experimental marketing agencies to create the newest addition to the array of popular guerrilla marketing tactics dominating the world of fashion advertising: the pop-up shop.

In order to attract new customers, provide existing customers with a sense of exclusivity and create positive word-of-mouth advertising, many fashion brands and retailers have been using the pop-up shop — a temporary store, typically open for about a week, offering exclusive products, unique store features and special events — to supplement traditional ad campaigns. Nordstrom has recently hired Neverstop, an experimental advertising agency, to launch a pop-up shop to introduce Sarah Jessica Parker's highly anticipated shoe collection, which will be exclusively sold at Nordstrom retailers. The pop-up shop, which was open from Feb. 28 to Mar. 2, featured a limited selection of shoes from Parker's collection as well as an appearance from Parker herself, in which she met potential customers

and a photo booth. As guests entered the Tweet Shop, which was modeled after the artwork featured in the Daisy ad campaign, they were told that in order to receive samples and participate in activities, they were to post to Facebook, Twitter and Instagram with the hashtag #MJDaisyChain. Hostesses encouraged guests to post creative and interesting messages, and awarded the best posts with Marc Jacobs handbags and sunglasses. According to the popular marketing blog ClickZ, the Marc Jacobs brand described the Tweet Shop as the "the first retail operation in beauty to use 'social currency' as the only means to make purchases."

Highly influential personal style bloggers such as Betty Autier and Aimee Song, who write the popular fashion blogs Le Blog de Betty and Song of Style, respectively, made appearances at the Tweet Shop, and later posted pictures of themselves at the Daisy photo booth on Instagram, Twitter and on their personal blogs, which were able to reach thousands of devoted followers.

According to the Marc Jacobs brand, the promotional effort, which yielded over 770,000 Facebook likes and 4,300 mentions on Instagram, was focused on "continuing to build a community of fans, consumers, and girls who love this fragrance and sharing a moment with them and giving them a place to share time with the brand," as reported by ClickZ.

As fashion labels proceed to target a new generation of social media-crazed style enthusiasts, advertising efforts will continue to evolve, shifting from traditional print advertising into social-media based publicity tactics, essentially blurring the lines between public relations and advertising. Based on the success of Marc Jacobs' innovative Tweet Shop, and its ability to quickly and inexpensively attract attention through the most effective form of advertising — word-of-mouth communication — it is safe to assume that other fashion brands will further develop Marc Jacobs' relatively novel tactics, creatively shaping the world of social media marketing.

HIP HOP

BUT ALSO observations, rants, lists, thoughts, feelings, missed connections, haikus, confessions, furtive glances and, of course, sex.

The five students you'll meet in college

Whether they're athletes, cool European transfer students or those couple of kids who are actually from Maryland itself, we have such a diverse range of students here at Hopkins. We don't always get the chance to live with or befriend people from the other side of the world, or even just from across the country, so it's great that we can spend these four years here expanding our social circles and meeting really cool people. What's more amazing, though, is that even with all of this variety present around us, there are always a certain few types of people that we are all bound to run into at least once.

So I've tried to put together a list of people we all probably know — either by face or we may be even best friends with some of them. Let's see if I've gotten this list right.

1. The One Who Always Has It Together.
- So obviously some people have already figured this college thing out. These people are always on top of their game — they actually do class readings, are a part of some cutting edge research and are probably the head of some society on campus. They have their lives sorted out already, and are going to be making big bucks once they're out of school. Probably someone you'd want to keep in touch with, for future reference.
2. The Party Nerd.
- Only at Hopkins will you see the same girl in the library cubicle next to you, and then getting down and dirty around the pole in Pike a couple hours later. We definitely may not be a

party school, but we nerds do know how to release stress when we have to. The hardest parties are always the ones you'd least expect.

3. The "Study Buddy."

As sad as it may sound, I'm pretty sure most of us have come to call a certain cubicle or table in the library or Brody our "spot." And more often than not we come to recognize the people around us who happen to be there all the time we're there, too. Does seeing the same person almost every day actually make it socially acceptable to call yourself friends? I mean, we know each other's study habits already—that should make us practically best friends.

4. The Social Butterfly.

How is it possible for one

Elsheba Abraham
Beyond the Hop

...there are always these people that we are all bound to run into at least once.

person to know so many people? These popular kids can go anywhere on campus at anytime of the day and still

run into somebody they know. Hopkins is a small school, I know, but seriously. Just beware if you have to walk with them anywhere; with all the pit stops they make, the journey will take twice as long.

5. The Athlete.

Hair always wet or tied up in a ponytail, and forever decked in some kind of sports gear — my list would not be complete without mentioning the athletically inclined among us. How is it that some people can still look so attractive just wearing an oversized t-shirt and sweats? I guess there are some benefits to working out all of the time.

So that concludes my list. I'm sure a couple names popped up in your head while reading it already. Now the main question is this: which student are you?

Madrid: markets, museums and much more

There's a certain time of the night when Puerta del Sol, located at the heart of Madrid, truly earns its name. On summer days in Sol you can see the last glimmer of the sun flicker through the red-roofed buildings, tracing people's shadows as they make their way up Calle Montera to Gran Vía, Chueca and Malasaña, or down Calle Correo to La Latina and Lavapies. In the early winter, the plaza brims with mechanical light as people meet up under the golden metallic Christmas tree, exchanging the typical double kiss. Like the sun it's named for, everything orbits around "Sol," the soul and centerpiece of Madrid.

Madrid was my home for over three months, and if I learned anything about the city, it's how much more there is to see past Sol. That, and how quickly time passes. But no matter how much time you have in Spain's capital, here are a few activities that should not be missed:

1. Explore the neighborhoods.
- If you want to get to know Madrid, take any street "exit" out of Sol and wander. There's always something to find. If you find yourself on Gran Vía, keep wandering to-

wards the neighborhoods of Malasaña and Chueca. These neighborhoods are known for being the artier, student-oriented destinations. There's a ton of cafés — including a few that even allow dogs — so relax and start your morning there. Heading down to Calle Atocha? Turn down Calle Lavapies to discover one of the most diverse neighborhoods of Madrid. When strolling down the colorful streets in the middle of the day, pop in a gallery for a few minutes or stop for some unexpectedly delicious traditional Indian food.

2. Bargain at El Rastro.
- If you're lucky enough to spend a Sunday in Madrid, head out early to the historic Plaza Mayor and walk down; you can't miss El Rastro. The Sunday morning market is the perfect spot to pick up souvenirs. And if you wander down the side streets, you just might find that perfect artistic centerpiece for your room back home.
3. Madrid's Museum Mile.
- Speaking of art, you can't come to Madrid without visiting at least one museum. My personal

favorites are Museo del Prado and Reina Sofia. You could probably spend days in the Prado — I had to go back four times to see all of it, but luckily it's free for students — so allow yourself some time. One thing you have to see is Velazquez's "Las Meninas" on the second floor. My personal favorites, though, are Goya's dark period "Black Paintings" downstairs. For more modern art, Reina Sofia is the spot. The museum focuses on 20th century art, housing Picasso's Guernica, along with paintings by Dalí and many other Spanish artists. If you're feeling adventurous, take the sleek elevators to the top level and explore — that's where some of the most complex exhibitions are housed.

4. Rest in Parque Retiro.
- Madrid has its fair share of parks, but Parque Retiro is quite special. Don't be surprised if you stumble across a rose garden in the middle of December — that's Retiro. I've also decided that autumn is just better in Madrid. The season is longer, with the fall colors remaining for months rather than weeks, and Retiro is the best place

to see them. And there's more to do in Retiro than just wander. Hire a paddle boat in the central lake or visit the beautiful Palacio de Cristal.

5. Splurge in Mercado San Miguel.

There are much cheaper tapas to be had in Madrid, but if you only have a few days, dig in at Mercado San Miguel. The glassed-in market sells all varieties of food and drink. There's a lot of seafood, so be daring and try the squid, or try all of the delicious varieties of gourmet croquettes (cheese-filled dough balls). Be prepared for large quantities of bread; almost all of the tapas are served on sliced baguette. The market tends to be most crowded on weekends and during the day, but it's one of the best-kept secrets on weekday nights, so relax with a glass of white sangria and dessert. Speaking of dessert, the man at the dessert counter has a tendency to give out free macaroons if you buy multiple items. Who needs Paris?

6. Entertainment, from Flamenco to Fútbol.

Depending on your interests, there are plenty of forms of entertainment in Madrid that can appeal to you. With my program I got to go to a flamenco show at Casa Patas, a dual restaurant and flamenco school. The setting is super surreal; the stage is small and the two dancers are practically an arm's length away. During the breaks, the performers sit right beside the audience. No matter where you go, though, flamenco is unexpectedly mesmerizing.

If you prefer something a little louder and larger in scale, then I highly recommend attending a fútbol game. Spain is generally known for their fútbol — particularly their FC Barcelona and Real Madrid teams — and their teams' rivalries. I went to see one of Madrid's other teams, Atlético, and the stadium was still packed. Atlético had actually recently beat Real Madrid and it was a bit of a big deal for the "Léti" fans. I know next to nothing about soccer — or fútbol for that matter — but it was entertaining to watch the crowd go wild. I now understand why everyone brings scarves to 90-degree games; there was one section of the stadium where the crowd never stopped jumping up and down, waving their scarves. If you don't feel like going to an actual game, you can also head to a bar and watch from there. It's kind of incredible how much the people care about the games; don't expect anyone to talk to you when his or her team is playing.

7. When all else fails, head to Cien.
- If there's another meeting place — another center of the city — for students in particular, it's Cien Montaditos. Cien is a chain of tapas places that offers large jarras (pints) of tinto de verano (it's a bit like sangria) and assorted tapas at cheap student prices. Cien has franchises all over the place — there's one on Gran Vía, next to the big train station, Atocha, and just down the street from Sol. There's nothing that special about the place itself, but some of my favorite evenings began by meeting people at Cien, sitting outside, sipping tinto and talking about Madrid. They've apparently opened up Cien franchises in New York and D.C. but I doubt they're the same. There's the magic of the meet-up at Cien, in the last few minutes of the day when Madrid wakes up and unexpectedly comes alive.



COURTESY OF KATIE QUINN
Just one glimpse of Puerta del Sol at sunset proves that there is much more than fútbol at the soul of Madrid

The Oscars: way better with snacks and snarky friends

I went to an Oscar party last Sunday that was truly a blast. All I could think of was how different it was than when I was a kid, when I would get so upset because my parents didn't let me stay up until the end of the show. Now, I'm old enough to pretend that I saw all of the movies and make seemingly well-informed commentary about how Leo has never won an Oscar. I learned that the best way to watch the Oscars is with a big group of some of your snarkiest friends. Round them all up and be merry; it's bound to be a good time.

The host of the party will probably provide some small appetizers, but come fed. It is good form to arrive before the opening monologue. You walk in the room and are given a hilarious bingo board with some things that happen at the Oscars every year: put an X through this square if "a winner tells his or her kids to go to bed in his or her speech" or "a winner

present something later." When it happens, everybody in your group will be talking. You will have to shout, "Shut up!" when Zac Efron or Chris Evans suddenly walk onto the screen. Maybe you get a "Zac Efron Alert" text from your friend. And then if you miss what they say, you are momentarily pissed. Or maybe you send that friend who is obsessed with Jared Leto a congratulatory text saying, "Yay, we did it, he won!"

Then, look who it is! The token comedian, not Ellen DeGeneres, comes in and steals the show while presenting one of the movies that is nominated for Best Picture. And you breathe a sigh of relief. Three cheers for Jim Carrey. Oh, and Will Smith is presenting Best Picture.

Although I am usually completely against using phones in a social setting, they are great tools for when someone asks, "Wait, what did Harrison Ford win an Oscar for again?" Someone will designate himself the One Who Googles. But there will definitely be someone who is on her phone the entire time.

There will also be another friend there who hasn't seen any of the



COURTESY OF FILIPPO VIA FLICKR
With friends, you're qualified to comment on every Oscar category.

films and doesn't care about movies, but will provide color commentary just to make fun of this whole scene: "It's basically everyone in Hollywood getting together and telling each other that they did a good job that year and validating each other's existence."

You try to forget the fact that a small number of people voted for these movies and often they have no idea how to judge some of the categories. Then you get irrationally angry that *Gravity* won everything, even though you never saw it and have absolutely no basis for your disapproval.

It's just supposed to be a good time. Who cares if your choices didn't turn out to be true? Eat your star-shaped cookie and take it all in. You got to laugh with your friends and you missed half of the show because people were talking. But who cares — it was four hours long. While Hollywood indulges itself, feel free to indulge yourself, too.

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Elizabeth
Sherwood
My Favorite Things

THE JOHNS HOPKINS

NEWS-LETTER

PUBLISHED SINCE 1896 BY THE STUDENTS OF THE JOHNS HOPKINS UNIVERSITY

Editorial

Dance Marathon sets a high bar

This past weekend, a number of Hopkins students came together at the annual Dance Marathon (DM) in order to strive for a profoundly good cause, the Children’s Miracle Network. The efforts and remarkable success of these students can shine as an example of the power of organization and activism within the Johns Hopkins community.

The Editorial Board wholly commends the work of the Dance Marathoners and their unprecedented accomplishment. This year, they helped raise more money than they have raised in the past three years combined. We join our fellow Hopkins students and faculty in congratulating the entire DM squad and in recognizing the senior leadership that has worked so hard since Dance Marathon’s beginnings at Hopkins four years ago to make the event what it is today.

The entirely student-run organization made wonderful strides this year to create an even larger event. They added staff members and co-sponsored events across campus.

All in all, the student organizers pushed the Dance Marathon into the spotlight in terms of student service organizations. Undoubtedly, this event will grow in the years to come.

Often during our Hopkins experience we forget that as a student body we have incredible power. This power can and should be harnessed as frequently as possible as a force for good. Being a student at a rigorous school such as Hopkins can often be an isolating, stressful experience. It is in times like these, thanks to efforts from organizations like Dance Marathon, that we get to remember how a passionate group of people can make a serious impact on society.

We are taking this opportunity to remind our community of a fact that is easily forgotten amidst the intensity and anxiety of day-to-day school life. We must not fail to take advantage of the time we have as individuals within a large, dedicated, big-hearted community. We must, as ever, do what we can.

Latin Honors system must be fair

The Academic Affairs Committee is considering a proposal to adopt a Latin Honors system that would better differentiate between Hopkins students based on their level of academic accomplishment. Variants of the system, which divide honored graduates into cum laude (with honor), magna cum laude (with high honor) and summa cum laude (with highest honor), are used in 75 percent of the schools in the Consortium for Financing Higher Education. Hopkins, however, presently awards only a “general honors” to those students who achieve a 3.5 GPA or higher, which, with an average Hopkins GPA of 3.33, amounts to slightly less than 50 percent of the graduating class. The current administration’s proposal would instead award honors based on a graduate’s percentile amongst all graduates in his year, with cum laude going to the top 25 percent, magna cum laude to the top 15 percent, and summa cum laude to the top five percent. However, some are concerned that this system is less generous than those at similar institutions like Harvard, which awards cum laude designation to the top 50 percent of its student class. Consequentially, the SGA has proposed two competing Latin Honors systems, which would broaden the portion of honored Hopkins graduates.

The Editorial Board expresses its tentative support for the shift to a Latin Honors system, supposing that two conditions are met. First, the new system should designate honors according to the percentile into which a student falls relative to the peers in his or her graduating class, rather than by some fixed GPA minimum (like we have now). It is important to note that Hopkins’ average GPA has shifted over the years: In 2000 only 30 percent of students had a 3.5 or higher, whereas almost 50 percent do today. Unfortunately, the prestige

of any distinction is inversely related to the number of people who receive it, so it is important to keep that balance constant over time if we are to preserve the significance of graduating with honors. A percentile cutoff would account for trends in either direction in future generations, while a fixed number cutoff would not.

The second condition is that the cutoffs established in the new system should be comparable to those at similar institutions, which means more lenient than the administration’s present proposal. The primary benefit of this change, it seems to us, is to make comparisons between Hopkins graduates and graduates from rival institutions more accurate and fair. Presently, Hopkins’ system is unique, such that employers and graduate educational institutions are not sure how to interpret a “general honors” distinction. Combined with the fact that the average GPA at Hopkins is lower than the average at similar schools, this puts Hopkins students at a competitive disadvantage. We support the switch to a more common and widely understood honors system because it would better enable these evaluators to weigh the accomplishments of Hopkins students against those of other applicants, alleviating the disadvantages Hopkins students presently face. But any Latin honors system which did not respect this second condition would only worsen the problem. By creating the false impression that Hopkins used the same honors system as other universities despite the fact that they are easier to attain elsewhere, the disadvantage faced by Hopkins students would be cemented.

All we ask is fairness. Decreasing the total number of honors recipients is acceptable, but only so long as the new standards align with those at similarly reputed universities.

Oscar Martinez-Yang



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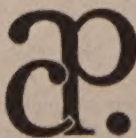
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OPINIONS

Sorority stereotypes inaccurate and unfair, at Hopkins and elsewhere

There is not just one type of sorority girl

By MEGAN DITROLIO

You're in a sorority? Really? You don't really seem like the sorority type...

This is the all too common response I get from aunts and uncles at family gatherings whenever I wear my Alpha Phi sweatshirt.

It happens every time I'm clad in letters, and each time it does, I have the same reaction: frustration. It's not the words themselves that makes my blood boil, but the implied meaning behind them. Who is the "sorority type?" Or a better question may be, who do people think is the "sorority type?"

The preconceived notions about Greek life across all college campuses are mostly negative: the average sorority girl is a bimbo that is only concerned with partying, drinking, getting the best possible pledge class and being considered the top sorority on campus.

My peers not involved in Greek life insinuate this stereotype more often than they should, and I am flummoxed that such a cliché label is still in use. These sorority stereotypes are unfair, particularly in regards to the organizations at Hopkins.

History's first all female society was established in 1851 on Wesleyan College's campus. The Adelphean Society, now commonly known by its Greek name Alpha Delta Pi, was designed after Latin literary societies, and was meant to be a place where women could discuss literature and academia with their peers. Soon after in 1867, Pi Beta Phi was founded at Monmouth College as the first all female organization to be modeled after male fraternities.

More like the modern Greek organizations we know today, Pi Beta Phi's focus was to be a place where women could openly join together with similar women, and discuss academia, culture and philanthropy. Since then, these all female organizations have sprouted on university and college campuses nationwide.

Greek life at Hopkins was established in 1877, and has since flourished, now involving over 1000 students. There are five recognized sororities on campus, each with their own respective philanthropy projects. Spring 2014 recruitment has been the most popular to date; more girls are deciding to participate in sorority recruitment at Hopkins than ever before. A record breaking 300 girls signed up, and statistics show that the number of interested girls is increasing every year.

The sorority recruitment process at Hopkins is a friendly and hospitable one. Girls in sorority recruitment participate in a mutual preference process, in which they bid for sororities just as sororities bid for girls, allowing both the Greek organization and the potential new member to have a say in which sorority they end up in. Once accepted into a sorority, a girl still has the choice to decline her induction into that organization.

After new members receive their bids, all members of Greek life are required to participate in a sober weekend, even if they are of legal age to drink, in order to ensure the comfort of the organizations' newest members. Additionally, upperclassmen in the sorority must strictly abide by an anti hazing pledge, which keeps all members safe and comfortable.

Pan-Hellenic Council, the organization that regulates Greek life nationwide, has even gone as far as to banish the usage of

words like "rush" and "pledge," which often carry negative connotations. As a freshman, I never felt pressured to do anything that I didn't want to do — in fact, I was showered with affection — and as a sophomore I believe that we make our new members feel comfortable and welcomed.

As a member of the Zeta Omicron Chapter of Alpha Phi on campus, I have met so many inspiring young women. I have become good friends with people that I may have previously closed myself off to due to unsaid social

Upperclassmen in the sorority strictly abide by an anti hazing pledge, which keeps all the members safe and comfortable.

barriers.

Not only does being part of an organization help you meet people on campus, as sororities tend to host various social events, but it leads to networking opportunities with alumni and opportunities to become involved.

Women in sororities learn about leadership through executive positions in their respective sorority. We also help to raise money and awareness for our respective philanthropic ventures, which each sorority is required to have.

Events like Alpha Phi's Pancake Brunch or Phi Mu's Pastathon also bring students together to raise money in a group effort, bonding the student community as a whole. In a school where many students suffer from high stress levels due to academic rigor, it is nice to have events where the student body can come relax together.

In addition, Greek life at Hopkins has helped to banish the "stupid sorority girl" stereotype, as recent data states that the average GPA for those in Greek life is higher than the average Hopkins GPA, though data for sorority Kappa Alpha Theta has yet to be determined due to newness on campus.

The next time you say that I am "not really the sorority type," think about the type of girl that actually is involved in Greek life at Hopkins. I know that in my particular sorority, Alpha Phi, we have a diverse group of girls that come together to bond over common interests, learn new things, be exposed to different ways of thought and have interesting new experiences.

As a person with good friends in each of the other four sororities on campus, I know the above statement to be true for those organizations as well. There is no one type of girl in a sorority here at Hopkins. We are a collection of intelligent, driven young women that are involved on campus in various ways to make our community better. Some of us are athletes, some are on Student Government, some are involved in clubs and some are working tirelessly to become a doctor.

So please, stop the false bimbo b**ch stereotype. Thanks. Here at Hopkins, we are breaking that mold everyday. I don't seem like the sorority type because there is not one type of girl that is in a sorority. But I am a sorority girl and I am proud of it.

Megan DiTrolio is a sophomore from Radnor, Pa. She is majoring in Writing Seminars.

Rational discussion more effective at combatting crazy ideas than derision

By NATHAN BICK

This past Wednesday, the Johns Hopkins Foreign Affairs Symposium (FAS) kicked off their Spring 2014 series of speakers by hosting Governor Martin O'Malley, current and two-time governor of Maryland, former mayor of Baltimore City, national political figure and potential future presidential candidate. O'Malley addressed this year's FAS theme of "Idealism vs. Realism" by discussing an environmentally-informed economic vision for the future of the nation. After his speech, the Governor accepted several questions from the audience in an extended Q&A segment. It was during this time that the LaRouche PAC made its appearance.

The LaRouche PAC is a part of a fringe political movement based on and founded by Lyndon LaRouche, a controversial dissident political activist and writer. Many of the LaRouche ideas are very unorthodox, including opposition to the modern "British Empire," destroying Wall Street, stopping imminent thermonuclear extinction, impeaching Obama and preventing the collapse of the "trans-Atlantic region" economy. There were materials passed out before the speech that are illuminating, but surprisingly poorly written, as if unedited.

This article won't go into the specifics of LaRouche's personal history or the details about his political theory — please do more research if you're curious: I am confident that you will come to the conclusion that LaRouche's opinions and beliefs are fanatical, impossible, lunatic, dangerous and radical. But my point in

writing this article is to address how we, as sane and analytical people — especially as Hopkins students — should react to this type of misguided pontification. Unfortunately, LaRouche PAC is just one example of a plethora of radical groups with distorted worldviews. And just because an idea is ridiculous doesn't mean it should be ridiculed in a way that is disrespectful to the speaker.

When a member of LaRouche PAC came up to ask Governor Martin O'Malley about Obama's impeachment, the collapse of the world economy and the nuclear war allegedly coming within the week, he was jeered, heckled and snickered at by the crowd of Hopkins students, professors and community members.

Although what he said was laughable, derision was not the appropriate response. An American was using his freedom of speech to put forth his honest beliefs. Free speech is the essence of democracy, and the responsibility to protect free speech and democracy lies in the hands of the "demos": the people. This right is in our hands, and for it to flourish, people must be unafraid to speak their minds. Not only this, but other people must be willing to listen, even to ideas and opinions that they think are ridiculous or downright incorrect.

I pause to clarify that free speech is different than hate speech. The differences between the two are not always clear, and definitions are not always easily applicable to real situations, but everyone should agree that we must protect one while preventing the other. There are obvious examples of hate speech — racism, libel, etc. There is a vast legal treatment of this topic based on constitutional law that I would

urge those interested to research. Being informed is always a good thing, since these distinctions and this guardianship over speech also lie in the hands of the people.

But this man's question, however silly, was not hateful. Thankfully, Governor O'Malley listened to the question with a straight, serious face amid the noise. When the LaRouche PAC representative finished asking if the Governor would take action along the lines of LaRouche's ideas, O'Malley simply responded "No," and addressed some of the elements of the position he felt were significant, like reasonable financial reform.

The important takeaway from O'Malley's reaction is that we must be respectful to others who express themselves. This is a universal precept that we all strive to apply to religious freedoms, sexual orientation, race, politics and any subject where different opinions exist. However, here at Hopkins we must strive not to struggle with this precept, but to embody it as an example to others. A university is most important when it acts as a focal point for discussion and the sharing of opinions.

Remember, respecting someone's views in no way requires one to accept them. One need not consider someone's opinion to be valid to recognize their right to have that opinion. We should work within the confines of acceptable and appropriate methods to work against crazy ideas, rather than simply lampoon the people who express them. It is more effective to engage in rational discussion than to belittle and insult.

Nathan Bick is a freshman from Washington, DC, majoring in Economics. He is a Staff Writer for The News-Letter.

Promoting mental health not same as educating about mental illness

By CARISSA ZUKOWSKI

With February being Mental Health Awareness month, Hopkins students have recently been bombarded by Facebook statuses, emails and flyers on the Breezeway promoting the topic. Most of us understand the gist of it: don't stress too much, talk to someone, look for red flags from our friends, etc. We are also aware, to some extent, of the prevalent role that mental health disorders and diseases play in competitive and ambitious environments.

In response to this, however, I find it imperative that mental health be discussed outside of the facade of therapy, pills and wards. Being "aware" of these things is not enough, for as much as I would like to believe that mental health is a priority in today's society, there remains a disheartening negative stigma associated with certain disorders.

The late teens and early twenties are the predominant years in which many disorders become known and are often formally diagnosed. However, this is also the time in a young adult's life where they are beginning to understand freedom, personal responsibility and what it means to be their own person, rather than a mere product of the people that surround them. With this newfound independence, there inevitably follows an unknown burden of self-understanding and direction. And to be frank, the future is really scary to most people; the unknown can be pretty terrifying. As students, we need a way to distinguish mental health from the regular ups and downs of everyday life.

So, what is mental health? Mentalhealth.gov defines it as follows:

"Mental health includes our emotional, psychological and social well-being. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others and make choices."

Note how mental health is a positive state, measured on a scale of "well-being," rather than illness. It focuses on the good, instead of the bad. Unfortunately, this is where Mental Health Awareness Month falls short.

Throughout the month, students will be notified of the dangers of mental illnesses like depression, eating disorders and self-mutilation. Emails will be forwarded expressing the warning signs of these illnesses. But shouldn't this month, based on its title, be more about celebrating the healthy ways of thinking and dealing with life?

Our society too often focuses on the bad while failing to celebrate the good. This is not to say that mental illness is not important, but we should also promote the healthy habits that many people practice for healthy stress relief. This would allow others to strive for these attitudes.

Inversely, the constant talk of mental illness creates a fear based understanding of the subject, and students worry about what could happen, for those who do suffer from clinical mental diseases. This worry isn't a bad thing in and of itself, but publicizing the imminent risks contributes to society's treatment of mental illness as a social taboo.

This may be an overgeneralization, but there is usually more to a mental disorder than its diagnosis. Mental disease af-

fects all facets of a person's life, including their studies, their daily routine and their relationships. While it is critical that those in need of help seek it, it is equally important that as a society we worry less about the instability that mental illness creates, and focus more on the positive.

Any obstacle can be overcome. Perhaps this is the optimist in me speaking, but I do believe that when there is a will, there is a way. Professional therapists, psychiatrists and pharmacists have provided a way for those who suffer from mental illness to get treatment; it is our responsibility to help them find the will.

There are multiple reasons for people to avoid getting the help they need, and unfortunately, one main reason is fear. People are afraid of judgement, of change and of disappointing others. If we change the dialogue of mental health into one that is concentrated around the promotion of sound mental health, instead of the elimination of mental disease, we can find a better solution through open discussion.

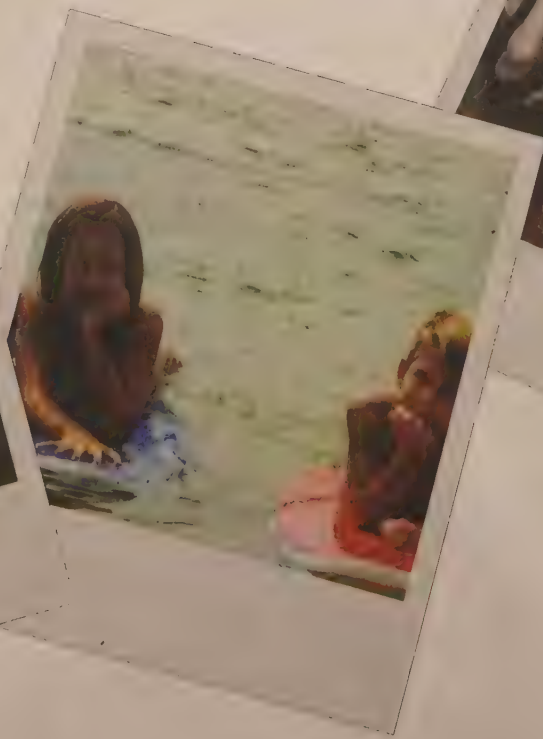
This is an oversimplification of a complicated issue, but it is a start. We need to be more conscious of how we perceive mental illness and how we perceive mental health, and the differences between the two.

These two terms are not antonyms as one who suffers from a mental illness, such as depression, can be mentally healthy. It may not be through the same means, but the end is always attainable.

Carissa Zukowski is a freshman from Baltimore, Md. She has not yet declared a major. She is a Staff Writer for The News-Letter.

PHOTO ESSAY

Throwback Thursday: Editors' old
spring break adventures



THE B SECTION

News-Letter

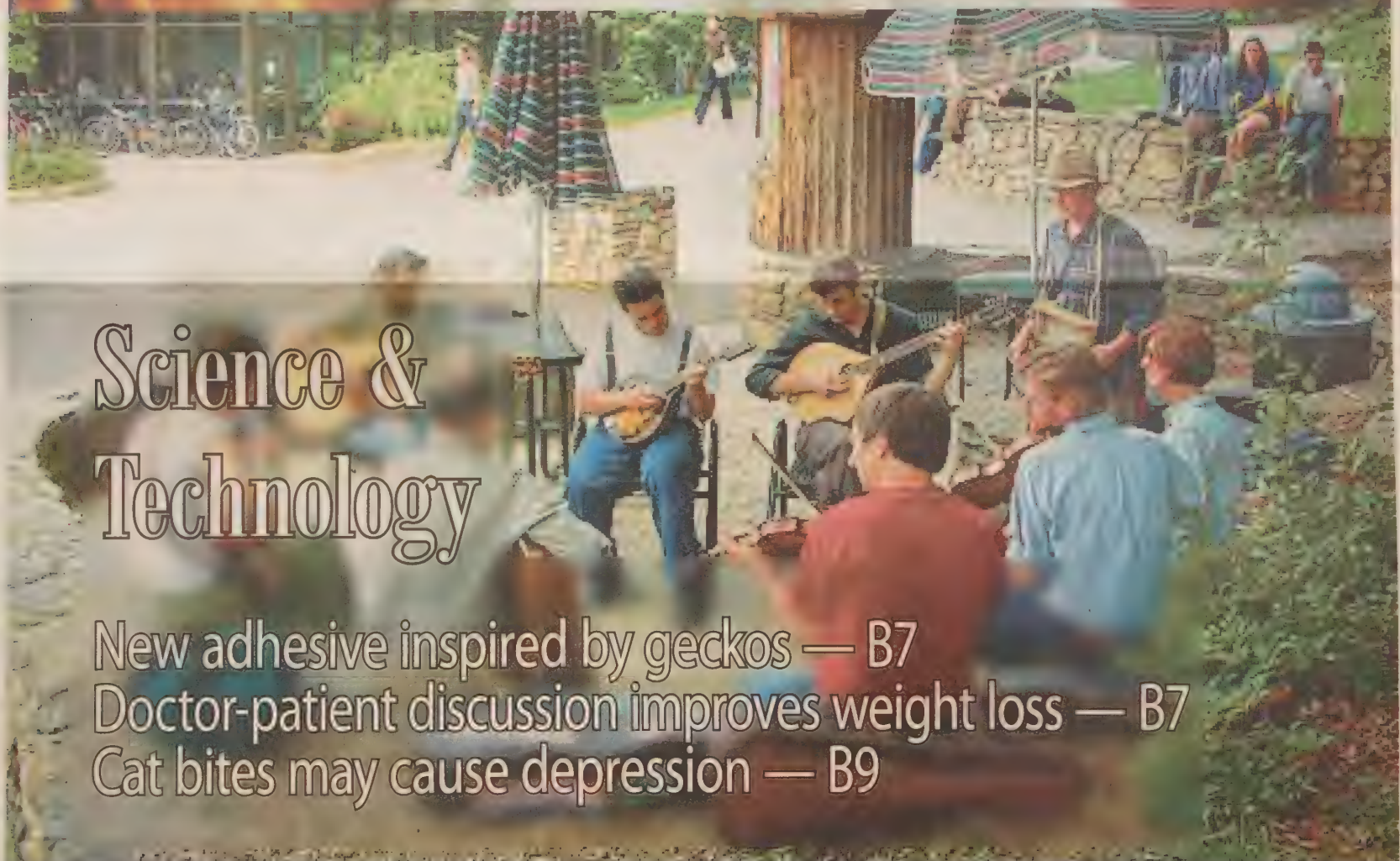
Your Weekend • Arts & Entertainment • Cartoons, Etc. • Science & Technology • Sports

MARCH 6, 2014



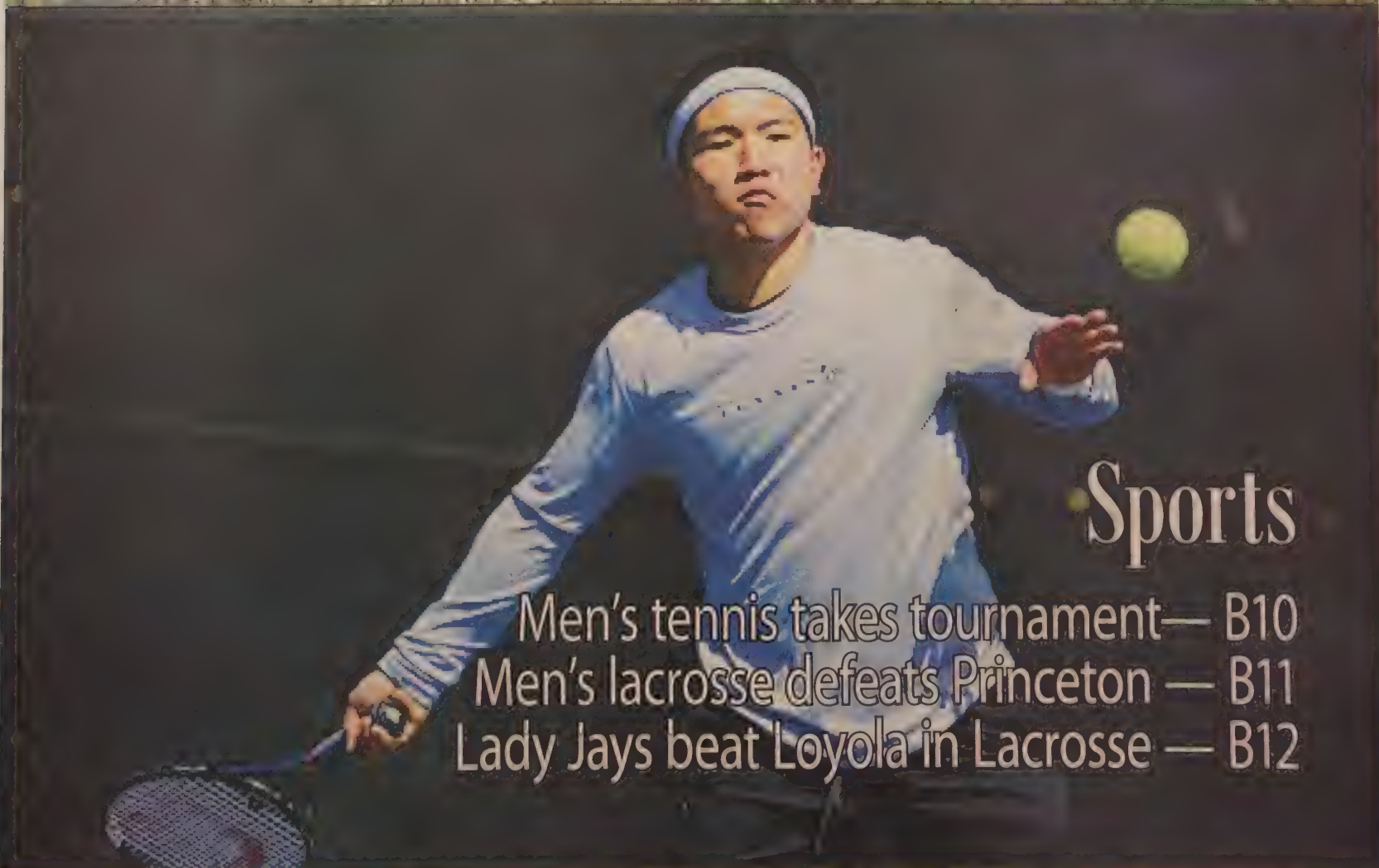
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Pharrell's new solo album *Girl* released — B3
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Sports

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Lady Jays beat Loyola in Lacrosse — B12

YOUR WEEKEND MARCH 6-9

Organic Mt. Vernon shop has it all

By SALLY HWANG
Your Weekend Editor

Despite the hippie stereotype that stems from my California origins, I'm not usually one to actively go hunting for all-natural super healthy foods. Sure I'll try a kale chip, but I'll probably say no to hemp seed cereals and vegan cheese. So it might come as a surprise when I found myself in what seemed like the most tree-hugging, hippie-town place in Baltimore this past weekend.

Even from the outside, Ok Natural Food Store emanates all-natural energy. The façade and interior are lined entirely in wood, giving it the same earthy atmosphere as Whole Foods but with a distinct 70s touch. Located on a block lined with brick rowhouses and storefronts, it certainly sticks out.

From the Homewood campus, the store is easily accessible by the JHMI. Take the JHMI all the way down to the Peabody stop. Ok Natural Food Store is on Preston Street, which is about a 10 minute walk from the Washington Monument.

Family owned and operated since 1978, the natural

grocery store is well stocked with a lovely small-business touch. It is rather small, but jam-packed with bulk grains, herbal remedies, organic foods and more.

The small staff is friendly and willing to answer any of the questions you have about their many products. If you have a cold, you might also want to consult with whoever is behind the counter to ask about their herbal remedies. They are knowledgeable about their products and willing to order things for you that are not in stock.

Though their sign advertises the place as a café as well, I would say that the sign is highly misleading. They have no sitting area and do not prepare meals to sell. However, they do have a nice selection of vegetarian and vegan to-go foods that are nice if you're in a hurry or just looking for some meat-free options.

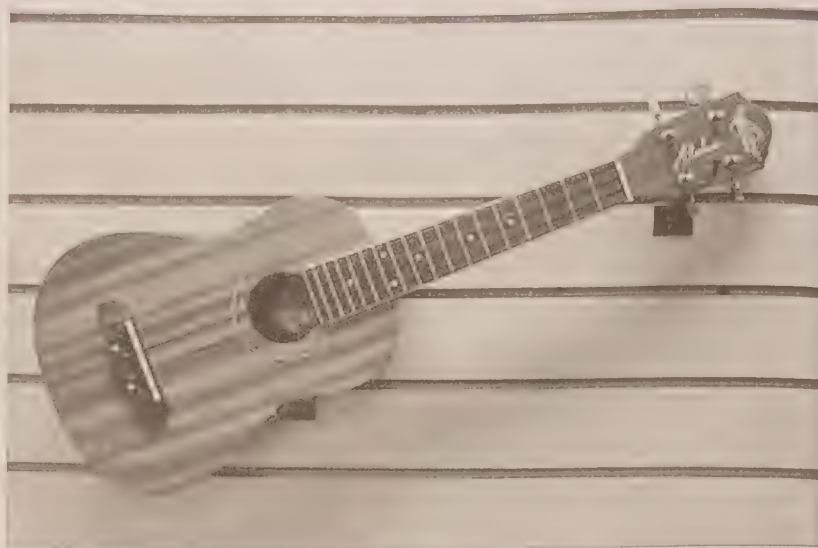
Don't let the size of the place fool you; they have everything from bulk spices and grains to fresh dairy products and even incense and oils. I took a look at their sale shelf and was shocked to see even cat food there.

As a broke college stu-

dent, I was concerned about the price and was delighted to see that they have a sale shelf, where items are all 40-50 percent off. For the quality of their organic foods, I'd say their pricing is quite fair, especially for a natural foods store so accessibly located in the city.

Avoiding the alien-looking chia seed grass drinks, I picked up a bottle of something labeled Chai Cola, which I hoped was chai-flavored coke. I love chai and I love coke, so I figured chai-flavored coke was something I'd like to try. It was an interesting, slightly spicy mix and I suppose a bit healthier than other soda options — it was sweetened with real cane sugar.

For any health nuts or the organically obsessed, Ok Natural Food Store is an oasis of all-natural foods in a city that has few other options besides a small Whole Foods in Inner Harbor. Though, I guess since Char Mar's transformation into a lesser Whole Foods, we can add it to the list. And since it's located so close to campus, I suppose even I will admit, Ok Natural Food Store is definitely more than just okay.



MUSICGOROUND.COM

A used Oscar Schmidt OU-2 Ukelele is among the many quality instruments available at Music Go Round.

Long weekend leads to weekend fun

By KEVIN WELLS
Your Weekend Columnist

A three-day weekend thanks to snow, every Hopkins students' dream, right? This weekend was supposed to be pretty exciting, filled with celebration, a little work and an exciting concert. Unfortunately, plans fell through when I contracted a cold, had some financial trouble and more. While I didn't do one major thing over the course of this weekend, it was filled with a few pleasant surprises.

On Saturday I went to a hole-in-the-wall Filipino buffet in Ellicott City. I sadly don't have the name of the place, but I can assure you that if you've never had Filipino food before it's definitely worth a shot. I grew up eating Cuban food and, while there are obviously differences, a lot of the food reminded me of "carne con papas" (meat and potatoes) that I had growing up. Most of the Filipino places in the area are only around \$10 or so, so they all tend to be relatively fair, price-wise.

Sunday was supposed to be grand; I had tickets to go see The Sing-Off Tour at the Baltimore Sound-

stage. For those of you who haven't seen The Sing-Off, it's where Pentatonix first became famous, easily the most marketable and successful of groups to have appeared on the show. There was even an all-female barbershop quartet from Baltimore on the show, M AXX Factor, a great illustration of the diversity the show has fostered over its past four seasons. For a cappella enthusiasts, I'd advise you to check out the show. Admittedly, the show is the reason I ever even auditioned for an a cappella group at Hopkins. The groups have gotten exponentially better from the first season as the show's picked up steam, and the arrangements are amazing. Unfortunately, due to a combination of rain, difficulty in getting back to campus and my cold, I was unable to go, but for those of you able to watch the show online I recommend you do so.

Monday was a snow day, which is great. I'd never had a snow day until this year, but they must have been great blessings for Northerners back in high school. I had the opportunity to capitalize on something I've been planning to do for months; buying and learning how to play the ukelele.

I learned a variety of instruments in high school as a hobby, but never had the opportunity to fulfill my dream of serenading that special someone to a Jason Mraz song, or something cheesy like that. Anyway, after much searching we came to "Music Go Round", a shop that sells guitars, basses, ukuleles, keyboards and wind instruments. I went to help a friend pick out a bass guitar and was very impressed. Most of the instruments are used, so it's relatively easy to find something reasonably within your price range. Testing out the basses available was fantastic; for lack of a better analogy, I felt like a kid in a candy shop. There was a five-string fretless bass with a gorgeous tone. Unfortunately it ran for \$1,000+, although it was still an incredible deal considering the quality of the instrument. They had about five or six basses that ran below \$120, which is rare. More importantly, they were great basses. I also picked out a nice ukulele and fulfilled my personal dream of learning one, but all in all, it's a really great shop.

Overall, despite unexpected barriers, it was a great weekend.



TIGERTOWSON.EDU

The Ok Natural Food Store has a wide variety of natural grains that it sells in bulk to organic foodies.

Noteworthy Events



JHU MERRICK BARN VIA FACEBOOK

The play is presented by the Hopkins Theater Arts & Studies Program.

JHU Presents: Good Television

8 p.m., 2p.m.

Thursday March 6 - Sunday March 9

Merrick Barn

Come watch as fellow students perform Rod McLachlan's critically acclaimed play, *Good Television*. *Good Television* goes behind the scenes of a reality show about addiction, exploring family ties as they are disrupted by camera crews filming an episode of the show. Tickets are on sale for \$5 with student ID, \$13 for senior citizens, JHU faculty, staff, alumni, and retirees, and \$15 general admission. Shows run all weekend long. Enjoy an evening in the historic Merrick Barn, located next to Brody Learning Commons, as theater students bring this complex and riveting play to life.

Plungefest: The 18th Annual Polar Bear Plunge
12 p.m.
Saturday March 8
Sandy Point State Park

Every year, thousands of Baltimoreans jump into the freezing cold waters of the Chesapeake Bay to raise money for charity. Proceeds from the event are used by the Maryland State Police to fund Special Olympics Maryland. The minimum participant fee is a donation of \$75, but higher donations are accepted and encouraged with prizes. The event will include live music, tailgating, games, contests and more. Though the water may be frigid, the warm-hearted participants always have a great time.



KINTERA.ORG

Participants enjoy the freezing water during last year's Plungefest.



MARYANNEVENTRICE VIA FLICKR

Amy Schumer performs (left); Baltimore Dance Invitational (right).



THEATREPROJECT.ORG



WHWWEB.COM



BUTTEREDNIBLETS VIA FACEBOOK

Tony Woods performs (left); The Buttered Niblets members (right).

Calendar

3/6 Amy Schumer (Towson University)

Baltimore Dance Invitational (Theatre Project)

Tony Woods (Baltimore Comedy Factory)

3/7 The Buttered Niblets Improv Show (Arellano Theater)

3/8 Shriver Hall Concert Series: Minetti Quartett (Hodson Hall)

Animated Orchestra (Meyerhoff Symphony Hall)

3/9 Baltimore Honey's Honeybee Workshop (Baltimore Free Farm)

ARTS & ENTERTAINMENT

Hopkins Symphony Orchestra conveys vivid imagery “Harmonies for Hope” funds cancer research

By SHERRY KIM
For The News-Letter

On Saturday night, Shriver Hall was packed with students, parents, professors and even the greater Baltimore community, all gathered to watch the Hopkins Symphony Orchestra's annual March concert.

The auditorium was filled with excitement from the audience, eagerly anticipating the night's music.

The concert began with the unveiling of a piece very recently composed by James Lee III, titled “Alas! Babylon's Final Sunset.” This piece is part of a series of works by Dr. Lee that, according to him, “musically comment on the biblical Books of Daniel and Revelation.

This piece in particular attempts to recreate the picturesque images in chapter 18 of the Book of Revelation.

Dr. Lee's compositions have recently gained widespread popularity among musicians. His work has been performed by groups ranging from the Baltimore Symphony Orchestra to the Detroit Symphony Orchestra. He is also currently teaching as an associate professor at Morgan State University in Baltimore.

The night continued with the Hopkins Symphony Orchestra's powerful rendition of Ferde Grofe's “Grand Canyon Suite.”



DANIEL DYLAN ALVAREZ/PHOTOGRAPHY STAFF

The Hopkins Symphony Orchestra's concert music was inspired by the Bible and the Grand Canyon.

Holding true to its name, this number was inspired by the Grand Canyon. According to Max Derickson, Grofe was “profoundly inspired [by] the magnificence of colors, the colossal-ness, its roaring silence” and thus decided to try and compose a musical equivalent that captures the essence of the Grand Canyon.

The Hopkins Symphony Orchestra finished off the night with “Pictures at an Exhibition” by Russian composer, Modest Mussorgsky. “Pictures at an Exhibition,” also true to its name, is a piece that

tries to evoke the images and emotions experienced while observing paintings of Russian artist Viktor Hartmann.

The individual pieces selected for the night contrasted one another but were still tied together by the thread of imagery. Each of the individual pieces selected created very strong, mental pictures. Lee's piece is an attempt to recreate the scenes depicted in the Bible's Book of Revelation; Grofe's work is the captured essence of a landscape's beauty; and Mussorgsky's composition is the musical counterpart to the emotions evoked through paintings.

“The night was really all about imagery,” Conductor Jed Gaylin said. “The Grofe Grande Canyon Suite” [is] often considered a lighter work... and I wanted to put it with something equally imagistic but also serious so that the two would talk to each other... Lee's music [is] also very much that way... very imagistic, very shimmering, very splashy orchestration.”

Conductor Gaylin also explained his philosophy on music and the Hopkins Symphony Orchestra's performance.

“It's such an incredible

experience to share this [performance] with undergraduates studying about the humanities and music... To have the best example of what those humanistic studies are, come alive in sound, it's incredible,” Gaylin said. “My feeling is, always after a Hopkins Symphony Orchestra concert, more or less accurate is not the main thing. [The main thing is] the feelings and emotions the music conveyed.”

Staying true to his word, the Hopkins Symphony Orchestra successfully brought its audience on an emotional journey through its music.

The next upcoming event for the Hopkins Symphony Orchestra is on Saturday, April 26. The concert will feature performances by the 2014 Hopkins Symphony Orchestra Concerto Competition Winners: Conor Hammonds, on the tuba, and Alice Huang, on the violin. The symphony orchestra will also be performing Jean Sibelius' En Saga, as well as Igor Stravinsky's Firebird Suite.

So be sure to mark your calendars this April, and come to Shriver Hall at 8 p.m. to enjoy a night filled with powerful music and passionate energy.

By AUBREY ALMANZA
Arts & Entertainment Editor

On Feb. 28, Relay for Life invited the Hopkins community to watch five a cappella groups perform in Mudd. The event, entitled “Harmonies for Hope,” sought to raise awareness and funds on behalf of the American Cancer Society.

Evening host Randy Bell began by welcoming and thanking attendees for contributing to Relay for Life's cause. Bell explained that each group donned a specific color to designate the strain of cancer corresponding with facts and figures presented between sets.

The Vocal Chords — dressed in red to represent bone marrow cancer — opened with Zedd's “Clarity.” Kaleigh Choi and her backup percussion excellently picked up tempo before ending as softly as she started. Nick Uebele undoubtedly performed his best rendition of “Demons” to date. The Imagine Dragons cover was calm, controlled and proved to be a highlight of the night. Uebele was at his finest and even stole the spotlight during The Vocal Chords' closing song, “What Now.”

Clad in pink in honor of breast cancer, The Sirens followed with hits including Journey's “Don't Stop Believing,” Lady Gaga's “Edge of Glory” and The Beatles' “Let it Be.” Most impressive from the entirely female group was leading vocalist and percussionist Mary Treinen. Not only did Treinen solo, but she also kept the beat blasting song after song.

The Mental Notes took the stage next, wearing white (under Hawaiian shirts) to commemorate lung cancer. The comedic group repeated two ICCA favorites “We are never getting over Taylor” and “This Final Sucks,” arranged to the tune of Josh Groban's “You Raise

Me Up.” Senior Malachy Duffy particularly shined with his portrayal of “One Semester of Spanish, Spanish Love Song,” which kept the audience in a fit of laughter from start to finish.

The Octopodes represented colon and prostate cancer in their usual blue garb. Freshman Will Harrison kept the atmosphere light-hearted and energized with MTKO's “Classic.” Powerhouse Lajari Anne gave a very controlled, moving performance with her usual solo “Who You Are” by Jessie J. The Octopodes ended with a bang as sophomore Corbyn Yahp dominated Bruno Mars' “Runaway Baby.”

Fittingly dressed in black to signify the dangers of melanoma, The AllNighters ended the night with three outstanding pieces. Sophomore crowd-pleaser Brian Gilbert opened the set with a smooth cover of “Treasure” by Bruno Mars. There's no doubt that Gilbert is a born entertainer, for he naturally played into Mars' lyrics with head bobbing and hip swaying. In addition to succeeding as the best percussionist of all five groups, John An melted hearts with Hunter Hayes' “Wanted.”

Hopkins' premier boy-band channeled another famous group of heartthrobs by closing with One Direction's “Story of My Life.” Junior Ari Messenger and freshman Brad Bowers ended showcase on a perfect note with hands in the air and spirits lifted.

Thanks to the talented performers and host Randy Bell, The Harmonies for Hope event raised a whopping \$600 through ticket, merchandise and dessert sales. This contribution will add to Hopkins Relay for Life's grand total of \$18,000, all contributing to cancer research and patient support programs.



DANIEL DYLAN ALVAREZ/PHOTOGRAPHY STAFF

The HSO concert aimed to deliver both great music and deep emotions.

Pharrell's GIRL features too many collaborators

By JOHN SWEENEY
Staff Writer

Out on March 4, Pharrell Williams' new solo album, *GIRL*, was his first in eight years and a refreshing break from a year stacked with collaborations, features and producing.

2013 was huge for Williams who appeared on several of the most well known tracks and albums of the year.

When he was not behind the scenes turning rough sketches into chart-topping hits, he was lending his voice to make them even better.

Pharrell received a lot of attention and radio play for his appearances on “Get Lucky” by Daft Punk and “IFHY” by Tyler the

Creator, as well as his production of controversial hit “Blurred Lines” by Robin Thicke.

Williams also picked up four Grammy Awards for his work on the Album of the Year, Daft Punk's universally acclaimed *Random Access Memories*. *Random Access Memories* received a score of 87/100 from Metacritic, a site that compiles and weighs critic and user reviews.

It has been a long time, however, since Pharrell Williams has put out new music of his own. His most recent efforts, N.E.R.D.'s 2010 album, *Nothing*, and his 2006 solo album, *In My Mind*, were received with mixed but mostly average reviews by

SEE PHARRELL, PAGE B5



COURTESY OF NOISEYVICE.COM

GIRL, released by Pharrell Williams, is an impressive addition to R&B.

Michele sings to lost love, Monteith, in *Louder*

By AAFIA SYED
Staff Writer

Lea Michele, 27-year-old Golden Globe and Emmy nominated singer/actress and Broadway star, has become even popular in recent years through her lead role on FOX's *Glee*. Her latest achievement is the Feb. 28 release of her debut album, *Louder*, which was written by Sia and co-produced by Stargate and Dr. Luke's protege, Benny Blanco. Although Lea unfortunately disappoints, the album was a brave step outside of her comfort zone and genuinely reflects of her state of mind following the death of boyfriend Cory Monteith.

True to its name, *Louder* is mostly a compilation of ballads in which Michele's normally powerhouse, Broadway-esque voice shouts and yells more than it sings. The album fails to showcase her authentic, phenomenal talent. The music throughout the album is simplistic, which only serves to tone up Lea's shouting, rather

than meshing with her overwhelming voice or toning it down. Ironically, most listeners will find themselves turning the volume down while they

are memorable in the way that good music is, especially not the debut single, “Cannonball,” which she released prior to the album.



COURTESY OF MELLSSA666 VIA FANPOP.COM

Lea Michele, pictured with Matthew Morrison in *Glee*, released her new album, *Louder*.

listen to this album.

Most of her fans were expecting ballads — probably with that one amazing note thrown in there somewhere — but Michele's songs are more than cliché. None of them

The one redeeming song on the album is “If You Say So.”

“It's been seven whole days, seven whole days since you paralyzed me,” Michele sings.

The song, written by

Michele, tells the story of her last conversation with Monteith and shares her current feelings with as much honesty as one can muster. This snippet of a conversation Michele's fans are now privy to is haunting because it is relatable to everyone who has ever loved deeply. The final words they exchanged are words we have all exchanged with someone at some point, and there is something heart-wrenching about that realization.

Throughout this song, Michele even admits to her anger with Monteith, whose highly publicized death was a result of a drug overdose.

In one line, Michele asks him, “How could you leave me this way?”

“If You Say So,” clearly a love letter to Monteith, is by far the most emotional song on the album.

The lyrics are honest, relatable, touching, beautiful and devastating all at the same time.

However, although many reviewers have been quick to label *Louder* as a

SEE LOUDER, PAGE B4

ARTS & ENTERTAINMENT

Downton continues to awe in fourth season

I did not know if I could ever enjoy *Downton Abbey* again after the finale of series three (Britain uses "Series" instead of "Seasons"), where everyone's favorite *Downton* man and new father, Matthew Crawley is killed in a car crash. While it was stated that it was the Matthew's actor, Dan Stevens' decision to leave the show — not the writer and creator Julian Fellowes' idea — the choice to have Matthew killed off the show was painful for viewers to digest.

After three season of romantic work-up, the finally-married-and-happy Lady Mary Crawley loses her beloved husband in a car crash and becomes a single mother all in the last second of an episode.

Despite all the grief surrounding Matthew's death (quite a strong movement for a TV show character), I still looked forward to the premier of series four of the British, internationally acclaimed hit. I counted the days until Jan.

5, 2014 when series four premiered and would begin its newest, eight week, eight episode *Downton* season.

I don't want to give anything major away in case some who are reading this article have not had the chance to watch series four yet. However, I will touch on some of the main aspects that I felt made this show's fourth season phenomenal.

First and foremost, the biggest questions viewers came into the series with pertained to Mary's reaction to Matthew's death, her new role as widow and mother and how the world of *Downton* would change without Matthew. My favorite quotation from this season is in the very first episode, where Mary's grandmother, the Dowager Countess, played by the brilliant Maggie Smith, addresses the grieving Mary: "You have a straight-forward choice. You must choose either death or life," she said.

Taking her grandmother's wise advice, Mary from the start of the series, chooses to live — not forgetting Matthew — but not letting his death act as the end of her.

In the wake of Matthew's death, a new and unexpected world is opened up for Mary. In his will, Matthew leaves her the right to control the *Downton* estate alongside her father. The heartbroken but determined mother takes it as her mission to build a strong estate so her baby son, George, can inherit it when he is of age. The struggle of the British, upper-class, estate owners against the rising era of industry and commerce is seen through Mary's reformation of *Downton's* economic running. Not letting her status as a woman impede

on her ability to lead, she takes the reins of *Downton* with avid curiosity and determination. At times disagreeing with her father, the more conservative Earl of Grantham, she takes the confidence bestowed in her by her brother-in-law, Tom Branson and begins to follow the path drawn by the late Matthew, leading *Downton* into a new era of productivity and economic well being.

In the mean time, romantically, not one, but two suitors climb up the ranks in Mary's opinion and heart. First to appear in the series is the handsome, tall and pleasant

Lord Anthony Gillingham. An old childhood friend of Mary's who falls instantly for the new widow when he meets her again years later, Gillingham thinks with his heart instead of his mind.

We grow to love his sweet words, sweet facial expressions and deep confessions of love for Mary. Mary is taken by Gillingham for his kindness but reminds him to be patient, for she is not over Matthew, and it will take time before she is ready to marry again.

Second to arrive, but making just as big a splash, is the dashing, intellectual suitor, Mr. Charles Blake. Initially, Mary and Mr. Blake loathe each other, as they play for opposite teams. Mary wants to maintain *Downton* as an aristocratically run estate, whereas Blake wants to demolish all aristocratic rules and social standings. As the series progresses however, the two grow to be friends. Over a mud fight in *Downton's* farm house, even some sparks begin to fly. Mr. Blake, an extremely handsome thinker and someone who challenges Mary's ideas, begins to see her in a new light. Mary senses this new romance and, like her response to Gillingham, lets Mr. Blake know that at the moment, she cannot happily take either of them.

We are left at the end of series five not knowing who Lady Mary will choose, but we are left with the hope that love can still be in her future.

If you think Mary's story is compelling, I have not yet even touched on the remaining storylines told in *Downton's* episodes. With a cast of nearly 20 stars, each with their own interesting and fully developed story (please



COURTESY OF VENUSNIGHT VIA FANPOP.COM
Acclaimed British TV show *Downton Abbey* returns with superb acting and storylines.

know that Mary is not the only wonderful character in this show), *Downton* continues to amaze me with its strength of characters, real emotion, visual beauty and wondrous, touching writing. I could write a multiple page article on the growth of each character in this show, but I'd prefer that you watch the show yourself instead of solely taking my word for it.

Each character of *Downton* is faced with new challenges in this series. Whether we look upstairs at the Crawley family, or downstairs at the staff who work for them, all of the characters, in some way, struggle to maintain and find themselves in a progressing 1920s world that changes by the episode. Issues of abortion, rape, murder and racial discrimination arise in this loaded series. Yet, at

the end of each episode, we are left smiling, as if we just finished a lovely cup of tea with some old friends. To me, a show with wrenching material, but one that leaves audiences smiling is a show worth watching.

After finishing the series finale this past week — after eight magnificent episodes — I am fully satisfied by the comeback of *Downton Abbey* and am honestly grateful that shows like this are being made. This show brings so much happiness to people around the world, and after watching any episode, you will understand why. Unfortunately, I have to wait until next year for series five to begin, but in the mean time, I'll have time to ponder: am I on Team Gillingham or Team Blake? I may just have to watch a few episodes again to figure it out.

Louder a sorrowful but unimpressive album

LOUDER, FROM B3

of an album, it has a way of conveying sincerity in all of its imperfection. Perhaps Michele fails to properly move her audience, but she is more than just a celebrity. She is simply young and human. After all, she just lost her best friend. Her album and its incredibly simple, nonspecific lyrics, sound like layers of pain and confusion rather than understanding, colored by irrationality rather than vulnerability. Even so, all of the elements of her music reflect what she was going through during the time that this album was created and released. *Louder* opens with the word "break-down," perhaps signifying the ways in which the rest of the album would tell the story of the way her experiences broke her apart.

On TV, Michele's large, innocent, brown eyes help to balance out her singing voice, which reaches unimaginable heights; she does not have this advantage on her album. It has long been suggested that her talent — much of which is inherent in her actual performances — is best suited either for the stage and the screen as opposed to the world of music alone. Her voice, this album reveals, is even less suited for pop songs, in which her rather formal, old voice sounds at odds with the fun, young beats to which she sings.

Many of the ballads on this album begin with a soft sound but then dive into a characteristic Lea Michele chorus that can only be described as "wail-

ing," but in a way this is appropriate, as the entire album, composed of songs that did not really go well together, is a painful release of emotions for this jaded artist — a reflection of her turbulent state of mind and heart. The most extreme song on the album, "Burn With You," conveys her preference to burn in hell with her love, rather than enter heaven upon her own death.

Since Michele is so experienced in the world of entertainment, it can only be assumed that she chose to release these songs despite their many apparent flaws. Perhaps this album was more for her than it was for anyone else. However, although this motivation is probable, she has failed to start off her singing career (separate from acting) with the proper "bang" that many of her fans expected.

Had the album been released prior to Monteith's death, it would have been extremely different, and fans' expectations would have been completely different. Her song choices might have been more pleasing to listeners and more beneficial to her career, and fans might not have expected some kind of emotional journey to occur throughout the album, resulting in the right amount of tears at the right moments.

The timing of this album's release most definitely affected how well-received it was, or in this case, how it was not particularly well received.

Blank Project soothes with emotional lyrics

By DAVID BERENATO
For The News-Letter

Swedish singer and songwriter Neneh Cherry recently released her album, *Blank Project*, this February, a strong addition to her diverse assemblage of musical compilations.

The album title is deceiving, as Neneh Cherry has surely experienced much since her last solo album, *Man*, was released in 1996. The album is, however, stylistically different from her previous works, offering more simplistic sounds compared to the instrumentally heavy hip-hop and dance style of past albums.

This is not to say that *Blank Project* is less complex than other albums by Neneh Cherry. The simplicity of the rhythms draws more attention to the lyrics of the songs, which she clearly enunciates and expresses with the smooth yet direct quality of her voice. In this way, the album title is fitting, reflecting a fresh approach to her music and a new stage in life for Neneh Cherry, nearly 18 years after her last solo album release.

Neneh Cherry has been immersed in music from a very young age. Her stepfather, Donny Cherry, was a well known jazz trumpeter, and his family travelled with him to various music festivals. This early exposure led to the vocalist's involvement with several punk style bands and deejaying before she set out on her solo career. The influence of the varying styles of music that Neneh Cherry was exposed to, especially at such a young age, can be heard on her albums. Her musical style continues to evolve as she matures, as is especially clear with her latest album.

Blank Project synthesizes earthy tribal rhythms with more electric sounds, establishing a pulse that accompanies the singer's but-

tery voice.

There is a rhythm and blues sound to Neneh Cherry's music. Her song, "Across the Water," sounds like an intimate lullaby with the use of only slight instrumentation. A drum beats behind Cherry's voice while she carefully enunciates poetic lyrics:

"cracks in fall lines
NYC talks to me/
Slow like some rivers
on our mother's
TV/NYC she speaks

to me in tongues/Keeps me to her breast, pumps air into my lungs," she sings.

The occasional maraca shakes in the background, its rustle cooing to and soothing the listener. Cherry's lyrics are far from repetitive and instead make use of literary devices, suggesting that she could just as well be a stand-up poet.

While many of the tracks on the album are soothing and perfectly suited for a lazy Sunday evening, Cherry's lyrics are far from emotionally uncomplicated. It can be inferred that her mother's death only a few years ago influenced her music. On her track "Across the Water," she addresses the topic:

"since our mother's gone,
it always seems to rain [...]
My fear is for my daughters,
but good God will show them me," she laments.

Neneh acknowledges her mother as well as her



THEQUIETUS.COM
Swedish crooner Neneh Cherry delivers powerful vocals and musicality on *Blank Project*.

own role as a mother, evoking the passing of time. This feels appropriate as Neneh Cherry's perspective on life has clearly grown since the release of her last album.

Compared with many of the younger electronic artists popular today who radiate a sense of immortality and with extreme energy, Neneh Cherry sings honestly about her experiences as she grows older and is cognizant of time as an entity. The repetitive and soft instrumentation of "422" drifts in and out with Neneh's voice as she sings:

"Like birds of prey every single day I was feeling younger/As the days, passed me by/All the feelings are all on the rhythm./ You won't find a snitch where you go/Cause the snakes will grow," she says. Strange melancholy as her voice fades away

and out of the song.

Cherry further evokes her own evolution with her keen ability to illustrate intangible experiences. In the song "Weightless," which features a grungier synth and louder drum beat compared to other tracks, accompanies Cherry. Her imagery-laden lyrics suggest the opposite mood of the instrumentation, creating a powerful tension within the song. Cherry is confident, yet does not shy from her vulnerabilities. Her track "Blank Project," on which she collaborates with singer Robyn is similarly strong musically and also exudes emotional tenseness with its lyrics.

The stark emotions painted in *Blank Project* offer every listener, regardless of their age, music to reflect upon and consider their own evolution as individuals.



COURTESY OF RORYANDDEAN6 VIA FANPOP.COM
The new series of *Downton Abbey* features Lady Mary's love triangle.

The Wind Rises is a Miyazaki masterpiece

Wall Street ends up muddled and overwhelming

By DAVE BERENATO
For The News-Letter

Japan's animation expert, Hayao Miyazaki, has been a bit indecisive lately about his career plans, which centered on his latest film release, *The Wind Rises*. The 73-year-old Studio Ghibli co-founder has put out a stunning 11 feature films, and this one will be his last before he retires.

This is also not the first time that Miyazaki has warned of his retirement — many times before he has made a statement that a certain film would be his last, always to come back to his love of filmmaking with a great idea for a new feature. The most successful Miyazaki films include *Howl's Moving Castle* (2004), *Ponyo* (2008) and the Academy Award-winning *Spirited Away* (2001).

The Wind Rises handles a sensitive and widely criticized subject, the dramatized biography of Jiro Horikoshi, a Japanese designer of the Mitsubishi A5M, used by Japan during World War II. To Americans, this seems like dark matter for an animated film, as we often associate animation with movies made for children, but Miyazaki refuses to conform to this stereotype. His films often include adult themes, and this one may be one of the darkest of them all.

It is probable that some American audiences might be uncomfortable watching a film about a man who designed aircraft for a world power that America fought during World War II. However, Miyazaki makes this character, Jiro, a likeable, intelligent man with a boyish face. He looks so young for his age that he could be a child playing with airplane models. Instead, he is designing aircraft that enacted immeasurable destruction in the 1940s. It is very interesting how viewers witness him getting in fights as a young kid for defending a target of bullies, and we see him saving an injured woman after a massive earthquake.

Being so far removed from the events of World War II, the younger generation will likely find the film more accessible. Miyazaki wants his audience to believe in Jiro and to want him to succeed, but he knows that will not be as easy for American adults. Jiro's main inspiration for designing aircraft is Giovanni Caproni, an Italian aircraft designer, who reminds

him that people will use his creations for evil and violence. He is right; the Mitsubishi A6M Zero was one of the main aircrafts used in the attack on Pearl Harbor.

The relationship between creator and creation is, without a doubt, a mode of expression for Miyazaki's views on the artist. There is a line in the film that resonates so powerfully:

"An artist is only creative for ten years; we engineers aren't any different — live your ten years to the full," Caproni says to Jiro in a dream.

Miyazaki has been making feature films for 25 years now, and he wrote this line while believing that this would be his last film.

The most impressive part about *The Wind Rises* is Miyazaki's creative process. His hand draws nearly every frame of his pictures then passes the task of filling in the holes to his animation team, often redrawing the frames himself if he feels they have not properly captured his sentiment.

Miyazaki has explained in interviews that 2-D animation is being outrun by the major studios who can create beautiful 3-D animated films in half the time it takes him to make one of his own. But what Miyazaki does in terms of scenery and color is unbelievable, unmatched by even the Disney juggernaut *Frozen* or the less impressive *The Croods* and *Despicable Me 2*. The way his background adds to the emotional gravity of his story, and the way wind blows grass or paper airplanes is remarkably moving.

The Wind Rises is also a love story, which comes later on when Jiro is taking a break at a summer resort after a disappointing design fails in a flight test. The film straddles the love story and the story of a creative artist achieving his dreams. The title of the film comes from the French poem by Paul Valéry, "Le Cimetière Marin," or "The Marine Cemetery."

"Le vent se lève!... Il faut tenter de vivre!" is a line from the poem that is shown before the film and translates to "The wind rises, we must try to live."

Miyazaki's touching story lost out to the family friendly but well-deserving *Frozen* for Best Animated Feature at the 2014 Academy Awards, but in January 2014, Miyazaki retracted his statement that *The Wind Rises* would be his last film.

Another year is behind us, and with it another Oscar ceremony, full of affluence, excess and the Hollywood system congratulating itself for a job well done (theoretically). Films are praised; films are snubbed; mistakes are made in announcements; paparazzi invent controversies; all in keeping with the great Academy Awards tradition. Following that same tradition, Leonardo DiCaprio once again walks away without one of the coveted gold trophies. The roars of both outrage and laughter from the internet are, as always, deafening. But was DiCaprio's top-contender film, *The Wolf of Wall Street*, really a worthy contender? Theoretically, yes. In the given circumstances, absolutely not.

The Wolf of Wall Street, directed by Martin Scorsese, is, unfortunately, what

this reviewer refers to as a "blatant Oscar-bait" movie, the likes of which audiences have come to expect year in and year out. The archetypes are recognizable enough: usually based on a true story, a down-and-out protagonist, insurmountable challenges that are usually surmounted and so forth. Bonus points if the trailer is comprised entirely of sad, quiet music and narration. More bonus points if it addresses a red-letter social or economic issue. And, as far as "blatant Oscar bait" movies go, *Wolf* falls squarely within the boundaries but sadly does not offer anything compelling.

The film is based on the true story of Jordan Belfort (DiCaprio), the wealthy and extravagant Head of the Stratton Oakmont firm. After losing his original stock broker job early in the film, spending some time poor and jobless, he quickly turns his luck around, getting rich off corrupt and under-the-table dealings in penny stocks, allowing him to open his notable firm. Throughout the film, he rouses, carouses, parties, does copious amounts of drugs and becomes further and further entangled in deals and business ventures that take him increasingly far from the boundaries of the law. As Belfort enjoys his success, the FBI, under agent Patrick Denham (Kyle Chandler), draws ever closer to discovering Belfort's criminal enterprises.

The story itself is actually decently compelling. It has many interweaving elements and subplots that work very well together. Everything from the criminal investigation to Belfort's love affairs are handled relatively well, if a bit predictably. The issue with this film is not with the plot itself but rather with the fact that this film does not know what it wants to be. It certainly has plenty of dramatic elements featuring characters ripe with conflicts and personal issues. It builds up huge amounts of tension at times as well. Every scene with the FBI feels as though it could have been taken straight from a television crime drama. Then there are the moments clearly meant to keep the film lighthearted. The director might have thought that "drugs equal comedy" and was unfortunately quite mistaken.

The end result is a film whose elements are so muddled and diluted that it becomes impossible to tell what the film is meant to be. It is too light for a drama, not funny enough

for a comedy and not insightful enough for a meaningful historical piece. My best guess is that it is a comedy, and that is only because it made me laugh about as much as most bad comedies do.

The film commits the biggest sin that a "blatant Oscar Bait" movie can commit (and, sadly, one that almost all of them do): It relies on its subject matter to make it compelling. Unfortunately, unlike others of the pseudo-genre, that just is not enough to carry the day, here.

This is not to say the film itself is bad, though. Actually, far from it. It is simply a bad comedy. On other fronts, the film fares much better. DiCaprio's portrayal of Belfort is inspired, to say the very least, bringing both the charisma of Jay Gatsby and the ruthlessness of Edward Daniels. Other performers include Jonah Hill as Donnie Azoff, Belfort's close friend and accomplice, Margot Robbie as Naomi, Belfort's second wife, among many others too numerous to mention. The cast is incredibly large, but very well handled: It is simple — for the most part — to keep the large cast of characters straight, as each bring their own distinct quirks, stories and personalities. As skillfully as the characters are handled, however, their abundance only compounds the muddled feeling of the film as, again, there is simply too much going on.

Visually, the film is nice, but nothing revolutionary. It is based in modern New York City, which while easy to capture accurately, is not particularly mind-blowing. As well as it can be presented, the scenery just appears normal, if affluent, in



COURTESY OF 19987 VIA FANPOPCOM
Once again, Leonardo DiCaprio misses out on Oscar gold with *The Wolf of Wall Street*.

Flashframe Film Reviews



Tim Freborg

Pharrell showcases lyrical talent

Big-name musicians featured on GIRL

PHARRELL, FROM B4 critics. This time, Pharrell is ushering in the new year with a grandiose and heavily advertised solo record chock full of big name features.

Williams duets with Justin Timberlake on the second track of the album, "Brand New," a lively song laden with horns that beautifully brings together two of the greatest voices in pop music.

Miley Cyrus joins Williams for a little while halfway through the album on "Come Get It Bae." Alicia Keys takes over half of the singing duties on the infectious "Know Who You Are."

In addition, the always-grooving Daft Punk returns the favor for Pharrell's contributions to *Random Access Memories* on standout track "Gust of Wind".

However, the downside to his admittedly catchy album is that, instead of taking the spotlight and holding his own in front of the album's talented contributors, Williams often seems like the one being featured.

One thing about *GIRL* that is telling of this is the striking genre jumping

within the album — not always a bad characteristic, but one that tends to seem a bit out of place in this effort.

Despicable Me 2 gem and lead single "Happy" is a revival of finger-snapping Motown spirit, but the slow-jam in the second half

opener "Marilyn Monroe" showcase some of his best writing. He croons about the pop star over a beat that could get any wallflower out on the dance floor.

"Hunter" is a refreshing testament to disco, despite its suspicious similarity to the Bee Gees' "Stayin' Alive".

While not the most consistent album in terms of mood and genre, *GIRL* is certainly not a failure. In fact, from the quality of many of the songs, it is definitely closer to a success than the opposite.

However, considering the heavy marketing campaign and in the context of his recent work, this solo album comes off as a bit ambitious.

Perhaps Pharrell Williams is at a point in his career where he can afford to thrive on singles, features and producing — three of his immense strengths that were proven in the past year.

Regardless, *GIRL* certainly does not mark the end of Williams' successes. After all, the album and "Happy" have both already topped the iTunes charts.

Look out for more from Pharrell Williams this year, including a highly speculated collaboration with alternative artist Beck.

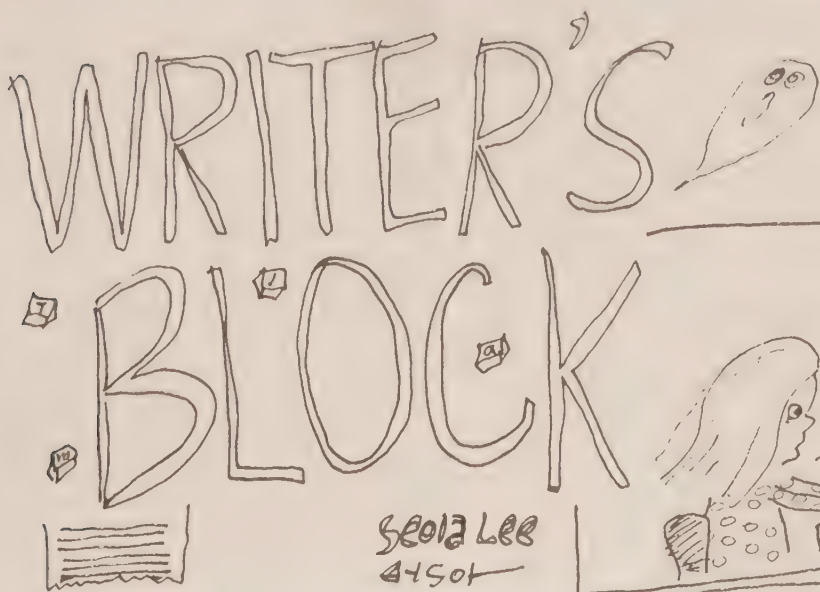
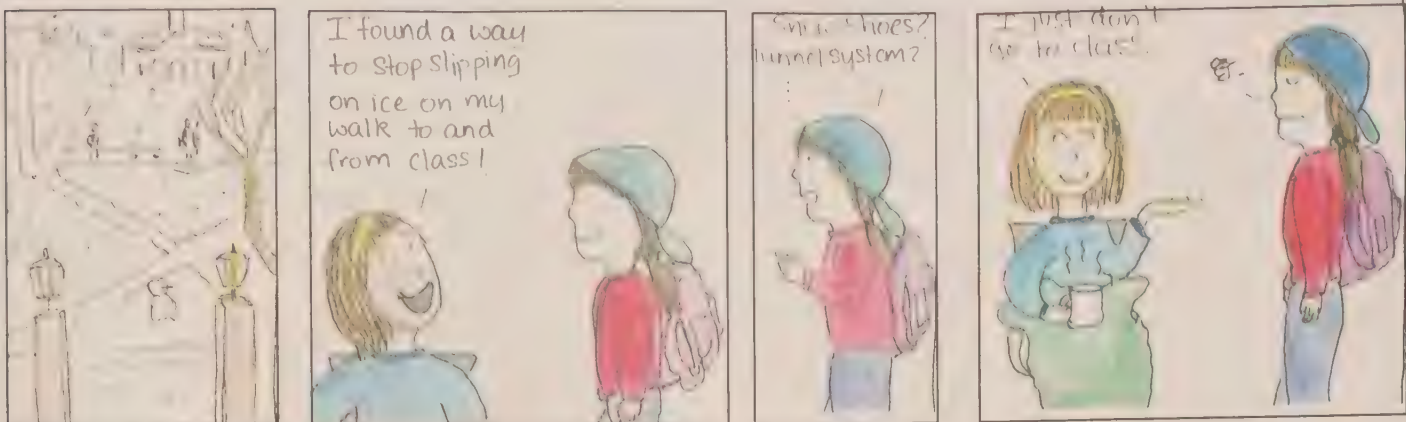


ATHENACINEMACOM
The Wind Rises mesmerizes with great animation and unique plot.

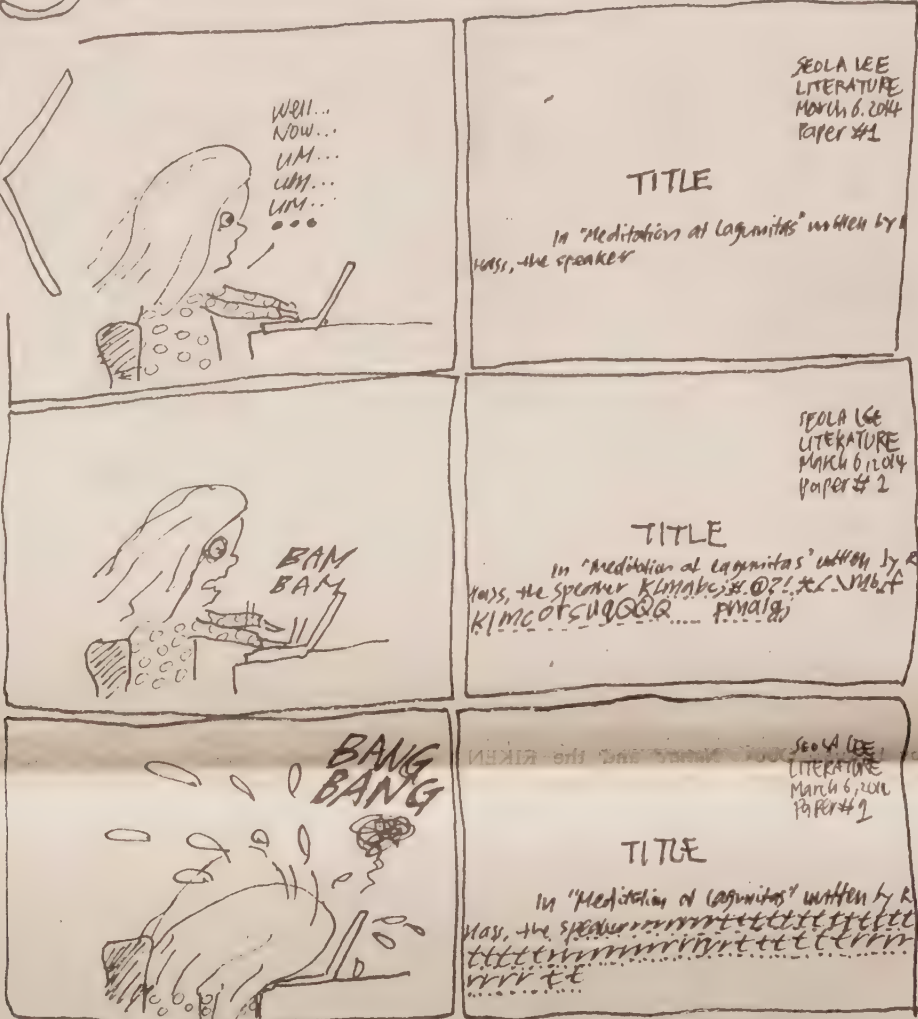
CARTOONS, ETC.

Blue Jay Chronicles

By Sachi

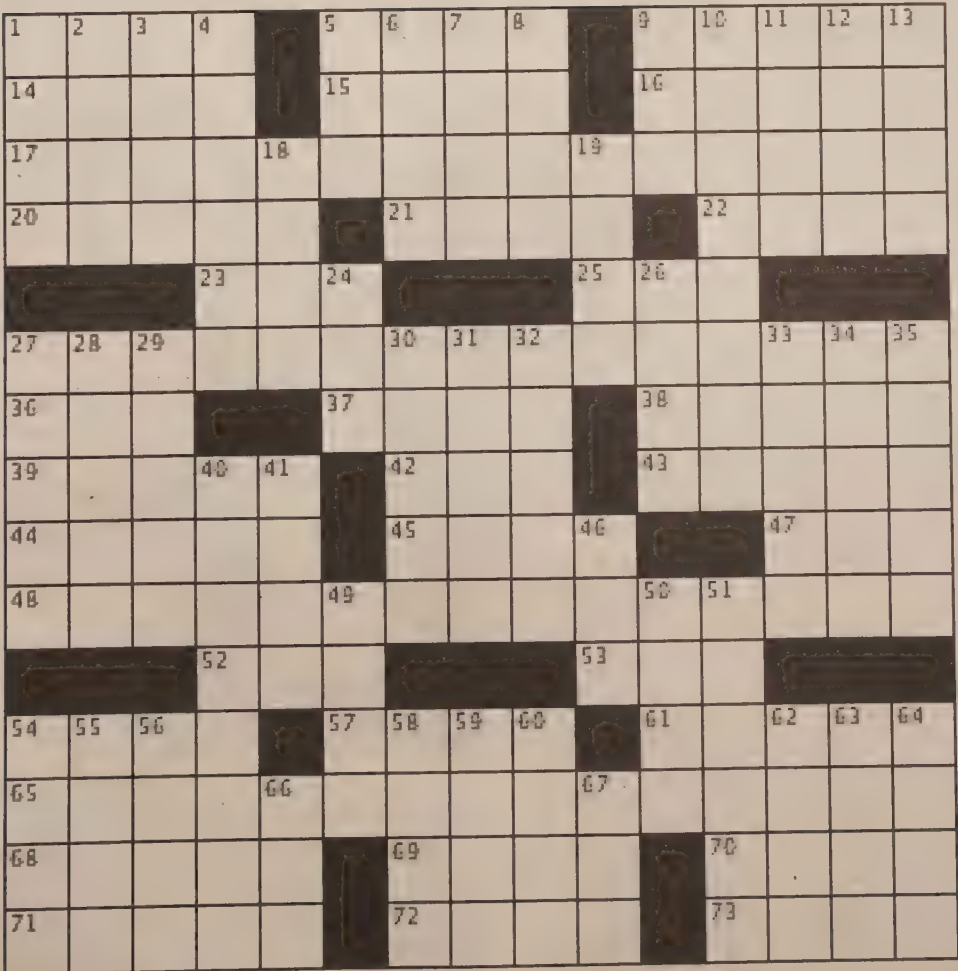


By Seola



JHU's LaCross Word

By Shaun McGovern



Across

- "Mad Men"'s meat?
- Stuff
- Wound coverers
- "Peek-___!"
- Designer Wang
- Trig. function
- Ursa and Canis, e.g. or what 27-Across, 48-Across and 65-Across are for Hopkins students
- Written language, in ordinary form
- Mani's partner
- Social media video sharing app
- Old crone
- "Drop That (___)^2" (We Are Toonz hit)
- Organic mix of physics, chemistry and biology?
- Oral health org.
- Wife of Jacob
- Recap?
- Laughing Dad?
- ___ mode (Shaun's favorite way to serve apple pie)
- "August: ___ County" (2013 film)
- Half a tool?
- Post Q run
- Product lifecycle management, for short
- Department whose classes include "Black Power Movement" and "Middle Egyptian Texts"
- Post F run
- Olympic basketball Coach Hank
- Comedy Central's "___-O"
- First, second or reverse
- Charles Village Pub orders, perhaps
- Department whose classes include "Practicing Journalism" and "Intermediate Fiction: Outdoor Stories"
- Cruise stops
- "Old MacDonald" noise
- "The ___ of March" (2011 film)
- Thugs
- Skin art, slangily
- XXX

Down

- American linguist Eric
- "Two guys walk into ___."
- Austin Powers' asset
- Chinese pork dish
- Drugstore chain
- Harvest
- Secretary of Education Duncan
- Anti-DUI org.
- Kind of fair: Abbr.
- Assembles
- Yours, en Français
- Farm structure
- Tin selenide
- Backside
- Wee
- Lass
- Flying prefix
- One of Goku's foes
- Adidas founder Dassier
- Tropical mammal with a long snout
- Find out
- Lively dance
- Casual conversations
- Spanish composer Ruperto
- It may be bald
- Flower holders
- Intesify
- St. Louis landmark
- Acute cystitis: Abbr.
- Camp ender

- "Zoom" secret language ___ Dubbi
- "Phooey!"
- Nest part
- Give or take
- Farm structure
- Exclusive club that Robert Lopez recently joined
- Home to billions
- "La Vie Bohème" musical
- American chess master James
- Small songbird
- Leak sound
- Common hotel for astronauts: Abbr?
- Luxury car brand "Lincoln ___"

SCIENCE & TECHNOLOGY

Music and language are not created equal

By REGINA PALATINA
Staff Writer

Like language, the composition of music involves combining separate elements into structured and meaningful sequences. An example is the musical exercise of “trading fours.” This time-honored tradition among jazz musicians describes a pattern in which

two solo musicians alternate playing four measures each, usually after each person has played a solo. Beginner musicians, especially drummers who are inexperienced in playing jazz, often find this exercise difficult. It is a skill that is only learned after much practice and determination.

Charles Limb, an associate professor at the Johns

Hopkins University School of Medicine and a faculty member at the Peabody Conservatory, has united his interests in auditory science and music throughout his career. Recently, Limb has been studying jazz musicians trading fours to learn more about how the musical brain functions. He has monitored musicians’ brains using func-

tional magnetic resonance imaging (fMRI) as they are involved in the improvisational back-and-forth musical talk. Limb’s results have provided some interesting insights on how the human brain responds to music.

Traditionally, neurological processing of auditory communication has focused on spoken language. Limb’s adaptation of these traditional methods to study musicians engaged in trading fours has allowed researchers to study communication without recourse to conventional spoken words. Limb and his colleagues have found that, despite the superficial similarity between music and language, the brain process music differently than it does spoken language.

To achieve these results, Limb’s group used highly trained jazz musicians and unique plastic keyboards lacking any metal parts that could obscure results from the highly magnetic environment of the fMRI. During the study sessions, one of the individuals involved in trading fours played his part on the specially designed plastic keyboard inside the fMRI machine.

SEE JAZZ, PAGE B8



WARREN-WILSON.EDU

Hopkins researchers are comparing language acquisition and music development, specifically jazz.



USMA.EDU

Until now, current garb technology could not guarantee a soldier’s safety.

U.S. troops may soon wear Iron Man suits

By JOSH SCARALIA
Staff Writer

“If you want this suit, you’re going to have to pry my cold dead body out of it.” Lucky for you, Mr. Tony Stark, it may not have to come to that.

In a large-scale collaboration linking 56 corporations, 16 government agencies, 13 universities and 10 national laboratories, a team of engineers and researchers is putting the final touches on a prototype for an Iron Man-like military combat suit. This suit, called the Tactical Assault Light Operator Suit, or TALOS, may be ready for testing this summer.

TALOS is expected to revolutionize filed combat. With its bevy of technological advances, including 360 degree vision, a powered exoskeleton, situational-awareness screens and injury detectors that release foam to seal wounds in time, this is hardly a surprise. In ad-

dition to these impressive technologies, TALOS may soon include an exoskeleton made of magnetorheological fluids. These fluids will solidify upon application of a magnetic field or electric current, thereby creating the impossible partnership between flexibility and sufficient protection.

The inspiration behind these developments arose several years ago when a member of the Special Forces was shot after entering a building supposedly occupied by insurgents.

Despite the impressive advances behind military technologies, nothing could guarantee the safety of a soldier as he or she opened a door. Thus, military engineers went back to the drawing board to close the gaps in technological defense.

The development of this suit provides a striking example of the influence military demand has

SEE IRON MAN, PAGE B8

New stem cell research under investigation

By KELLY CARTY
Science & Technology Editor

Groundbreaking research on stem cells presented by Haruko Obokata of the RIKEN Center for Developmental Biology has recently come

under serious scientific scrutiny. Concerns about the research data and the reproducibility of the results have prompted *Nature* and the RIKEN Center to launch investigations into Obokata’s original work.

The research, published in two papers in the January 2014 edition of *Nature*, describes a seemingly simple technique that can convert mouse blood cells into embryonic stem cells through the use of an acidic solution. According to Obokata’s research, 25 minutes of an acid bath and a slight tweaking of the cellular culture can give rise to cells without a specific tissue fate. Obokata and her team dubbed these cells stimulus-triggered acquisition of pluripotency (STAP) cells.

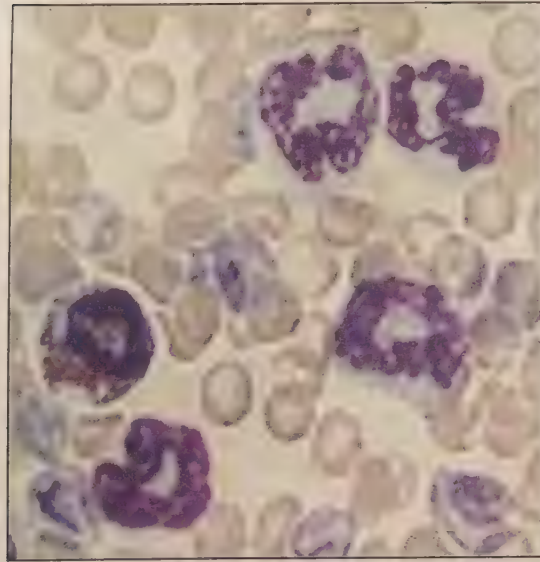
The results of Obokata’s study inspired scientists across the globe to attempt duplication. Cells in an embryonic state are pluripotent, meaning they can give rise to any cell type in the body. Such degree of cellular potential makes these cells useful for studying disease development and drug efficacy. They may also prove useful for regenerative medicine, as further scientific develop-

ments may make it possible to repair or regrow organs from a single cell of the patient’s body.

Scientists were understandably excited after reading Obokata’s research and results. However, somewhat disconcertingly, no one outside of the study’s original group has successfully reproduced the STAP cell results.

Yoshiyuki Seki, a researcher at Kwansei Gakuin University’s School of Science and Technology in Japan,

SEE STEM CELLS, PAGE B8



UTSOUTHWESTERN.EDU

Leukocytes are white blood cells that are involved in the immune system.

Medical judgment stunts weight loss

By TONY WU
Staff Writer

For the past few decades, America has been at war against obesity. Cheap, high fat foods are continuously tempting our front lines and indiscriminately adding inches to our waistlines. To combat this growing problem, schools, businesses and healthcare institutions across the nation have tried to increase awareness of obesity and its causes. Despite the numerous health talks and active lifestyle initiatives, a Hopkins study suggests that the key player in weight loss may be the discussions patients have with their doctors about weight.

Kimberly Gudzone, a professor at the Johns Hopkins University School of Medicine, is leading a study on the effects doctors have on patient weight loss. In a published report, Gudzone’s team compiled reports from 600 patients with a BMI over 25 who have regular checkups

with their doctors. These patients were sent surveys regarding their experiences with their doctor visits. Of the 600 participants, 21 percent stated that they felt judged by their primary care providers in the past year because of their weight. Ninety-six

percent of these judged patients reported that they tried to lose weight in the same year. In contrast, 84 percent of the people who did not feel judged tried to lose weight. At first glance, the results seem to suggest that a little medical

SEE OBESITY, PAGE B8



UPSTATE.EDU

A type of patient shame is demotivating those trying to lose weight.



ACADEMY.CBA.MIT.EDU

Geckos drag their feet when they walk, creating a type of friction that removes dirt particles from their toes.

Adhesive designed from gecko toes

By SUNNY CAI
Staff Writer

In our increasingly environmentally conscious society, consumers often opt for reusable versions of frequently used items such as shopping bags or water bottles. Unfortunately, reusable varieties are not available for all items. For example, tape, one of the most commonly used supplies, does not come in a reusable strain. At least not yet.

A team of researchers from the Karlsruhe Institute of Technology and Carnegie Mellon University has engineered the first adhesive tape that not only sticks to any smooth surface, but also has self-cleaning capabilities. Such tape could be useful for a variety of situations: It can line openings of food packages, keep bandages sticky

for extended periods of time and allow snail mail recipients to reseal parcels and letters.

The researchers drew inspiration for their new adhesive tape from nature itself, specifically the gecko, a small, tropics-dwelling lizard. The toes of a gecko are naturally endowed with the gift of self-cleaning. When a gecko walks, its toes drag across the supporting surface. This creates a lateral friction that effectively removes larger dirt particles from the gecko’s toes. Simultaneously, small bristle-like structures called setae, which are located on the sole and skinfolds below the toes, catch smaller dirt particles.

In order to replicate the self-cleaning abilities of gecko toes in a laboratory setting, the researchers devised testing models made

with elastic microhairs of various sizes. To model dirt particles, the researchers used tiny glass spheres that were micrometers in diameter. These extremely small spheres were distributed onto a smooth glass plate. Then, to simulate the movement of a gecko taking steps, a piece of artificial adhesive tape covered in microhairs was placed on the plate, moved laterally and peeled off again. The researchers repeated this load-drag-unload cycle several times to measure the adhesive forces present.

Using this model, the researchers demonstrated that the two mechanisms that geckos use for removing large and small dirt particles from their toes accounted for 95 percent of the self-cleaning effect. “This effect is determined by the ratio

SEE GECKO, PAGE B8



MUSIC.TRUMAN.EDU
Jazz artists improvise in a round of turn taking called "trading fours."

Auditory processing is unique for music

JAZZ, FROM B7
The study's results revealed that the posterior superior temporal gyrus and the inferior frontal gyrus, which are involved in the process of organizing words into sentences, were activated during the trading fours exchange. Surprisingly, the angular and supramarginal gyri, which are involved in neurological differentiation between word meanings or between the meanings of words or symbols, became deactivated at the same time.
In short, Limb and his group have shown that the brain processes the meaning of music and language

differently. Furthermore, they demonstrated that the neurological processes associated with basic semantics may not be called upon when the brain is engaged in processing music. The brain of the musician is actively listening and processing the notes that their trading fours partner is playing in anticipation of their turn, hoping to add something new and unique to the piece.
Next time you are listening to two jazz musicians trading fours, know that they are not simply speaking to each other; they are communicating in a completely different realm.



OWS.EDBUTEXAS.EDU
Military dress has evolved drastically from the grey-green of WWI veterans.

Iron Man suit offers needed protection

IRON MAN, FROM B7
over the progression of research and scientific knowledge. In fact, cutting-edge research and the military have always been closely intertwined. Galileo's telescope was originally pitched to the Republic of Venice as a military device to spy on enemies. Guns made from interchangeable parts were first developed by French artillery officers during the French Revolution. Repeating rifles, smokeless powder, explosives and telegraphic and wireless communication are all 19th century applications of electricity.
Perhaps the most memorable linking of the military and scientific research occurred during World War I. This war drastically increased the number of private inventors, industrial firms and military research labs. This led to the development of tanks, flight optimization and, sadly, the introduction of chemical weapons.
Thomas Edison, the great American inventor, was extremely productive during World War I. He created thousands of inventions to benefit the military including the sound detection of submarines, technologies for airplane detection, underwater searchlights

and ship camouflage. One of Edison's greatest military inventions was the telescribe, which enabled the armed forces to record phone conversations.
Many of the inventions that were originally intended for military use have been successfully adapted to our everyday lives. These adapted inventions include GPS, which was first developed by the United States Department of Defense in the 1990s, and duct tape, which was originally invented in World War II as a way for military men to wrap ammunition cases for the prevention of water damage. Perhaps the most ubiquitous of all military inventions is the computer. The first multipurpose version of this now indispensable technology, called ENIAC, was established for military use in the Ballistic Research Laboratory. Other inventions that stemmed from military research are the EpiPen, cargo pants, freeze drying, the Jeep, jerseys and every college student's best friend, the microwave.
Sadly, this suit is not likely to be released for public use. Nonetheless, if all goes according to plan, the TALOS suit may be ready for an operational field system by August 2018.

New tape design could be self-cleaning

GECKO, FROM B7
between particle size and setae diameter," Hendrik Hölscher, a study leader and a scientist at the Institute of Microstructure Technology, said in a press release from the Karlsruhe Institute of Technology. Experimentally, this means that the size of the glass spheres in relation to the size of the microhairs determines the effectiveness of the engineered adhesive's self-cleaning capabilities.

If the diameter of the glass spheres was greater than the diameter of the microhairs, the artificial adhesive initially did not behave differently from ordinary adhesive tape. In other words, the adhesive force of the microhairs vanished after the first contact. However, unlike ordinary adhesive tape, after eight to ten test cycles, the artificial adhesive reached 80 to 100 percent of its initial adhesive power again. "In the long term, this effect might be used to develop a low-cost alternative to hook and loop fasteners," Hölscher said in the press release.
In contrast, when the diameter of the glass spheres was less than the diameter



CNMAT.BERKELEY.EDU
This new biologically inspired tape trumps masking tape in its ability to retain adhesion after multiple uses.

of the microhairs, the artificial adhesive did not fare well. Under these conditions, the researchers were only able to salvage a mere one-third of the tape's original adhesive force. These results led the researchers to conclude that in order for their artificial adhesive to maintain its sticky properties through multiple uses, the diameter of the microhairs needs to be far smaller than the diameter of dirt particles. "For the perfect gecko-inspired adhesive tape, we need fibers in the nanometer range (10⁻⁹ meters), which

are smaller than most dirt particles," Michael Röhrig, a study leader and a scientist at the Institute of Microstructure Technology, said in the press release. An explanation for this result may lie in the anatomy of the gecko foot. Gecko toes have skinfolds that are reproduced by wide grooves between narrow rows of hair, which offer sufficient space for fine dust to deposit. Because of this anatomical restriction, smaller dust particles do not interfere with the stickiness of the gecko's toes.
The next step for the

researchers is to test their artificial tape, using real dirt particles of various shapes, sizes and material composition. If the tape is perfected and made available for retail, it may gain a substantial market in numerous industries. "Such tape might be applied in the sports sector, in medicine, automotive industry, or aerospace technology," Metin Sitti, a study leader, said in the press release.
As long as there are sticky situations in the world, the possibilities for this innovative reusable adhesive are endless.

Overweight patients benefit from positive talks

OBESITY, FROM B7
judgment may slightly encourage overweight individuals to lose weight. However, the researchers discovered that the second part of their study refuted this interpretation.
In the second part of the survey, the patients were asked questions regarding doctor-patient discussions. Particularly, the researchers wanted to probe the correlation between weight loss discussions and total weight loss achievements. The individuals who did not discuss weight loss with their doctors reported the lowest percentages of weight loss regardless of whether or not the patient felt judged.
Of the participants who tried to lose weight after doctor judgment and a weight loss discussion, only 14 percent lost ten or more percent of their weight. In contrast, among the participants who tried to lose weight



NLM.NIH.GOV
The social stigma concerning obesity affects the weight loss success rate.

after a weight loss talk but without doctor judgment, 20 percent lost ten or more percent of their weight.
For Gudzone's team, these results point to two conclusions. First,

patients are more likely to lose weight if their primary care providers talk to them about losing weight. This is evident among the group that did not feel judged, as

the addition of a weight loss discussion tripled the percentage that lost weight. Second, the researchers concluded that overly critical or judgmental doctors negatively affect the weight loss attempts of their overweight patients.
This study emphasizes behaviors that should be considered by primary care physicians. On one hand, in order to provide the best medical advice, doctors should not be reluctant to discuss weight loss with their patients. This may not be obvious to all doctors, as only two-thirds of the 600 study participants reported having weight loss discussions with their doctors. On the other hand, doctors need to talk about weight loss without being overly critical. Although this negativity may encourage patients to try losing weight, it is likely to lead to unsuccessful results.

Scientists are unable to replicate STAP cell results

STEM CELLS, FROM B7
attempted to replicate Obokata's method in mouse cells and failed. Seki is open to scientific amendment, thinking that there may be a necessary process not included in the original papers.
Jeanne Loring, director of the Center for Regenerative Medicine at the Scripps Research Institute in La Jolla, Calif., attempted duplication with human cells and failed. Teruhiko Wakayama, a researcher at Yamanashi University and a co-author of both of the original papers, says he also hasn't been able to reproduce Obokata's results since leaving the RIKEN Center.
Such frustrations reached a new level of concern when users on PubPeer, a forum dedicated to the discussion of published scientific results, highlighted problems with the images and data presentation in the *Nature* papers. In one of the papers, a lane in a genome analysis looks like it was retrospectively added. In the other paper, two images of placentas from different experiments appear to be the same.

While these image mistakes do not alter the results, they do generate anxiety over scientific sloppiness. In fact, this is not the first time Obokata's research presentation has been questioned. A 2011 paper published by Obokata in *Tissue Engineering* includes a bar graph of stem cell markers that seems to have been inverted and reused later in the paper.
However, Obokata and her team are not the only ones at fault. In the publication of the two STAP cell papers, *Nature* bypassed its usual policy of presenting genomic data on a publicly accessible site. This extra transparency allows outside scientists to properly gauge the validity of scientific results. By overlooking this policy, *Nature* left curious and skeptical scientists in the dark.
Irrespective of the image debacle, the scientific inability to repeat Obokata's experiment undermines some of the original hype surrounding the research. The STAP cell technique was presented as a simple method to induce pluripotency, thereby offering a more viable

avenue to further stem cell research. These cells, despite their scientific potential, have been notoriously difficult to obtain. The government severely restricted the use of human embryos, a rich source of stem cells, for scientific research during the Bush administration. In 2006, Takahashi and Yamanaka appeared to make these restrictions obsolete by

showing that four genes could switch differentiated cells into induced pluripotent stem cells. However, the techniques of Takahashi and Yamanaka are difficult to perform, leaving stem cells as the limiting factor in research. The scientific world, exposing its desperation, drew a premature breath of fresh air with Obokata's results.



UCHOSPITALS.EDU
Despite multiple attempts, no one has been able to replicate the results.

Climate change may release a dormant virus



Thawing permafrost could unleash dormant viruses into the world.

By SEAN YAMAKAWA
Staff Writer

As images of melting ice caps and destructive natural phenomena plague our consciences during warm winters, we become more convinced that climate change is here. The global warming presented by Al Gore in his film, *An Inconvenient Truth* is visible; we see it in the news on a daily basis.

But what about the ef-

fects of climate change that we can't see?

Some effects aren't immediately obvious but are secretly developing under our feet. Recent advances in virology have brought to light an unexpected danger that might actually prove more potent than our preconceived notions of the effects of climate change.

Until recently, the physiology of viruses was thought to be strictly de-

fined. However, just a decade ago, the discovery of the Mimivirus revolutionized this definition, astonishing the scientific community. Just over 0.7 micrometers in size and containing more than 1000 genes, the Mimivirus was more similar to the typical parasitic bacteria than to the typical virus. Shortly after the Mimivirus discovery, a similar virus was found in an Australian pond. Researchers first mistook this virus as a small bacterial or fungal cell. With a length of 1 micrometer and a genome containing 1500 genes, Pandoravirus dulcis was the largest known virus to date that the time of its discovery. It was even larger than some eukaryotic cells. These monster viruses have been nicknamed "Pandoraviruses," a reference to the mythological Pandora's box.

Then, last month, the story took a new turn. Under the depths of permafrost that left Siberia untouched for over 30,000 years, a new virus, Pithovirus sibericum was found by Jean-Michel Claverie and Chantal Abergel of Aix-Marseille Uni-

versity in France. At first this discovery seemed infertile, as the physiology of the virus, offered no new information. However, Claverie and Abergel quickly found that they could thaw the virus in such a way that allowed it to be active again. When Claverie and Abergel introduced amoebas to the cell culture containing the Pithovirus, the revived virus quickly infected many of the amoebas. This activity demonstrates that proper conditions can awaken frozen viruses to a fully functional state. The virus discovered by Claverie and Abergel simply acts as if 30,000 years did not pass.

While most pathogens are not dangerous to humans or other species, modern medicine cannot yet treat all known viruses.

It is possible that within the thousands of square miles of ice that can reach over 2500m deep, a new species of virus will be uncovered that has the potential to devastate the human race. This potential to open Pandora's box is another real danger of climate change.



Alcohol reduces protein synthesis, which can stunt muscle repair.

Alcohol inhibits body's ability to build muscle

By MARK STUCZYNSKI
Staff Writer

What's a better way to celebrate a hard-played game than by having a few drinks (provided you're over 21)? According to a study by exercise scientists in Australia, quite a lot, especially if you want to maintain the health-related gains associated with exercise.

In the experiment, eight athletes were instructed to perform an exercise routine consisting of running intervals, aerobic cycling and weightlifting. Following the workout, the athletes were given either proteins or carbohydrates to eat and either orange juice or alcohol to drink. The alcohol was given in allotments of four shots per hour for two hours to simulate binge drinking. After consumption of these post-workout snacks, the researchers took biopsies and blood samples from the athletes.

The results, recently published in *PLoS One*, revealed that alcohol inhibits physiological protein synthesis. In the alcohol-protein group, total protein synthesis was reduced by

24 percent, and in the alcohol-carbohydrate group, it was reduced by 37 percent.

Protein synthesis is necessary for the recovery and repair of muscles following the damage they undergo during workout-related movements. It is this anabolic response that leads to muscle growth. Thus, by inhibiting protein synthesis, alcohol prevents proper translation of exercise-related health benefits.

It is important to note that this study was conducted with controlled, binge-drinking conditions. The authors think that the decrease in protein synthesis is similar but not as pronounced for moderate drinking after exercise. However, the alcohol dose in the study was intended to mirror the drinking habits of team athletes, as it was based on binge drinking data received from sports teams. These dramatic results may then be reflective of the actual alcohol effects in athletes. The scientists who conducted the study hope that their results will encourage safer drinking practices among athletes.

44-year-old "stone baby" found in elderly woman

By SOPHIA GAUTHIER
Science & Technology Editor

Pregnancy is one of the most strangely beautiful mysteries of life. In slightly less than a year, a tiny new person is fashioned through a laborious, yet gratifying algorithm of biology. But what if pregnancy lasted longer, say several decades, and never even produced a viable offspring?

This was the reality for an 84-year old Brazilian woman who recently checked herself into the hospital complaining of severe abdominal pains. After several diagnostic tests, doctors discovered the impossible: She was pregnant.

The saga began 44 years ago when the woman was told she was expecting. Her pregnancy was plagued with excruciating stomach pains, and somewhere between 20 and 30 weeks into her gestation, she sought the help of a healer. After the visit, her pains vanished, and her stomach stopped growing. The woman assumed that the child had been aborted.

In actuality, the woman had unknowingly experienced an ectopic pregnancy, which occurs when the fertilized egg implants outside of the uterus, often in the fallopian tubes. This condition can be life-threatening for the mother so it is a miracle, even, that this woman did not undergo further physical trauma.

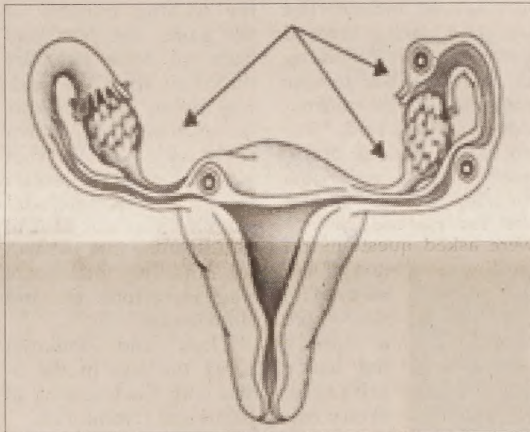
In this specific case, the mother's body was unable to resorb the fetus because of its large size. Instead, the maternal body covered the fetus with calcium deposits. This process was necessary for body's protection against the dead fetal tissue and subsequent possible infections related to it. Such an occurrence, known as lithopedion, a word derived from the Ancient Greek phrase for "stone baby," has only been documented in about 300 cases in the history of medicine.

Experts are incredulous that the woman did not suffer from any other signs or symptoms throughout the 44-year gap between her pregnancy and the discovery of the stone baby. However, at least one medical journal has stated that remaining asymptomatic for many years is not en-

tirely unheard of and may even be normal in many cases.

In this particular occurrence, doctors were not able to visualize the fetus with an ultrasound. However, when they performed an X-ray, they were suddenly able to see the face, bones of the arms, legs, ribs and spine of the fetus.

Since discovering this bizarre medical truth, the woman has elected not to remove the fetus. Doctors have tried to convince her otherwise, in order to prevent later medical complications — but to no avail.



Ectopic pregnancy occurs when the embryo implants outside the uterus.

Unfriendly cat nips related to depression in owners, study finds

By MELANIE LEVINE
Managing Editor

Research and common sense say that pets are good for your health. However, a recent study shows that, unfortunately, this may not always be the case.

Researchers at the University of Michigan and Virginia Tech have found a peculiar correlation between cat bites and depression. Of patients that sought medical attention for cat bites, 41.3 percent were also diagnosed with depression and, to add to the mystery, 85.5 percent of those who had both a cat bite and depression were women.

The study, led by David Hanauer, an associate professor at the University of Michigan Medical School, and published in *PLoS One*, combed through the electronic health records of the University of Michigan Health System. By looking at 1.3 million patients over a period of 10 years, the researchers were able to analyze correlations between animal bites, depression, gender and age. They also looked at the living situation of patients, recorded as living alone or with other people, to develop a rough estimate of social isolation.

The strongest correlation was between cat bites and depression for women. Of the women who saw a doctor for a cat bite, 47.0 percent were diagnosed with depression at some point in their lifetimes. For men who went to the

doctor for a cat bite, the percentage that were diagnosed with depression was only 24.2.

This gender difference was also seen with dog bites. However, the gap was significantly smaller. A woman who presented with a dog bite had 35.8 percent of being diagnosed with depression; a man had 21.1 percent chance.

The research team did not aim to explain the reasons for the relationship between cat bites and depression with their study but they did offer possible explanations.

Cats and other animals are known to respond to changes in their owners' mental states or responsiveness. It is further known that people who suffer from depression often make less eye contact than those who do not. Because cats can detect and react to human gaze and eye focus, it seems plausible that cats are more likely to bite owners who are already depressed.

However, the causation between cat bites and de-

pression, if there is one, may go in the opposite direction. The researchers refer to a common parasite, *Toxoplasma gondii*, that is carried by cats. *T. gondii* can infect humans and produce long-term neurological effects that can cause schizophrenia, obsessive compulsive disorder and personality changes. This parasite has been linked in various studies to depression and



Although pets can bring joy, it seems that cats can detract from it.

depression-like symptoms. Such relation, despite the lack of definitive evidence, suggests that the cat bites may play a role in causing the depression.

Regarding the higher correlation for women, the researchers discuss the well-demonstrated fact that women are more likely to own and care for

cats than men are. Women are also more likely to be diagnosed with depression. However, neither of these facts alone explains the numbers in the study. The different personality types associated with "cat people" and "dog people" may be relevant since women are more likely to be "cat people" than "dog people." "Cat people" tend to have higher level of neuroticism, a trait that has been strongly associated with depression. The particular relationship between neuroticism and depression is unknown, however, and no one has conclusively demonstrated that neuroticism increases the vulnerability or risk for depression.

Pets themselves may, on some occasions, increase the risk of depression. The media has a tendency to report on the many studies that show the therapeutic and mental health-beneficial effects of owning pets. These benefits, which include lowered blood pressure and social support, are well-doc-

umented. However, the researchers of this study note that there has been research to the contrary. One study, for example, concluded that among people living alone, cat ownership had no effect on overall loneliness. Another found that, among those with low levels of social support, people who were more attached to their pets had more depression than people who were less attached. Many other studies have been inconclusive on the benefits or drawbacks of having pets, so the relation between cat bites and depression may not be as unbelievable as it first appears.

Depression in whole is a serious public health issue, affecting an estimated 18 percent of U.S. patients. Due to the results of their study, the researchers suggest adding cat bites to the list of warning signs that should prompt a screening for depression. Depression screening is not universal because the disease is often difficult to detect. Many doctors rely on symptoms such as irritability and hostility, withdrawal from activities, suicidal thoughts and nonspecific somatic pains as cues that the individual may be depressed.

Despite the uncertainty surrounding these results, the researchers say that the correlation between cat bites and depression is strong enough to warrant the incorporation of cat bite data into scientific discussions of depression and to warrant further investigation.

SPORTS

Hopkins unable to upset #1 Haverford

By MITCH WEAVER
Staff Writer

For the Hopkins women's basketball team, this weekend showcased the magnificent season they have had. The season jumped off to a great start for the team, as they won their first 11 Centennial contests to position themselves to do something special.

The Centennial Conference Tournament arrived this weekend at Haverford College, and the Hopkins women made sure to leave their mark in what was a hard fought weekend.

Before dreams of a championship could be realized, the team had to first get over a hurdle they had yet to conquer this season: the Green Terror of McDaniel College. After dropping the first two meetings to McDaniel, this

time around was sure to be different with the stakes so high. Of note for the Jays this weekend was the absence of senior starter and team leader, Fatu Conteh, who was battling an injury.

The third matchup of

out, Hopkins was down just one point with a little over 10 minutes to go in the contest.

From there, sophomore guard Liz Tommasi decided to take the game into her own hands, jump starting a 12-0 run for the Jays. Tommasi scored the next six points for the Jays to push the lead to 52-47, and from there the win was inevitable.

After baskets

from sophomore Katie Clark and junior Maggie Fruehan, Hopkins stretched the lead to nine points with just under sev-

en to go. Once the 12-0 run had run its course, Hopkins had stretched the lead to 58-47.

One of the key factors to victory for the Jays in this one was the rebounding margin, which they dominated to the tune of 52-24. When the final buzzer sounded, it was the team from Baltimore in the win column for the first time this season with a final score 66-55.

Two key contributors for the Jays were Tommasi and junior Ciara McCullagh. Tommasi finished with a career-high 22 points while McCullagh dominated the paint, chipping in 20 points and 13 rebounds. 18 of Tommasi's 22 points were recorded in the second half.

Next up for the Jays were the Haverford Fords in the Centennial Conference Championship game.

The Fords posed quite the task for the Jays. As the number one seed, Haverford had a record of 22-3 heading into the final and home court advantage on their side. At the end of the first half, Hopkins played like a team that needed to find themselves quickly with the score reading Haverford 41-27.

However, after making the necessary halftime adjustments, Hopkins started the opening half off with a 7-2 run to get back on track and make the game interesting. In the waning minutes of the game, the lead had been cut down by more than half from the midway point, and Hopkins found themselves down 60-54 with 1:31 left. That was the closest the contest would get though, and Hopkins was not able to pull this one into the win column. The final score was Haverford 66 and Hopkins 56.

Clark and Tommasi paced the Jays in the finale with Clark scoring 20 points and Tommasi 15.

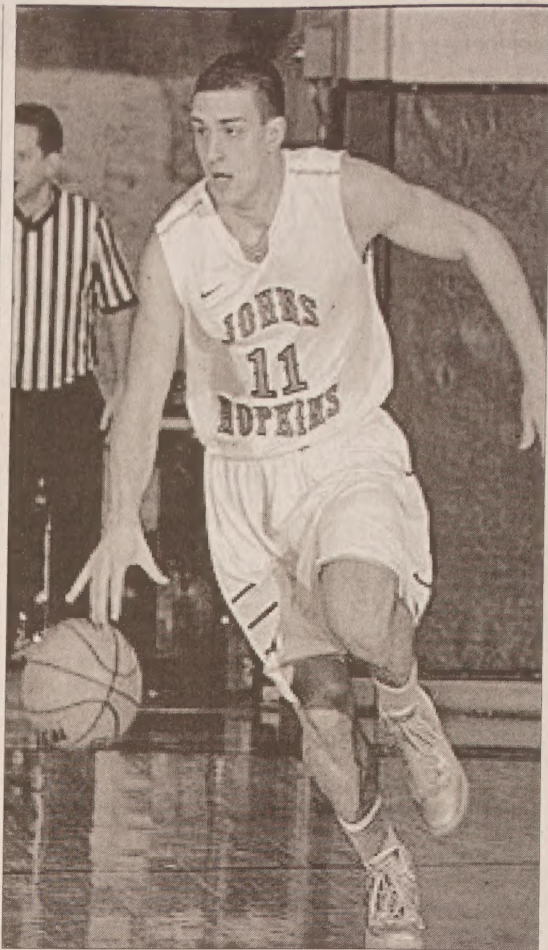
Although the loss was a tough pill to swallow, Hopkins has many things to be excited about in the future. Only one senior will be lost, which means the vast majority of the team will be ready to roll to a championship next season. When asked about the past weekend and the season as a whole, Clark offered a bright outlook on the future and was thankful for such a wonderful season.

"I am so proud of how hard our team has worked this year even to make it to the championship game," Clark said. "Even in the midst of difficult points throughout the season, we pulled together and responded well. Although it wasn't the end result we that we wanted, it doesn't take away from the success that we did have this year and only gives us more determination for next year."



HOPKINSSPORTS.COM
The Lady Jays have young talent looking to 2015.

the season between these two in-state rivals proved to be a game worth the price of admission. A back and forth battle through-



HOPKINSSPORTS.COM

For the first time since 2007, Hopkins wins the Centennial Conference.

Spring season starting off right

By ALEX PICANO
Staff Writer

The Hopkins men's tennis team defeated Washington & Lee 9-0 in Virginia on Sunday. The Blue Jays, currently ranked 10th, improve to 3-2 on the season, while W&L experienced their first loss of the season, falling to a record of 5-1.

Freshman Jeremy Dubin and junior Tanner Brown played the first set of the match, achieving an 8-1 win over Washington & Lee (W&L). Dubin described the team's goals for the rest of the season. "Our goal is to win a national championship, and we know we are capable of doing that. Between now and May, we have to put in our hardest work to make that happen."

Sophomore Nicholas Garcia and junior Noah Joachim then beat their opponents

8-3 in the second game. "In the past our doubles play has been our Achilles heel, so basically this season we have been focusing on improving that aspect of our team the most. We returned two doubles teams from last season and added a team of freshmen this season and our doubles has never been stronger," Garcia said.

He outlined the team's priorities for the rest of the season. "Our goals this season are to win our conference tournament, get into the NCAA tournament and make a run to win a championship. I'm

looking forward to traveling with my teammates and continuing to improve and bond as a team," Garcia said.

Freshmen Michael Buxbaum and Emerson Walsh were the last doubles pair to play. Currently ranked fifth in the nation, the two freshmen fought hard to win 9-8 against the 10th ranked pair from W&L, giving the Blue Jays a 3-0 lead.

"After some early success at indoors and at W&L this past weekend, we believe we have a great shot at winning NCAA's this year. We have some great leaders on the team and we're all

baum followed with a close win, winning 7-6 after four deuces in the first set, and 6-4 in the second. Junior Sam Weissler took three sets to beat his opponent, winning 6-2, 4-6 and 6-4.

Junior Ben Hwang closed out the match with an exciting come-from-behind 0-6, 7-6, 7-5 win. "We just came off a strong run at National Indoors last weekend placing 2nd and currently are just working on things we had trouble with during the tournament," Hwang said. "Our doubles is looking pretty good so now we're just focusing more on singles and the finalized lineup

for the rest of the season. We have a pretty top heavy schedule, meaning the majority of our toughest matches are early on in the season. For me personally, I'm just looking to

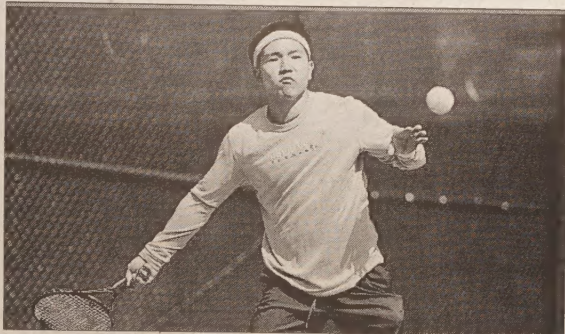
maintain my regional (4) and national rankings (15) so that I'll make it to the NCAA individual tournament at the end of the year. Of course, the biggest thing we're looking forward to is the NCAA team championships at the end of the season. After our performance this past week, we've definitely solidified ourselves as national contenders and are looking to make a strong run come May."

The Blue Jays return to action on March 21 as they take on the 23rd-ranked Bates Bobcats in Fredericksburg, Va. at 4 p.m.

very excited for the rest of the season," Walsh said.

Tanner Brown returned to the court to play singles, in which he played just two sets, dominating 6-1 over W&L in each. It was his 77th career total win, including singles and doubles, which moves him into 11th place in the Hopkins program's history for most career wins.

Dubin also clinched a win in his singles match in straight sets, beating his opponent 6-2 in both. Sophomore Chris Jou earned a 6-2, 6-3 win over W&L, bringing Hopkins' overall lead to 6-0. Bux-



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Men's tennis hopes to win the Conference tournament championship.

Men's Basketball take Centennial Conference

By RACHEL COOK
Staff Writer

In defeating the top seeded Dickinson Red Devils, the Hopkins men's basketball team became just the second team in Centennial Conference history to be a third place team defeating the first seeded team to take home the title.

There was a lot riding on this game; not only would the Blue Jays receive an automatic bid into the NCAA tournament with a win, but the last time Hopkins won the Centennial Conference Championship title was back in 2007. There was plenty of pressure placed on the Blue Jays especially coming off of two regular season losses to the Red Devils.

Hopkins started off slowly, giving the Red Devils an early 5-0 lead. However, the Blue Jays would recover and take a 15-10 lead on a layup by sophomore Gene Williams at the 13:54 mark.

Back-to-back buckets by the Red Devils ignited a quick 8-2 run as Dickinson retook the lead on a fast-break layup with 9:24 to play in the half. The Blue Jays retaliated with a pair of jumpers from sophomore Matt Billups and Hopkins regained the lead with a score of 21-18.

A Red Devil three on the next possession would tie up the score again and spark a 13-2 run that saw Dickinson take a 31-23 lead with 1:32 left in the half. Knocking down his first three-point basket of the night, Williams cut the deficit to five as the time expired in the first half.

Coming out of the half, Dickinson kept with their fast paced offense and pushed the lead out to 10 points.

Fighting to keep the deficit within single digits, Hopkins managed to bring the score within two when junior George Bugarinovic completed the three-point play at the free throw line putting the Blue Jays ahead by one with 13:17 left to play.

The next 10 minutes would see both teams exchanging baskets back-and-forth causing four lead changes and ending with a tied up score at the 3:48 mark.

A three point basket by Williams and a layup from Bugarinovic would put

the Blue Jays ahead by five points with 2:11 left in the game.

With 61 seconds remaining in the game, the Blue Jays would make seven of eight free throws and clinch the Centennial Conference Championship title. The free throws came from junior Jimmy Hammer and seniors Daniel Corbett and Connor McIntyre.

Leading three Blue Jays in double digits, Bugarinovic finished the game one point shy of his season high with his 18 points. Williams and McIntyre both put up 12 points in the team's win. McIntyre also grabbed 13 rebounds, completing his second double-double of the season.

Along with his 18 points, Bugarinovic grabbed seven rebounds, recorded two blocks and was named the tournament's Most Valuable Player with his impressive performance.

Receiving an automatic bid into the 2014 NCAA tournament, the Blue Jays will head to Virginia Beach, Va. this Friday to face off against host Virginia Wesleyan for the first round of the tournament.

Virginia Wesleyan finished their season with an overall record of 22-6 and heads into the first round of the NCAA's off of a tough 77-74 win over Hampden-Sydney in the Old Dominion Athletic Conference Championship game. The matchup against the Virginia Wesleyan Marlins will be the first in program history; however, the Blue Jays are prepared having already played against multiple teams that placed in the field of 62, including Wesley and Alvernia.

The veteran coaching staff here at Hopkins has extensive experience in the NCAA tournament and knows what to expect and how to prepare for big games.

Leading the Blue Jays, head Coach Bill Nelson is the winningest coach in program history with a Hopkins record of 447-284 (.611). In his 34th season overall as a head coach, Nelson brings a combined overall record of 552-337 (.621) into the NCAA Tournament. Hopkins is making its 10th appearance in the NCAA Tournament this weekend, and nine of the 10 appearances have been brought under the leadership of Coach Nelson.



BLUE JAY SPORTS SCOREBOARD



Men's Lacrosse	Women's Lacrosse	M. Basketball	W. Basketball
March 1, 2014 @ Princeton W, 15-9	Feb. 26, 2014 vs. Loyola W, 6-5 Mar. 1, 2014 vs. American W, 17-5	Feb. 28, 2014 vs. F&M W, 50-48 Mar. 1, 2014 @ Dickinson W, 60-55 (CC Title)	Feb. 28, 2014 vs. McDaniel W, 66-55 Mar. 1, 2014 @ Haverford L, 66-58
M/W Track	Men's Tennis	Women's Tennis	Wrestling
March 1-2, 2014 @ Centennial Championships Men, 1st (138 pts) Women, 1st (243.33 pts)	March 2, 2014 @ #22 Wash. & Lee W, 9-0	Feb. 28-March 2, 2014 @ ITA Nationals 1st place	March 2, 2014 @ NCAA East Regionals 8th (53 pts) Bewak (1st, 125 lbs) Stauber (2nd, 141 lbs)

SPORTS

ATHLETE OF THE WEEK CONNOR MCINTYRE - MEN'S BASKETBALL

By SCOTT SHEEHAN
Staff Writer

The Hopkins men's basketball team went into the Centennial Conference Tournament this weekend seeded third. It has been seven years since Hopkins last won the tournament, and they could only change that by beating the top two ranked teams, Franklin & Marshall and Dickinson. The Jays did just that, playing incredible defense against both teams and outperforming them down to the wire, beating F&M 50-48 and Dickinson 60-55. Many players on the team had strong performances during the tournament, but senior Connor McIntyre's went unmatched. He put up double-digit points in both games and had 16 rebounds. For his dominating performance last week, *The News-Letter* is proud to announce Connor McIntyre as our Athlete of the Week.

The News-Letter:
Against Franklin and Marshall (F & M)

the team scored the least number of points they had in a game all season. How did the team change the way they played to be able to win a low scoring game?

Connor McIntyre: The F&M game was very physical throughout — not necessarily sloppy — but both teams were just playing very good defense. In a low-scoring game like that, I would say that the most important thing is to win the rebounding battle, buckle down on defense and execute offensive sets

properly so that we can take advantage of what looks we do get when there is a slow pace.

N-L: Dickinson was the top seed in the tournament and had dominated the conference all year. You had played them twice before this weekend and lost both in very close games. What did the team learn from those games and do differently this time around?

C M : The main difference we took in our approach dealt with our defense, especially how we played their point guard. Daniel



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Connor and the rest of the team hope to take the NCAA Tournament by storm.

these tight and stressful games?

CM: I think that experience was the biggest help for me in terms of being ready down the stretch. I've played in the playoffs a few times here before,

year?

CM: Yeah I did want it more this year just because of what we've gone through the last few years. My freshman year we were really bad, and we've steadily improved since then. Last year we lost to Dickinson in the playoffs and that gave us some good motivation to get them back this year.

N - L : With the win against Dickinson the team has gained a spot in the NCAA

tournament. What are the team goals for the tournament, and what have you learned this past weekend that will help the team succeed there?

CM: At this point we just want to keep playing basketball as long as we can. None of us have played in the tournament before so we're all pretty excited. As long as we keep playing team basketball, outworking the other team, and trusting our coaches, we should be able to have continued success.

McIntyre and the Men's Basketball team will look to continue their success in the NCAA tournament beginning this Friday against Virginia Wesleyan. None of the players have played in the NCAA tournament before, but if last weekend says anything about the team, it is that they will push down to the wire in every game, and have the potential to upset even top ranked teams.

N-L: You scored double-digit points in both tournament games and had 16 rebounds overall. How were you able to put up such dominant performances in the two most important and stressful games of the season?

CM: If we lost, it would have been the last really serious basketball game I ever played, and I wasn't really ready for that. This weekend I basically tried to just play within myself and do what I could to help keep our season going.

N-L: This is your senior year and the team has not won conferences since you have been here. Knowing it was your last chance to win, did you feel you wanted it even more this

games you seemed to bring out a new level of intensity, making a go ahead layup in the final minute of the semi finals that proved to be a game winner. The next day you tied the game and later solidified it by making all of your free throws in the final five minutes. What allowed you to stay calm and have success late in

VITAL STATISTICS

Name: Connor McIntyre
Year: Senior
Position: Forward
Major: Chem BE
Hometown: Newtown, Pa.
High School: St. Joseph's

Blue Jays fly by 10th ranked Princeton

By ZACH ZILBER
Staff Writer

The game ended the way it began.

Two minutes into play, sophomore attackman Ryan Brown gave fifth ranked Hopkins a 1-0 lead against 10th ranked Princeton. Fast forward 50 minutes and it was Brown scoring again to put the finishing touch on a dominating 15-9 victory.

Sandwiched in between, Brown contributed three more goals and three assists for a career high eight-point game. It was not just Brown, though, who secured the win as six of his teammates also tallied goals.

After Brown's first score, the Blue Jays fell behind 2-1 early in the first quarter. Brown answered the pair of Princeton goals with one of his own to tie the game at two. The teams traded goals twice more and exited the first quarter in a 4-4 tie.

30 seconds into the second quarter, sophomore midfielder Holden Cattoni scored on an unassisted goal to put Hopkins up 5-4.

The Blue Jays would never look back.

Cattoni's goal sparked an 8-1 run that spanned roughly 18 minutes across the second and third quarters. Junior attackman Wells Stanwick followed Cattoni's lead, sandwiching goals around a Princeton score to put the Jays up 7-5. Senior captain Rob Guida then contributed his first goal of the day on an assist from sophomore mid-

fielder Connor Reed, who then followed with a goal of his own with four seconds left in the half.

Guida began the second half with his second goal just 45 seconds into play on an assist from Brown. Brown then secured his hat trick with a goal of his own. Four minutes later, Brown was back to assisting, as his pass allowed senior attackman Bran-



HOPKINSSPORTS.COM
The new look offense has put on a show four games into the season.

don Benn to score and extend his consecutive games with a goal up to 20. Benn's goal ended the run and saw Hopkins take a commanding 12-5 lead halfway through the third quarter.

The last five minutes of the quarter saw the Jays unravel a bit, as Princeton scored three consecutive goals. Head Coach Dave Pietramala spoke about the team's problem of letting its opponents get back into the game, suggesting a necessity for the team to learn to play

with a lead. His team left entered the fourth quarter up 12-8 with a lot left to prove.

Despite a late lead and a tendency to relax late in one-sided games, like last week's performance against Michigan (outscored 2-1 in the fourth quarter), Hopkins continued the scoring barrage, scoring a season-high three goals in the fourth

quarter.

Naturally, the scoring began with the same person it always seemed to begin with this game: Brown. He put one in the back of the net two minutes into the fourth on Guida's second assist of the day. Freshman midfielder Cody Radziewicz scored his second goal in as many games. Princeton answered just 10 seconds later to make it a 14-9 game with about 12 minutes left.

With eight and half minutes remaining, Stanwick

extended his team lead in assists to 15 on a pass to Brown, who promptly extended his team lead in goals to 12. In just four games, Stanwick has already amassed more than half of his last year's assists total (23), while Brown is just five away from tying his goals scored from last season (17). Brown's goal would finish the scoring as senior goalie Eric Schneider collected his fourth win on 13 saves.

The victory gave the Jays their fourth consecutive victory to start the season and pushed their rank up to fourth in the nation, behind Maryland, Virginia and Duke, two of whom they will play in the coming weeks.

While the win gives the Blue Jays momentum, it hides the fact that the team was outshot (35-37), out-cleared (15-16) and lost the turnover (14-7) and ground ball (26-30) battles. The turnovers in particular must be a cause for concern for Pietramala, as the team has turned the ball over 66 times in the past four games while causing only 52 in the same span. Pietramala has spoken about the need to "clean up" the play in the past, as the team is an atrocious 44th in the nation in turnovers allowed (16.5).

Hopkins returns to play this Saturday, March 8 at UMBC. The Jays, who are currently tied for the ninth scoring offense and the 13th scoring defense in the nation, will look to extend the winning streak to five games.

Track teams take Centennial Champs

TRACK, FROM A1

competition on their way to a fourth consecutive indoor conference championship, earning 243.33 total points — over 160 points more than Swarthmore who finished second. Hopkins successfully won six events outright while finishing in the top three in nine total events. As if this wasn't impressive enough, the Lady Jays broke the program record and conference record for points scored by a single team at the Centennial Championships, ousting last year's total of 231 points.

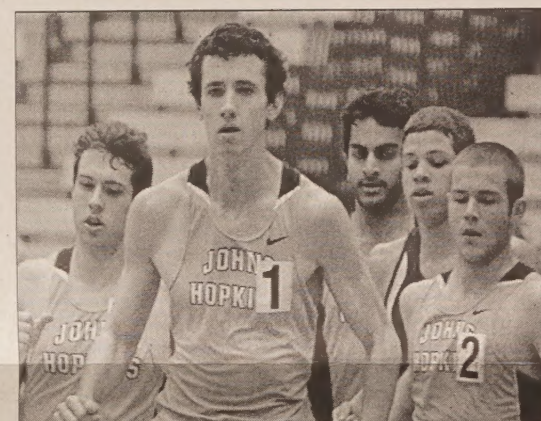
The Hopkins 4x400 relay team nearly set another Centennial Championship record as they concluded the event with a time of 4:02.66 to take first place, only one second shy of the conference record. The women's 4x800 and DMR teams competed admirably to finish second in their respective events while the 4x200 team came in fifth to give Hopkins a big lead heading into the rest of the championship events.

On top of these accomplishments as a team, there were several individual standout performances at conferences. Senior Emily

pole vault, hurdles and long jump were critical for our success this weekend." It was certainly a memorable weekend for Spadaro as he competed in five events and earned points for the Jays in every single one.

Senior Andrew Carey added to the individual accomplishments for the Blue Jays on the day by breaking the Hopkins and Centennial Conference Championship record in the 800 meter run, finishing with a time of 1:52.36 to finish first in the event. Following closely behind Carey was sophomore Trevor Holmgren, as he finished the event with a time of 1:55.59. The two runners combined for a sizable portion of points for the team and cushioned the lead for Hopkins.

Coming off of a record-breaking performance at the Keogh Invitational, freshman Andrew Bartnett looked to perform well in the pole vault competition. The young talent proved to be the best again at the championship as he was awarded first place with a jump of 4.55 meters. Following behind Bartnett was junior Paul Vozzo who took second place and Spadaro in third to give the Jays a



HOPKINSSPORTS.COM
The new look offense has put on a show four games into the season.

Swenson won the shot put for the third year in a row with an excellent throw of 13.37 meters. However, Swenson was far from finished making history. After cruising to a victory in the shot put, she added wins in the long jump (5.13 meters) and the pentathlon (3098 points) to put Hopkins at a large advantage in the field events.

To finish off the highlights for the individual performances, junior Frances Loeb claimed second place in both the 3000 meter and 5000 meter races and contributed critical points for Hopkins. In addition, freshman Tess Meehan claimed second place overall in the mile run, finishing with a time of 5:06.26.

While the Lady Jays were busy defeating every opponent that stood in their way, the men's team was proving that last year's conference victory was anything but a fluke. "Last year, we claimed the first men's conference championship in team history," sophomore Devin Conley said. "Winning this championship twice in a row really shows how far the program has come. It's a testament to the hard work of our coaches and the leadership of the upperclassmen."

The Blue Jays successfully recorded points in a majority of the events and ousted the competition in the field events by taking the top three spots in both the triple jump and the pole vault. Junior Michael Spadaro was absolutely critical in securing the championship for Hopkins as he alone notched 31 points for the team. "Spadaro had an incredible performance," Conley said when asked about important highlights of the championship. "Scoring 31 points for our team, winning the heptathlon and the triple jump, and finishing in the top positions in the

dominating advantage in the championship. Hopkins also took the top three in the triple jump. As if his performance wasn't already historic, Spadaro went on to set the conference record in the heptathlon, totaling 4552 points to win the event and finish off his incredible performances. "There were so many individual highlight performances," Robinson said. "It motivated our team to perform well throughout the entirety of the weekend."

To finish off the weekend and secure the Centennial Conference, the Hopkins 4x400 relay team, consisting of Carey, freshmen Jesse Poore, senior Collin Rozanski and freshman Ray Isales claimed first place in the event with a time of 3:25.77.

As both teams move forward, they will now begin preparation for the NCAA Division III Track and Field Championships in Lincoln, Neb. on March 14 and 15. While training for the upcoming championships, Robinson discussed several individual and team goals for the Blue Jays. "We have a lot of momentum moving into the NCAA championship," he said. "We'd certainly like to be able to send as many runners as possible to Nebraska to compete. I personally would like to qualify for either the 5K or 10K competitions for the NCAAAs."

Both teams will have the opportunity to compete in the Tufts Last Chance Meet on March 6 as well as the ECAC Championships on March 7 and 8 as final tune ups before the Division III Championships. As both teams head into these races, they will look to qualify as many runners as possible for NCAAAs and build off of the momentum from winning the Centennial Conference Championships.

SPORTS

DID YOU KNOW?

The men's fencing team has won a record 27 Mid-Atlantic Collegiate Fencing Association (MACFA) titles, four of them under current head coach Austin Young.

CALENDAR

FRIDAY
M. Basketball @ VA Wesleyan, 7:30 p.m.

SATURDAY
Track @ ECAC Championships, All Day
Fencing @ NCAA Regionals, All Day

Bewak, Stauber move on to NCAA Nationals

By IAN GUSTAFSON
For The News-Letter

The Hopkins wrestling team placed eighth out of 17 schools at the NCAA East regional in Wilkes-Barre, Pa. on Sunday. Wilkes University, Ursinus College and Delaware Valley College made up the top three, with 106.5, 105.5 and 102.5 points respectively. The Blue Jays turned in a respectable 53.0 points.

On an individual level, the Blue Jays were bolstered by the performances of junior Paul Bewak, who won the 125-pound title, and senior Henry Stauber, who was the runner-up in the 141-pound weight class. Bewak and Stauber each qualified for automatic bids to the upcoming NCAA Division III Championships, as all the top three finishers in their weight classes do.

Stauber will be making the trip to Cedar Rapids, Iowa on March 14 to compete in the NCAA Championships for the second time in his career. Bewak will wrestle in the Championships in Iowa for the third time in his three-year career.

The action began Sunday for Stauber with a 7-3 victory against Stephen Schneider of the College of New Jersey and a 13-5 trouncing of Gettysburg's Matt Spano in the quarterfinals. A rematch of the Centennial Conference championship match was played out in the semifinals, as Stauber defeated Eli Gaylor of Ursinus with a pin in the second round.

In the championship battle, Stauber took on NYU's Brandon Jones, the fifth-place finisher of the 2013 NCAA Championships. A third period takedown by Jones to take a 7-4 lead would be the difference in the match. Stauber's second-place finish will be enough to vault him to the national meet in two weeks.

Bewak, ranked second in the nation, improved his record this year to an impressive 32-1 by defeating Kevin Corrigan from the College of New Jersey 10-6 in the quarterfinals and Gueseppe Rea of Wilkes College in the semis after a first-round bye. In the championship round, Bewak squared off with Michael Mui of the Merchant Marine Academy. A first-period takedown and a second-period reversal buoyed Bewak to an impressive 7-0 victory.

Only a junior, Bewak is

a mere two victories from tying the all-time Hopkins wrestling career victory record and could potentially do so at the NCAA Championships.

"It's really exciting to be so close to the record, it will feel amazing to know that my name will forever be a part of the program," Bewak said.

He described his prospects for the NCAA Championships. "I feel really confident going into NCAA's. I've proved to myself throughout the year that I can beat highly ranked wrestlers and I feel good health-wise so it should be a really fun tournament," Bewak said.

Beyond strong showings from Bewak and Stauber, the Blue Jays got a fourth place finish from senior Ray Yagloski in the 133-pound weight class, who posted a 4-2 record on the day but finished one spot away from qualifying for nationals. Yagloski's career as one of the great wrestlers in Hopkins history came to an end on Sunday. Third in school history in victories with 93 and first in total matches with 143, Yagloski's consistent success will be missed.

Junior Christian Salera in the 157-pound weight class finished in sixth place on the day. ~~He dropped a tight overtime match 11-9 in the consolation bracket semifinals.~~ Fellow junior Evan Johnson (197) won two matches on the day, and his only losses came to the eventual champion and third-place finisher in his weight class. Senior Duncan Crystal (149), sophomore Kyle Spangler (184), and freshman Jared Forman (174) each won a match on the day, earning points and contributing to the team's 8th place finish.

In an extremely tough regional, Hopkins' 8th place finish is very respectable. Moving forward, though, the team hopes to learn from their mistakes.

"The team definitely wanted to have more qualifiers but our region is extremely tough so it was a hard-fought day for everyone. A lot of matches were one move away from having totally different outcomes, but overall everyone wrestled great and we are ready to fix our mistakes and get ready for next year," Bewak said.

Bewak and Stauber will continue to train in anticipation of the upcoming NCAA Championships.

M. Basketball headed to NCAA Tournament



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Behind a dominant defensive effort and stellar individual performances from Connor McIntyre and George Bugarinovic, the Hopkins men's basketball team claimed the Centennial Conference title against the top-seeded Dickinson Red Devils. The Conference title is the first for the Blue Jays since 2007. Please see Page B10 for full coverage.

Lady Jays Lacrosse topples #5 Loyola, 6-5

By GAURAV VERMA
Staff Writer

Over the past week, the Hopkins Lady Jays picked up two impressive wins against the number five Loyola Greyhounds and the American Eagles. The wins put Hopkins at 5-0 to start the season, as the team is now ranked #14 in the nation. Against Loyola, the Lady Jays held

following a miss on a free position by Taylor, putting Hopkins up 5-1.

Hopkins would then let the lead slip, as Loyola scored the next four goals to tie the game 5-5 with 9:01 left to play. However, with 5:50 left to play, Sophomore attack Jenna Reifler scooped up her own rebound and capitalized on the scoring opportunity to give Hopkins the 6-5

ing the game, Schweizer said that the key to victory was "the draw control as well as running time off of the clock and taking time in our offensive sets." She also credited the team's consistent effort and defensive prowess as being instrumental in pulling off the upset.

The Lady Jays followed up their win against Loyola, with a 17-5 blowout

Kristen Cannon, thus giving Hopkins the 12-3 lead at halftime.

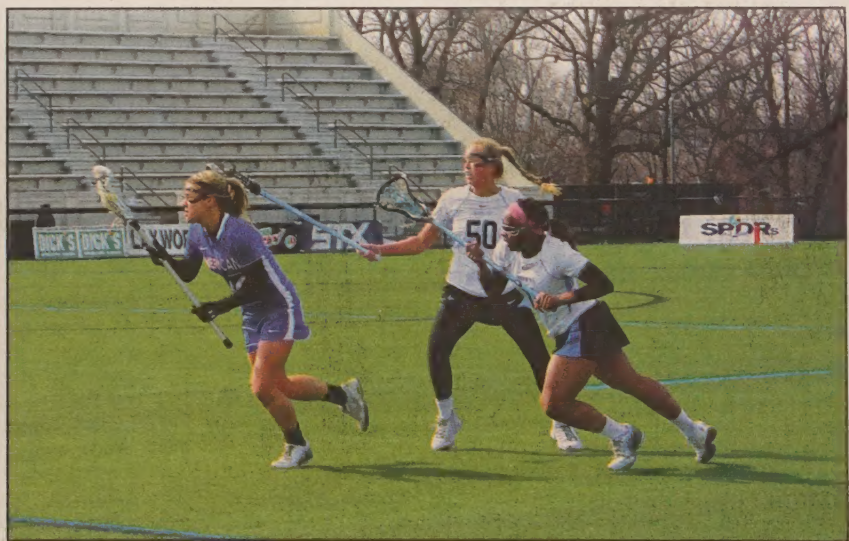
Cook pushed the lead to 10, just 13 seconds into the half, before the scoring slowed down for the next 12 minutes with neither team finding twine. American finally got one back at the 17:18 mark, but the Lady Jays proceeded to score the next two with strikes from Cermack and

Reifler to put Hopkins up 15-4. The Eagles would score one more with DiMartino and Sophomore attack Caroline Turco also scoring for Hopkins, putting the final score at 17-5.

Despite playing an inferior opponent in American, Schweizer said that the team

knew they that "coming off of a win like Loyola, they couldn't let down at all. The momentum they had needed to keep going and even improve if it could." Moving forward, she said that the team "needs to keep the momentum [they] have now as team that is 5-0 and keep playing like [they] are undefeated" concluding that they "cannot let up one bit."

The Lady Jays next host another in-state rival in #15 Towson at 7 p.m. on Wednesday night at Homewood Field. Hopkins is off to its best start since going 8-0 to begin the season in 2006 and hopes their success continues moving forward.



IVANA SU/PHOTOGRAPHY STAFF

Despite beginning the season unranked in some polls, the women's lacrosse team has started the year 5-0.

Just three minutes into the game, Senior forward Taylor D'Amore opened up the scoring, putting Hopkins up 1-0 after deking out her defender and finding the back of the net. Senior midfielder Sammy Cermack quickly followed up with two back-to-back goals, giving her 100 points on her career.

With 11:26 left in the half, Senior midfielder Sarah Taylor converted on an opportunity from the top of the arch, to put Hopkins up 4-0. The Greyhounds quickly rebounded, scoring a goal of their own with 11:00 left to play. However, D'Amore quickly regained Hopkins' four-goal lead just two minutes later, scoring off the reset

lead. The Lady Jays were able to maintain possession for the majority of the remaining time with the Greyhounds only holding on to the ball for the final few seconds, during which they were unable to generate any offensive opportunities, thus sealing the upset victory for Hopkins.

Freshman midfielder Haley Schweizer said that leading up to the game, the team "knew that [they] had to play with all heart and that it would be a battle from beginning to end" adding they also made sure that they "were very prepared going into the game as far as knowing what we [they were] going to be facing." Dur-

of the American Eagles at Homewood Field. Just 11 seconds into the game, D'Amore assisted Cermack, to open the scoring and give Hopkins a 1-0 lead. The lead, however, was short lived, as the Eagles tied the game just 33 seconds later.

From then on out, Hopkins dominated with D'Amore, Cermack, junior attack Jen Cook and sophomore midfielder Dene DiMartino all scoring in a seven-goal run over the course of 12 minutes. The lead was cut to 9-3 with 7:40 left to play in the half, but the Lady Jays finished strong, scoring three consecutive goals, including career firsts for Schweizer and Sophomore midfielder

Women's Basketball: Fall in CC Title Game

The women's basketball team wasn't able to capitalize on a strong run in the Centennial tournament, falling to the Haverford Fords in the Conference title match.

Page B10

Athlete of the Week: Connor McIntyre

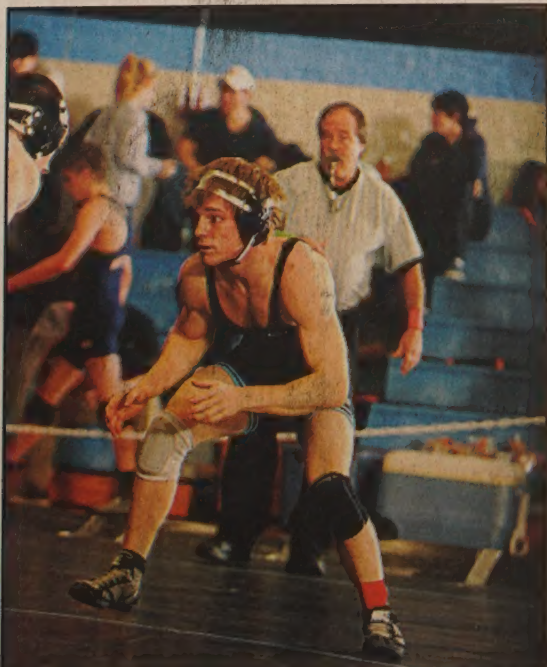
Not wanting to see his Hopkins career end on a loss, senior Connor McIntyre helped the men's basketball team earn the Centennial AQ bid into the NCAA tournament.

Page B11

Men's Lacrosse: Princeton

Hopkins began a three game stretch of away games by beating Princeton up in New Jersey. The team was led by eight points from sophomore attackman Ryan Brown.

Page B10



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Yagloski finished fourth in the 133 class, just barely missing nationals.

INSIDE

INSIDE